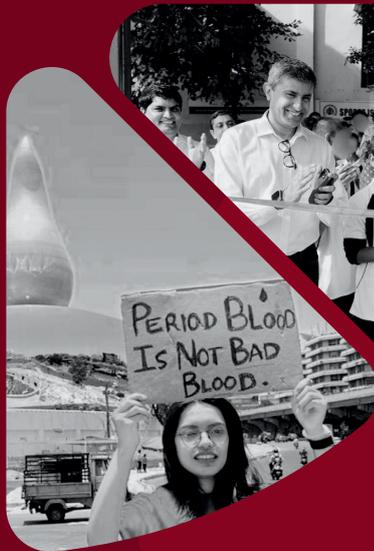




**YOUNGISTAAN
FOUNDATION.ORG**

Transforming Lives



2023-2024
Annual Report

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Founder's Note



Yellamaty, Arun Daniel Kumar

Founder & Director, Youngistaan Foundation

Dear Youngistaan Family,

As I reflect on the journey of 2023–24, I am filled with immense gratitude. This past year reminded us that real change is about more than programs — it's about people. It's about the communities that trust us, the volunteers who inspire us, and the partners who walk alongside us in our mission to build a kinder, more just world.

At Youngistaan Foundation, our strength lies in our Two-Way Approach — one that balances vision with grounded action. Structured Interventions – Designing and implementing projects that address specific social challenges through a well-defined, stakeholder-driven approach. Volunteer-Led Initiatives – Empowering youth-led collectives to drive programs focused on capacity-building, advocacy, and community.

Together, this approach helped us reach thousands of lives across the country — children in underserved schools, youth in conflict with the law, families experiencing homelessness, adolescents navigating health challenges, and even voiceless animals in need of care. None of this would have been possible without the dedication of our 70,000+ volunteers, the trust of our community partners, and the unwavering belief of our supporters. We're also grateful for the growing number of institutions, donors, and collaborators who believed in our mission and invested in it wholeheartedly.

Throughout this report, you'll read more about the impact we've made, the stories that moved us, and the challenges that shaped us. You'll learn how every act — from mentoring a child to rescuing a stray, from facilitating a training to distributing meals — was rooted in love, dignity, and solidarity.

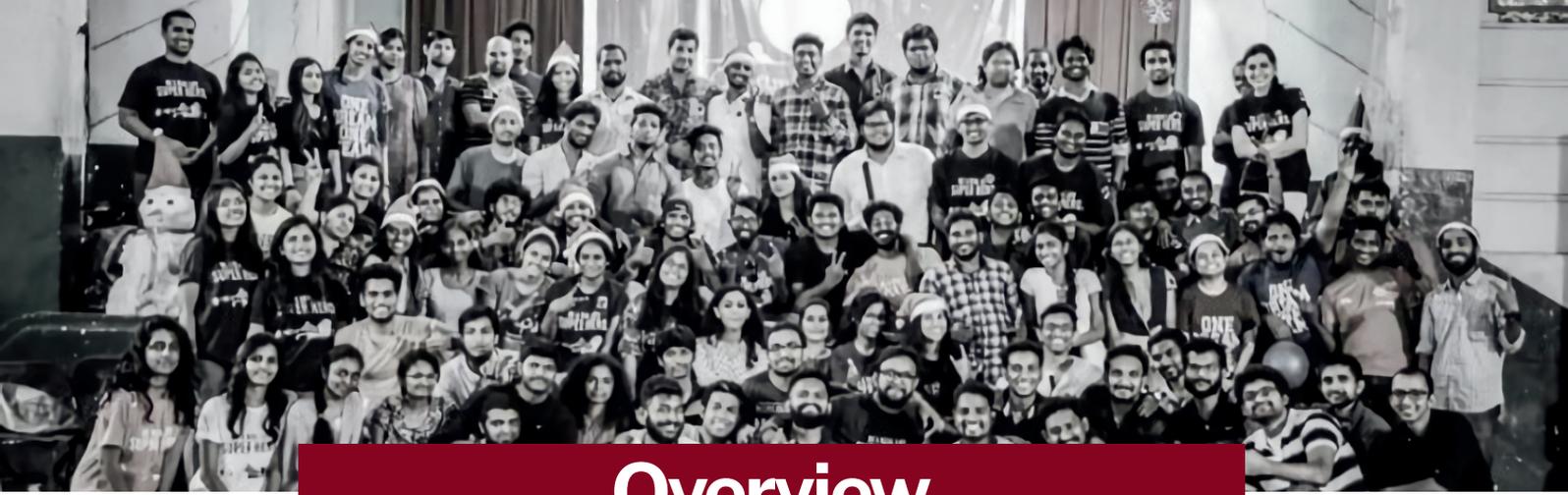
But more than numbers, this year was about the spirit of collective action. About choosing empathy in moments of crisis. About standing up for those pushed to the margins. About showing up, again and again, for each other. Youngistaan is more than an organization — it is a movement. A community of people who believe that hope is not passive, and change is not a one-time act. It is continuous, collaborative, and profoundly human.

As we move forward, we remain committed to nurturing this ecosystem of care, inclusion, and impact. Thank you for walking with us, supporting us, and being part of this shared journey. ing with us, supporting us, and being part of this shared journey.

With love and solidarity,

Yellamaty Arun Daniel Kumar

*Founder & Director
Youngistaan Foundation*



Overview

Youngistaan Foundation is one of India’s largest volunteer-driven grassroots NGOs, working to improve the lives of underprivileged and disadvantaged communities. Through its programs, the organization addresses hunger, homelessness, poverty, livelihood, education inequity, gender inequality, unsafe menstruation, mental health, animal abuse, cyber crimes, the climate crisis, and natural disasters. By nurturing young people through capacity building and liaising with public and private stakeholders.

Youngistaan Foundation creates opportunities for collective action and social change. Registered in 2014, Youngistaan Foundation provides a platform for young people to connect with socially aware individuals and contribute to transformative efforts in neighborhoods and communities. The organization’s initiatives are aligned with 9 United Nations Sustainable Development Goals (SDGs), reinforcing a commitment to building a more just and sustainable society.

5 Million

lives supported across India since 2014

70,000

young individuals engaged in volunteer efforts



60

cities reached through multiple initiatives

100+

government, private and civil society collaborations



Mission

To **tackle** key social **challenges** through collaborative **action**, impactful programs, and community-led **solutions**, ensuring dignity, equity, and long-term **progress for all**.

Vision

To **cultivate** a compassionate and just society where everyone, regardless of background, has the **opportunity** to thrive and contribute meaningfully.

Board Members



Praveen Raj

FINANCIAL EDITOR AT FACTSET,
PROGRAM HEAD, HUNGER & LIVELIHOOD PROGRAM

Praveen has been with Youngistaan Foundation since 2014, starting as a volunteer and now leading the Food and Livelihood Program. He focuses on hunger relief and supporting homeless people, while also serving as a board member. Praveen is a Financial Editor at Factset Financial Services, where he leverages his expertise in finance.



Raghavendra K

SALESFORCE SENIOR SPECIALIST, DELOITTE
PROGRAM COORDINATOR & IT

Raghavendra joined Youngistaan Foundation in 2015 as a volunteer in the food program and has since become a key part of it. He also helps with IT support and fundraising and serves as a board member, supporting the organization's growth. Outside of Youngistaan, Raghavendra works with Deloitte, balancing his job with his passion for making a social impact.



Phaneeth Janga

DIRECTOR, AI PROFESSIONAL SERVICES AT AISERA INDIA
FINANCE COORDINATOR

Phaneeth joined Youngistaan Foundation in 2015 as a volunteer with the education program. After contributing to the fundraising team, he now oversees the organization's finances and serves as a board member. In this role, Phaneeth ensures the financial sustainability of the foundation and plays a key role in its strategic direction. Alongside his work at Youngistaan, he is employed with McAfee. His journey from volunteer to board member highlights his strong commitment to the foundation and its mission.



Nikitha Devi

CONTENT ANALYST, ANGEL ONE
PROGRAM HEAD, ANIMAL HEROES PROGRAM

Nikitha joined Youngistaan Foundation in 2018 with a passion for helping others. She now leads the Animal Support Program and serves as a board member. Under her leadership, the program has grown to provide vital care for animals in need. Nikitha also works with Angel One, balancing her career with her dedication to animal welfare.

Meet the Team

Youngistaan Foundation's team is a passionate, youth-driven group working to create real change. From tackling poverty and education to menstrual health and hunger relief, they lead programs that make a difference in every life they come across. Through strong partnerships and hands-on initiatives, they work with communities to drive impact and inspire action.



Neha Mathur

PROGRAM HEAD, EARLY LEARNING PROGRAM

Neha has been with Youngistaan Foundation for the past 9 years, beginning her journey as a volunteer. She has played a crucial role in the development of the foundation's education program, focusing on addressing educational inequality. Currently, Neha leads the Early Childhood Program, working with schools to establish safe and developmentally appropriate learning environments for young children.



Ruthvika Kavuru

OPERATIONS, SPECIAL PROJECTS MANAGER & PROGRAM HEAD, GENDER & HEALTH PROGRAM

Ruthvika is a social worker, artist, and development communicator with a master's degree in development communications. She has been with Youngistaan Foundation for over 8 years and now manages operations and special projects. Ruthvika leads the menstrual health program, handles daily operations, and organizes events to involve youth in important social causes. She is dedicated to empowering young people and helping them create positive change.



Jesu Vandana

PROGRAM COORDINATOR, SOCIAL EMOTIONAL LEARNING & SPECIAL PROJECTS

Jesu is a social worker from Hyderabad with over 13 years of experience in education, accessibility, and empowerment. She transitioned from a corporate career to the development sector and now leads the Social Emotional Learning (SEL) and Special Projects at Youngistaan Foundation. Jesu oversees operations, designs learning experiences, and mentors volunteers to ensure successful program implementation.

Volunteer Impact

Over the past decade, more people have stepped up to be part of Youngistaan Foundation’s mission, giving their time and effort to make a difference. This section takes a closer look at the total number of volunteers, hours contributed, the diverse individuals involved, and the cities reached. With engagement growing year after year, 2023-24 saw a strong emphasis on active volunteers driving real impact in communities.

70,000

volunteers have joined Youngistaan Foundation’s mission since 2014, giving their time and effort to support communities in need.

520

individuals contributed their time in 2023-24, supporting Youngistaan Foundation’s programs and special projects across five key areas.

189,280

hours of volunteer work in 2023-24 helped provide meals, education, essential support and so much more to those who needed it the most.

22,029,280

The hours spent from 2014-2024 reflect the hard work of everyone involved and the real difference our organization has made in communities.

Employee Engagement

405 Total Volunteer Hours Contributed

90 Employees Participated in hands-on volunteering activities

4 Corporate Partners engaged through impactful volunteering initiatives

Types of Individuals Included



Active
Volunteers



Interns



CSR
Employees

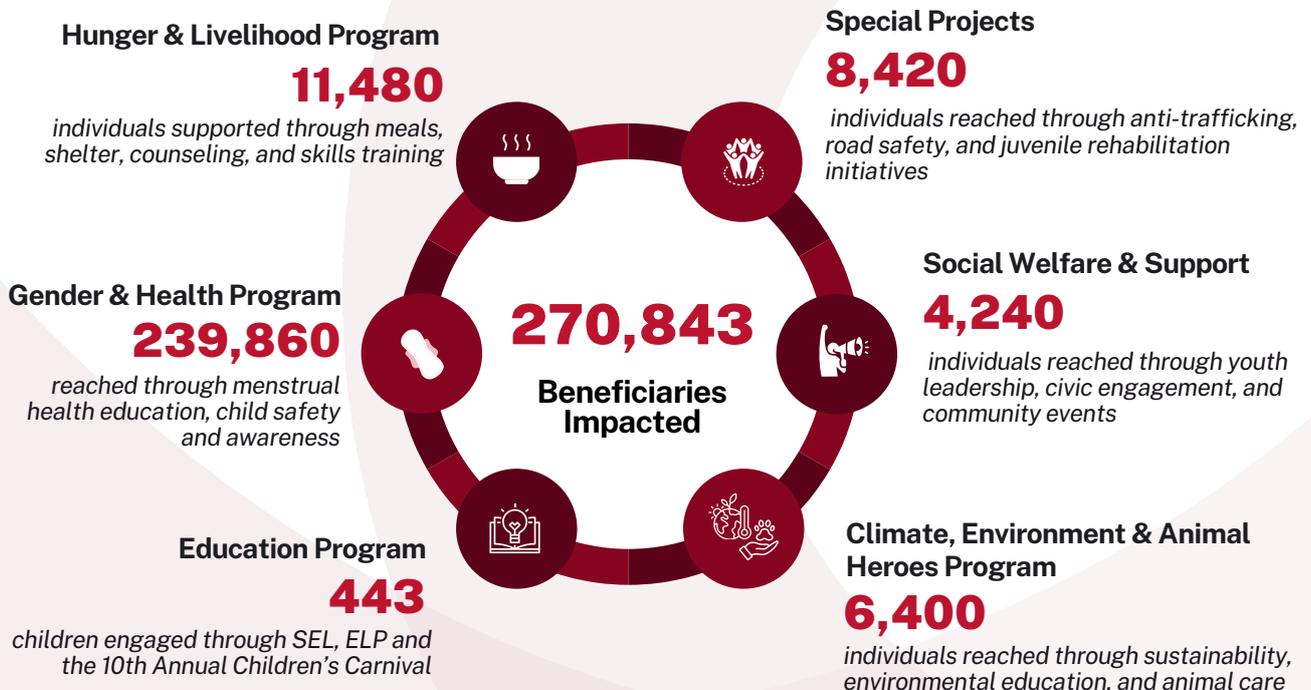
Beneficiaries Reached

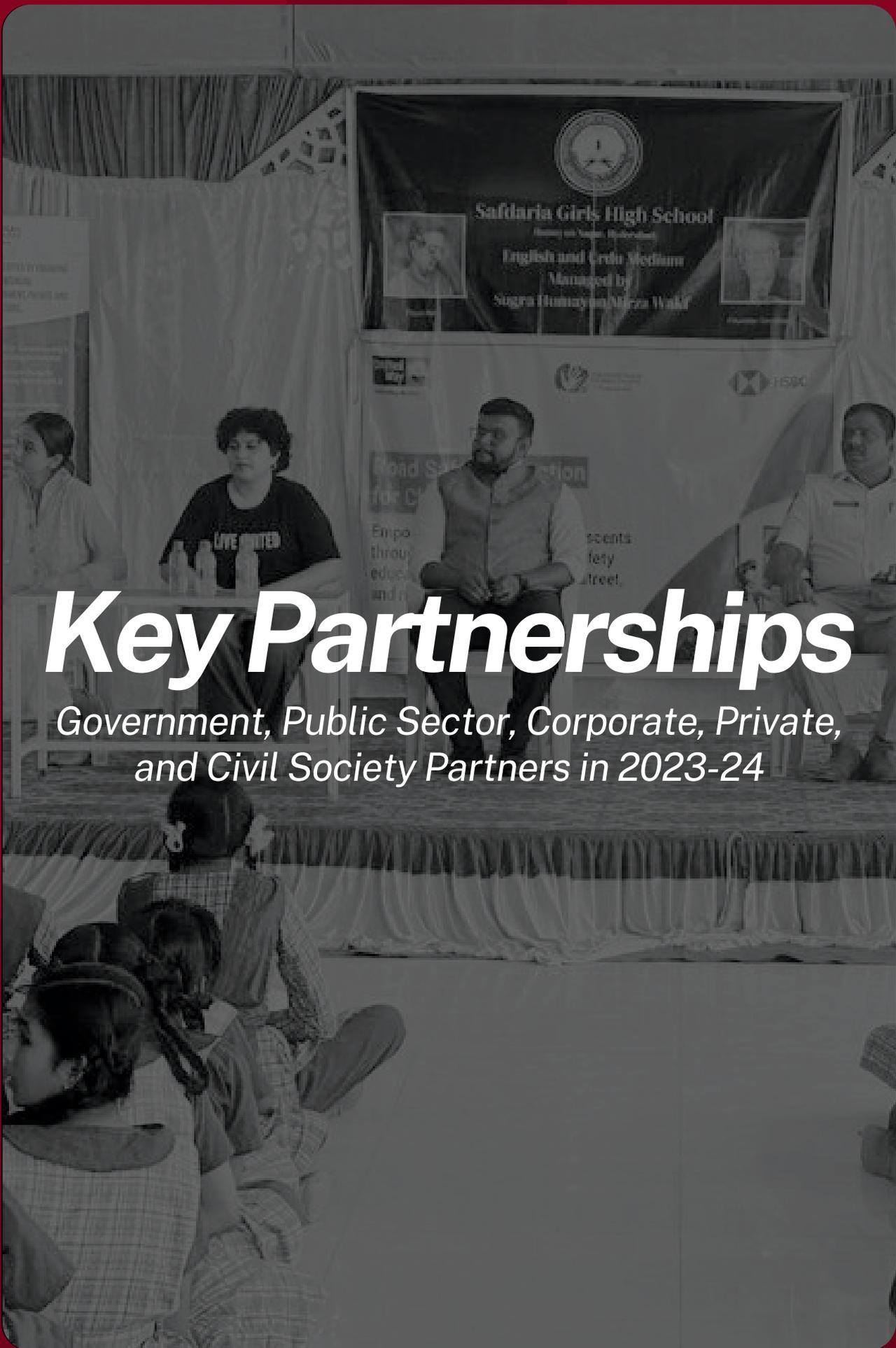
In 2023–2024, **Youngistaan Foundation reached 90,948 individuals across its core programs**, supporting communities through health, education, livelihoods, climate action, and civic engagement. Each connection reflected more than participation — it marked a step toward opportunity, dignity, and empowerment.

Throughout the year, Youngistaan Foundation worked alongside marginalized and vulnerable communities, seeing firsthand how access to essential resources — like food, education, safe spaces, and information — can create lasting transformation. Support led to empowerment.

Beneficiaries improved their own lives and stepped forward to advocate for others, mentor their peers, and build solutions within their own communities.

The impact grew beyond individuals. It rippled into families, schools, and neighborhoods, strengthened by shared learning, community leadership, and trust. As Youngistaan Foundation continues to expand its work, it remains committed to one belief: **when individuals are empowered, they become the driving force behind stronger, more connected communities.**





Key Partnerships

*Government, Public Sector, Corporate, Private,
and Civil Society Partners in 2023-24*

In 2023–2024, Youngistaan Foundation collaborated with **25 strategic partners** — 13 from the government and public sector, and 12 from the corporate, private, and civil society space. These partnerships played a vital role in advancing the work across multiple Sustainable Development Goals (SDGs), shaping how programs were delivered and how lives were impacted on the ground.

Across public systems, collaborations with Greater Hyderabad Municipal Corporation (GHMC), the Department of Juvenile Welfare and Correctional Services, and the Telangana State Health Department helped improve access to shelter, rehabilitation, healthcare, and menstrual hygiene support. These alliances enabled timely interventions and strengthened service delivery at the community level.

Civic engagement efforts were scaled in partnership with the Telangana Traffic Police and the Election Commission platforms. These efforts encouraged voter participation, especially among first-time voters, while reinforcing the importance of active citizenship through awareness campaigns and digital tools.

Programs supporting people experiencing homelessness became more coordinated through partnerships with GHMC, the Secunderabad Railway Police, and the Ministry of Social Justice & Empowerment. This collaboration led to more structured rescue operations, smoother transitions into shelter homes, and consistent care for those in need.

Juvenile rehabilitation and reintegration took a more holistic shape with the support of Bosch Global Software Technologies, the Department of Women Development and Child Welfare, the Telangana State Commission for Protection of Child Rights, and the Telangana Social Impact Group. Together, they contributed to creating a nurturing environment in juvenile homes by introducing psychosocial counselling, vocational training, non-formal education, and recreational facilities, laying the foundation for positive child development.

In the education space, support from Wipro Foundation, Things Education, and Providence India allowed the Foundation to introduce early learning methods, leadership-building opportunities, and Social and Emotional Learning (SEL) modules that reached children and adolescents across various programs.

Corporate involvement extended beyond financial support. Synchrony, HSBC, and United Way Mumbai actively engaged their employees in volunteering — serving meals, leading road safety campaigns, and helping run awareness drives that reached hundreds of community members. These partnerships demonstrated the power of shared ownership and participation.

Environmental and climate education remained a strong theme, with Icertis, and Oakwood Residence Hyderabad joining hands to lead awareness sessions, tree-planting activities, and sustainability-focused events involving children, employees, and local residents.

Efforts toward gender equity and LGBTQ+ inclusion were strengthened through collaborations with Google India, United Way Hyderabad, We Hub, and the British Deputy High Commission. These partnerships provided resources and training in digital literacy, financial empowerment, and workplace inclusivity — while also supporting community-led conversations around dignity, identity, and rights.

Government & Public Sector Partners

Ministry of Social Justice & Empowerment (Smile Project)	 सत्यमेव जयते	SMILE Project Collaborating with the sub-scheme of Project SMILE focused on the comprehensive rehabilitation and eradication of begging.
Greater Hyderabad Municipal Corporation (GHMC)		Collaborating with GHMC to implement the SMILE Scheme in three zones of Hyderabad city, focusing on identification, counselling, rescuing, and rehabilitation of homeless persons.
Urban Community Development		Partner in aligning urban development strategies, particularly for homelessness response.
Secunderabad Railway Police		Assisted in the rescue and relocation of homeless individuals to safe shelter homes.
Telangana State Health Department		Partnered to enhance education on menstrual health and hygiene for young girls and women.
Department of Juvenile Welfare, Correctional Services & Welfare of Street Children		Co-led juvenile rehabilitation and reintegration programs.
Government of Telangana – Women Development & Child Welfare Department		Collaborated on structured rehabilitation for children in correctional care.
Telangana State Commission for Protection of Child Rights		Supported both juvenile rehabilitation and human trafficking dialogue initiatives.
Telangana Social Impact Group (T-SIG)		Facilitated multi-stakeholder collaboration for social impact initiatives.
Telangana State Innovation Cell (TGIC)		Backed digital and sustainable solutions in menstrual health initiatives.
Telangana Traffic Police		Collaborated on road safety training sessions for children and community members.
T-Hub Hyderabad		Partnered for the Public Dialogue on Human Trafficking to explore tech-enabled solutions.

Corporate, Private and Civil Society Partners

<p>Bosch Global Software Technologies Pvt. Ltd.</p>		<p><i>Collaborated on the rehabilitation and reintegration of institutionalised children through holistic development.</i></p>
<p>Google India & United Way Hyderabad</p>		<p><i>Empowered transgender individuals through digital and entrepreneurial training.</i></p>
<p>We Hub & British Deputy High Commission</p>		<p><i>Advocated for LGBTQ+ rights and inclusive workplace practices.</i></p>
<p>Synchrony Financial</p>		<p><i>Led an employee-engaged food distribution drive for people experiencing homelessness.</i></p>
<p>Altimetrik India Private Limited</p>		<p><i>Collaborated on the “Menstrual Equity” project in schools and community institutions.</i></p>
<p>Icertis</p>		<p><i>Partnered in tree-planting and environmental education initiative.</i></p>
<p>Providence India</p>		<p><i>Expanded SEL (Social and Emotional Learning) programs and leadership skill development for girls.</i></p>
<p>Wipro Foundation</p>		<p><i>Supported civil society development in school education and organisational capacity-building.</i></p>
<p>WASH United & Menstrual Hygiene Day</p>		<p><i>Collaborated with Menstrual Hygiene Day, led by WASH United, to advocate for normalising conversations around periods.</i></p>
<p>HSBC & United Way Hyderabad</p>		<p><i>Supported Road safety initiatives through resources and learning materials.</i></p>
<p>Menstrual Health Action for Impact</p>		<p><i>Supported grassroots advocacy on menstrual health through expert consulting, research, and stakeholder engagement across India.</i></p>

Our Programs

1

Hunger & Livelihood Program

The Hunger & Livelihood Program transforms lives by providing **essential food, rescuing** and **rehabilitating the homeless** and **empowering marginalized** communities through **LGBTQ+ entrepreneurship** and **skill development**.

2

Gender & Health Program

The Gender & Health Program transforms lives by advocating for **menstrual health**, supporting **mental health**, and raising awareness on **child safety** and **gender equality**.

3

Education Program

The Education Program transforms lives by **strengthening social-emotional skills** in children from urban slums and child care centers and **building foundational learning** for students in under-resourced schools.

4

Climate, Environment & Animal Heroes

The Climate & Environment Program brings awareness to **ending plastic pollution** and **waste management, reducing our carbon footprint** and the Animal Heroes Program nurtures **positive animal-human relationships**.

5

Social Welfare & Support Program

The Social Welfare & Support Program transforms lives by building **community support**, increasing **employee engagement**, empowering **youth leadership**, strengthening **democracy** and providing **disaster relief**.

6

Special Projects

Addresses targeted community needs through research, solutions and **collaborations with government bodies, CSR Partners** and **Community Development Projects** etc., to maximize impact where it is most needed.

Sustainable Development Goal Focus

This year, we focused on creating real impact in the areas that matter most, aligning our work with key United Nations Sustainable Development Goals (SDGs). Through our programs, we tackled challenges that directly affect communities, making progress in the following SDGs:



SDG 1 - No Poverty

Reducing poverty through financial support, community empowerment, and resources for basic needs.



SDG 2 - Zero Hunger

Addressing hunger and improving food security with meal programs, nutrition education, and sustainable agriculture.



SDG 3 - Good Health and Well-being

Promoting health through accessible medical services, mental health support, and community wellness programs.



SDG 4 - Quality Education

Expanding educational access and quality with literacy programs, school supplies, and vocational training.



SDG 5 - Gender Equality

Empowering women and girls with education, leadership development, and protections against discrimination.



SDG 6 - Clean Water and Sanitation

Providing access to safe water, improving sanitation facilities, and promoting hygiene practices.



SDG 8 - Decent Work and Economic Growth

Creating job opportunities, supporting fair wages, and fostering local businesses for economic resilience.



SDG 10 - Reduced Inequalities

Reducing inequality through social inclusion initiatives, community support, and anti-discrimination policies.



SDG 12 - Responsible Consumption and Production

Encouraging sustainable practices with resource conservation, waste reduction, and eco-friendly initiatives.



SDG 13 - Climate Action

Reducing carbon emissions, encouraging sustainable practices, and supporting global efforts to protect the planet for future generations.



SDG 15 - Life on Land

Preserving ecosystems through reforestation, habitat protection, and biodiversity conservation projects.



SDG 16 - Peace, Justice, and Strong Institutions

Supporting peaceful, just societies through legal aid, policy advocacy, and governance improvement.



SDG 17 - Partnerships for the Goals

Building impactful partnerships, leveraging resources, and collaborating for a sustainable future.



Hunger & Livelihood Program

The **Hunger & Livelihood Program** transforms lives by providing freshly cooked meals, rescuing and rehabilitating the homeless and empowering marginalized communities through LGBTQ+ entrepreneurship and skill development.

India produces enough food for all, yet millions go hungry. One in four undernourished people globally live here, facing stunted growth, anemia, and weakened immunity. Malnutrition also affects education, limiting future opportunities. Meanwhile, food waste remains a major issue, with households discarding nearly 50 kg annually (UNEP 2021).

The Hunger & Livelihood Program addresses these challenges by providing food, healthcare, and livelihood opportunities to marginalized communities, including LGBTQ+ individuals and the homeless. Through nutrition assistance, rehabilitation, and skill-building, the initiative supports stability and self-sufficiency.

OBJECTIVE

Immediate relief includes freshly cooked meals, essential healthcare, and psychological support to help individuals facing homelessness and extreme vulnerability. These services are provided with compassion and respect for dignity.

Rehabilitation and Reintegration go beyond immediate aid, offering counseling, job support, and secure shelter to help individuals rebuild their lives, reconnect with family, and reintegrate into society. This approach supports marginalized groups, including transgender individuals and underserved urban populations.

Empowerment through skills and economic opportunity provides individuals with access to food, medical care, and entrepreneurship, skill development trainings and crisis support, offering a foundation to pursue stability and independence.





Meeting urgent needs is just the first step; offering emotional support helps break the cycle of poverty and despair for those experiencing homelessness.



HIGHLIGHTS

The Hunger & Livelihood Program works hand in hand with local communities to offer both immediate support and long-term pathways toward stability. By collaborating with community leaders, NGOs, and social workers, the program reaches those who often go unseen — especially transgender individuals and people experiencing homelessness — providing them with care, connection, and practical tools to rebuild their lives.

Often, it starts with a simple meal. Over the past year, the team served more than 2,800 freshly cooked meals to people experiencing homelessness in Hyderabad. These meals are more than just nourishment — they help build trust and open the door to deeper support, including counseling that addresses trauma, mental health challenges, and isolation.

Beyond food, the program offers safe shelter and essential services through the Smile Project, in partnership with the **Ministry of Social Justice & Empowerment and Greater Hyderabad Municipal Corporation (GHMC)**. More than 70 individuals received medical care, clean clothing, and help reconnecting with their families. But a roof over one's head is just the beginning — ongoing counseling and personalized support are key to helping individuals move forward and regain independence.

Creating sustainable change also means building pathways to employment. With support from **Google India** and **United Way Hyderabad**, transgender individuals received training in finance, digital marketing, and entrepreneurship. This work goes beyond skill-building — it's about building confidence, achieving financial independence, and opening doors to long-term inclusion.

Alongside direct support, the program continues to advocate for change at a systems level. In partnership with **We Hub** and the **British Deputy High Commission**, safe spaces were created for open conversations on LGBTQ+ rights, workplace inclusion, and equality. These discussions are helping shape workplaces where inclusion becomes part of everyday practice — not just policy.

One of the highlights this year was supporting transgender entrepreneurs by connecting them to new platforms. At the JLL Hyderabad office, they presented their handcrafted jute bags to a wider audience — an opportunity that brought visibility, confidence, and a step closer to economic empowerment.



More people moved from uncertainty to stability, reducing homelessness and making the community safer and stronger.



Nutritious meals didn't just fill plates — they gave people the strength and confidence to take control of their lives.



Stigma broke down as communities became more inclusive, helping people feel seen, valued, and part of something bigger.



Transgender entrepreneurs found new opportunities, gaining financial independence and reducing reliance on social services.



Partnerships with government, corporate and private organizations brought people together, expanding support systems & making a real difference.



Impact Story

Akhilesh and Souvik, volunteers from the Hunger & Livelihood Program, rescued Gautam, a man in his late 30s and former painter, who was found on the streets near the Swapnalok complex in Secunderabad. Four months ago, an accident left him with a leg and hip injury, forcing him to give up his work and turn to begging because he could not walk. When Gautam asked for help, the volunteers acted immediately. They took him to Ravi Helio Hospital for urgent care and later arranged for him to stay at Begumpet Shelter Home.

After receiving hip surgery at Gandhi Hospital, Gautam is slowly recovering and is gradually regaining the strength to stand and walk on his own. His story shows how timely help and genuine care can save a life, giving him back his pride and a fresh start through the power of community support.



Impact Story

Rupali had been living on the streets of Nallagandla — alone, vulnerable, and in distress. Her presence was noticed by Akshaya, a concerned resident, who reached out to Youngistaan Foundation for help.

Two of our volunteers, Sankeerth and Swadha, responded right away. Over the course of a week, they visited Rupali daily — offering food, sitting with her and slowly building trust. Through gentle conversation and consistent support, Rupali began to open up.

It became clear that she needed more than temporary relief. She needed a safe place to stay, medical care and emotional support.

That's when the community came together. With help from Sherlingampalli GHMC, the Telangana State Police (Chandanagar Division) and Dr. Vijay Bhaskar from Ravi Hospital, Rupali was safely relocated to a shelter where she could begin her recovery in a secure and supportive environment.

Her rescue and story reflects the kind of work we do every day at Youngistaan Foundation — through the SMILE Project, in collaboration with GHMC and the Ministry of Social Justice and Empowerment.

Our volunteers will show up, listen and stand by individuals like Rupali until safety, dignity and care are restored.

Volunteer Experiences

Geedi V.

“Volunteering has been incredibly rewarding for me. Providing food and shelter to those in need has brought tangible change in their lives, offering not just necessities but dignity and hope. A moment I’ll never forget was seeing the gratitude in an elderly woman’s eyes after receiving a warm meal – it reminded me how even small acts of kindness can deeply impact others. Volunteering has transformed my life, helping me develop empathy, patience, and confidence while shaping me into a more compassionate person.”

Nehith K.

“Volunteering has had a positive impact on both the people I’ve worked with and myself. I’ve noticed that my efforts inspire others to serve their communities, creating a ripple effect of kindness and responsibility. One of my favorite moments is seeing the smiles on the faces of the homeless after receiving food. It’s a simple but powerful reminder of the difference small acts of care can make. Personally, it brings me happiness knowing that even on weekends, a few homeless individuals don’t have to sleep hungry.”

Souvik D.

“Volunteering with the ‘Hunger Heroes and Transformation’ group has been a deeply rewarding experience. By providing meals, shelter, and medical care, we’ve helped people rebuild their lives with dignity and hope. A memorable moment was assisting a man named Gautham, who had a pelvic fracture. With our efforts, and the support of Youngistaan Foundation, he received surgery and moved into a shelter home, marking a significant achievement. Since joining the initiative, I’ve noticed a stronger sense of trust and connection within the community.”

Impact Made

The program supported 2,870 individuals through nutritious meals, shelter access, counseling, and skill development — focusing on those experiencing homelessness and members of the transgender community. Powered by volunteers and partners, it created pathways to dignity, inclusion, and long-term support.



2870

Lives Touched Through Direct Interventions

2800

Nutritious Meals Distributed to the Homeless

240

Volunteer Hours Contributed

70

Homeless Individuals Supported with Shelter & Rehabilitation

70

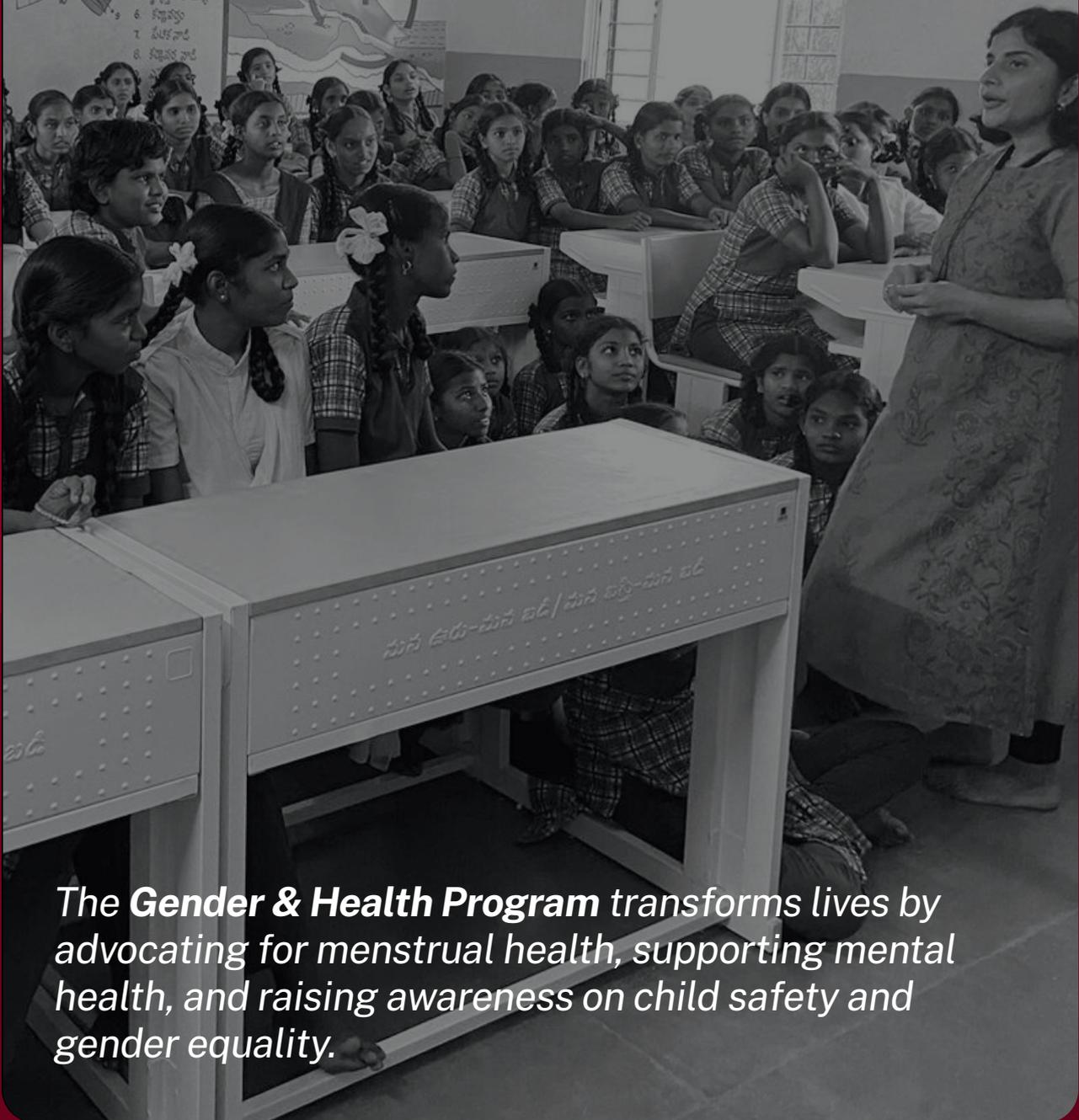
Transgender Individuals Trained in Skill Development & Entrepreneurship

9

Collaborative Partners United to Support Homelessness Rehabilitation, Transgender Empowerment & Inclusive Community Solutions



Gender & Health Program



*The **Gender & Health Program** transforms lives by advocating for menstrual health, supporting mental health, and raising awareness on child safety and gender equality.*

Millions of girls across India face challenges that affect their education, health, and future simply because of natural biological changes. With 71% unaware of menstruation before their first cycle, many experience stigma, fear, and limited access to resources — leading to 23 million dropping out of school each year. These barriers extend beyond education, impacting their health, confidence, and opportunities in a society where discussions on safety and bodily autonomy remain uncomfortable. Advancing health and equality for girls and women starts with breaking these silences, providing knowledge, and creating supportive environments. The Gender & Health Program takes a bold step toward these changes, equipping girls with the tools they need to thrive — because when girls are empowered, entire communities benefit.

OBJECTIVE

The Gender & Health Program equips adolescent girls and women with the knowledge and resources to manage their health with confidence. In addition to addressing menstrual health, the program actively promotes child safety by raising awareness about body autonomy, identifying signs of abuse, and educating young individuals on where and how to seek help.

By breaking stigma around menstruation, the program improves education on puberty, hygiene, and reproductive health, while expanding access to sustainable menstrual products and essential facilities. It also strengthens social support systems to challenge taboos and ensures that safe, affordable, and eco-friendly menstrual products are accessible to those who need them.

By improving both services and infrastructure, the program helps girls and young women manage menstruation with dignity, stay in school, stay safe, and fully participate in society.



APPROACH

Youngistaan's menstrual health and hygiene (MHH) strategy centers on active participation, empowering women and girls to become leaders in their own communities. Through interactive awareness sessions, beneficiaries gain the confidence to discuss menstrual and reproductive health openly, transforming a once-taboo subject into an avenue for shared learning and advocacy. These sessions cover physical, emotional, and psychological changes during puberty, along with education on child safety, helping girls and boys recognize safe and unsafe touch. They also learn practical skills like tracking their cycles, safely disposing of menstrual products, and embracing Zero Waste Menstruation, supporting both personal health and environmental responsibility. By focusing on hands-on education and leadership, this approach breaks stigmas but also builds a foundation where women and girls champion lasting, positive change in their schools, peer groups and families.

HIGHLIGHTS

The Gender and Health Program made significant strides this year by addressing menstrual health, child safety, behavioral change, mental wellness, and economic empowerment. To break the stigma surrounding menstruation, Youngistaan led interactive sessions, storytelling workshops, and community events that reached students, teachers, and local organizations.

These efforts were reinforced by a **Training of Trainers (TOT) program in Andhra Pradesh**, where 500 municipal workers, college students, and grassroots NGO workers were equipped to share vital information about menstrual hygiene and health. Additionally, a 45-minute menstrual health module was developed and shared with the **Telangana State Education Department**, laying the groundwork for regular classroom discussions.

Child safety also took center stage, with Youngistaan collaborating alongside the **Telangana State Commission for Protection of Child Rights (SCPCR)** to conduct POCSO (Protection of Children from Sexual Offences) training for over 600 teachers at Delhi Public School.

In government schools, more than 70 children were guided on understanding their bodies, recognizing unsafe touch, and speaking openly about their concerns — an approach that fostered a sense of confidence and responsibility. Building on this momentum, 155 children across three schools explored personal boundaries and gained practical knowledge on seeking help.

One standout moment involved a sixth grader who, upon experiencing menstruation for the first time, created a detailed chart of the female reproductive system — illustrating how open dialogue can nurture both comfort and deeper understanding.

Mental health was another focal point, as Youngistaan organized community-driven gatherings featuring music, art therapy, and storytelling, creating safe spaces for participants to share their emotions and feel supported. The program also championed gender equity through economic empowerment initiatives, linking transgender entrepreneurs to market opportunities and helping them expand their businesses. Taken together, these wide-ranging efforts formed a holistic approach to gender and health, guaranteeing that menstrual hygiene, child safety, mental wellness, and economic empowerment all receive attention under one comprehensive platform.



MENSTRUAL HYGIENE MONTH

In May 2023, Youngistaan Foundation's Gender & Health Program organized the 2nd Edition of the Menstrual Hygiene Month campaign, "Break the Silence Around Periods," to address the stigma and challenges faced by millions of girls and women due to menstruation.

The campaign focused on breaking the silence, encouraging open discussions, and reducing the stigma around periods. By educating and raising awareness among women and girls about menstrual health, it empowered them to manage their periods confidently and maintain good hygiene. This approach helped support personal empowerment while also contributing to broader social change by normalizing conversations about menstruation, reducing taboos, and promoting gender equality.

Key partners were **Menstrual Hygiene Day**, **WASH United**, **Menstrual Health Alliance India**, **Telangana State Innovation Cell (TSIC)** and the community organizations were **Naari Women**

Wellness Program and **The Ladki Project** were instrumental in making the campaign a success. This initiative raised awareness and supported national and global efforts for gender equality and women's empowerment.

The campaign featured on-ground awareness activities and online live sessions, including World Menstrual Hygiene Day celebrations, public demonstrations in various cities, and Instagram Live sessions with influential figures.

These efforts helped challenge period taboos and contributed to potential policy changes supporting safe menstruation.

MENSTRUAL HYGIENE DAY AWARENESS

The session began with engaging storytelling to build a strong connection with the audience. Personal stories highlighting the challenges faced due to a lack of menstrual knowledge were shared, creating a space where participants felt comfortable discussing their own experiences. These narratives shed light on the importance of understanding menstrual health and helped encourage open conversations.

Following this, in-depth discussions on menstruation provided a clear understanding of its physiological aspects. The information was presented in simple terms, ensuring that participants felt informed and confident about their bodies. The session also covered menstrual cycle tracking, introducing easy methods to help individuals anticipate their needs and manage their periods effectively. By equipping participants with practical tools, the session aimed to empower them with greater control over their menstrual health.



BREAK THE SILENCE AROUND PERIODS EVENT



The “Break the Silence Around Periods” event in Hyderabad drew over 200+ attendees and featured performances by 20 talented young artists. The open mic session included a diverse range of performances such as storytelling, poetry, stand-up comedy, and live music, all centered around menstruation, menstrual health, and breaking the stigma associated with periods. This event provided a platform for young artists to express their thoughts and experiences, creating a sense of community and shared purpose.

The event aimed to bring awareness to the importance of safe menstruation practices and encouraged open discussions. By bringing together a large audience and diverse voices, the event successfully raised awareness about menstrual health and empowered women to speak openly about their experiences. The outcome was a resounding success, with significant community participation and engagement, reinforcing our commitment to ending period stigma and making a meaningful difference together.

AWARENESS CAMPAIGNS

The initiative aimed to challenge stigmas directly by engaging the public and encouraging individuals to reconsider their beliefs, fostering open discussions about menstruation without shame.

In 2023, menstrual hygiene awareness campaigns were conducted in cities such as Hyderabad, Delhi, Ahmedabad, and Vijayawada. The objective was to break the silence surrounding menstruation by involving young individuals in public demonstrations. Volunteers held placards to spark curiosity, initiate discussions on menstrual health, and challenge long-standing misconceptions, creating opportunities for more open and informed conversations.



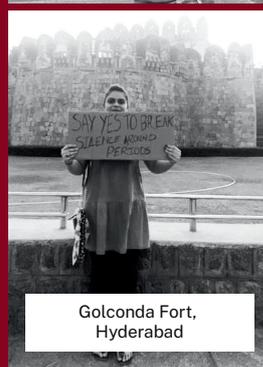
Martyr's Memorial,
Hyderabad



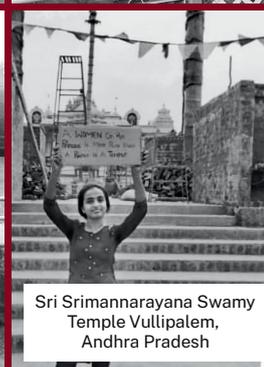
Adam's Foundation,
Ooty



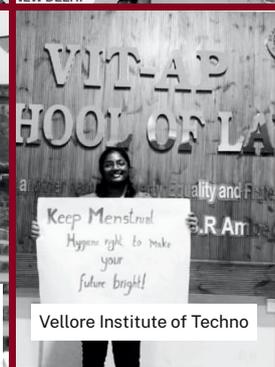
Connaught Place,
New Delhi



Golconda Fort,
Hyderabad



Sri Srimannarayana Swamy
Temple Vullipalem,
Andhra Pradesh



Vellore Institute of Techno

INSTAGRAM LIVE SESSIONS

In celebration of Menstrual Hygiene Month, 24 live sessions were conducted across social media platforms, including Instagram, X (formerly Twitter), and Facebook, focusing on menstrual hygiene awareness. These sessions featured inspiring stories from individuals across the country who are actively working to improve menstrual health awareness and challenge period taboos. Their stories highlighted both personal experiences and community-driven efforts, shedding light on the broader impact of menstrual health initiatives.



The sessions also incorporated interactive Q&A segments, allowing viewers to engage directly with speakers and deepen their understanding of menstrual health issues. By utilizing the wide reach of social media, these discussions connected with a diverse audience and amplified awareness on a larger scale. With over 50,000 viewers, the live sessions successfully expanded the conversation around menstrual health, reaching individuals across different communities. The videos below provide an opportunity to hear from the featured guests who shared their insights and experiences during the campaign.

Igniting Change

MHDAY2023 Campaign To Highlight Menstrual Health Supporters across the Globe

ANJU ARORA
President,
Naari, Women Wellness Initiative

Y. ARUN DANIEL KUMAR
Founder & Director,
Youngistaan Foundation

BHANU KALLAKURI
Founder,
Red Express Hygiene

NIHARIKA SHARMA
Co-founder,
Paint It Red

SHEEZANA RASOOL
Founder
Agaaz International

PURVI TANWANI
Co-founder & Director
Anahat For Change Foundation,
West Bengal

PRATIMA SHARMA
Founder of Creative Institute
Nepal (CIN)

SUNANYA GUTHIKONDA
Founder, The Ladki Project,
Atlanta, USA

KARAN BABBAR
Assistant Professor, Jindal Global
Business School & Research
Advisor, Pandemic Periods

KHUSHBU JOSHI
Director,
Shoopa Foundation, Ladakh

DR SNEHA ROOH
Founder Of Orikalankini,
Palliative Physician & Somatic,
Arts based therapist

LAVANYA GUDELLI
Founder,
Be The Change

RAJASI KULKARNI DIWAKAR
Menstrual Health Trainer

Dr ANUJA SANKHE
Founder
Bolo P for Periods

KAVYA
Menstrual Therapist
Founder, Eco Feminist
Research Foundation

RADHIKA CHABRIA
Founder,
Shakti Social Enterprise

ARUN KUMAR
Director & CEO,
Eleantra Enterprises Pvt.Ltd.,

RENEE GRACE
Founder/CEO,
Dignity Drive Foundation

POONAM SHARMA
Co-Founder
Dignity Drive Foundation

AARUSHI
Youth period equality advocate
(New York) Founder, The Red
Padding Project

NELSON DEB
Social Entrepreneur & Founder,
The Eco Hub, Assam

Menstrual Champions,
Volunteers of Youngistaan
Foundation

AISHWARYA
Strategy Alliance & Implementation Lead,
Project Baala

JESS STRAT
Data Systems Manager,
Days For Girls, USA

@Youngistaan_Foundation

Head to the REELS Section to hear all inspiring stories of these speakers

Menstrual Hygiene Month 2023

Impact Made

The program transformed communities by shaping informed, inclusive attitudes toward both health and gender equity. Individuals are adopting healthier lifestyles and more equitable behaviors, thanks to hands-on workshops, digital advocacy, and community engagement that drive real change. By mobilizing dedicated volunteers and reaching diverse cities, the program continues to make a lasting impact on public health and social equity.



239,860

Beneficiaries Reached through health education, awareness, and outreach

268

Volunteer Hours contributed on the ground by dedicated field teams

31

Locations Hosted awareness sessions on menstrual health and hygiene

60

Hours of Digital Advocacy conducted via Instagram LIVE in May 2023

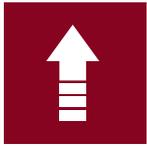
9

Received Sanitary Pad Distributions, improving access to hygiene resources

50,000+

Viewers Engaged across Instagram, X (Twitter), and Facebook during live awareness sessions

Behavior Changes Observed After



Improved Hygiene Practices

Young women and girls are now correctly using sanitary products and maintaining better hygiene during their menstrual cycles.



Changing Attitudes

Women and young girls are now correctly using sanitary products and maintaining better hygiene during their menstrual cycles.



Better Health Management

Women and girls are effectively managing period symptoms through tracking, diet, and exercise.



Increased Community Support

Support grew as more people, including men and boys, were informed and now they advocate for menstrual health.



Open Safe Discussions

Communities have started openly discussing menstrual health, breaking the silence and reducing stigma.

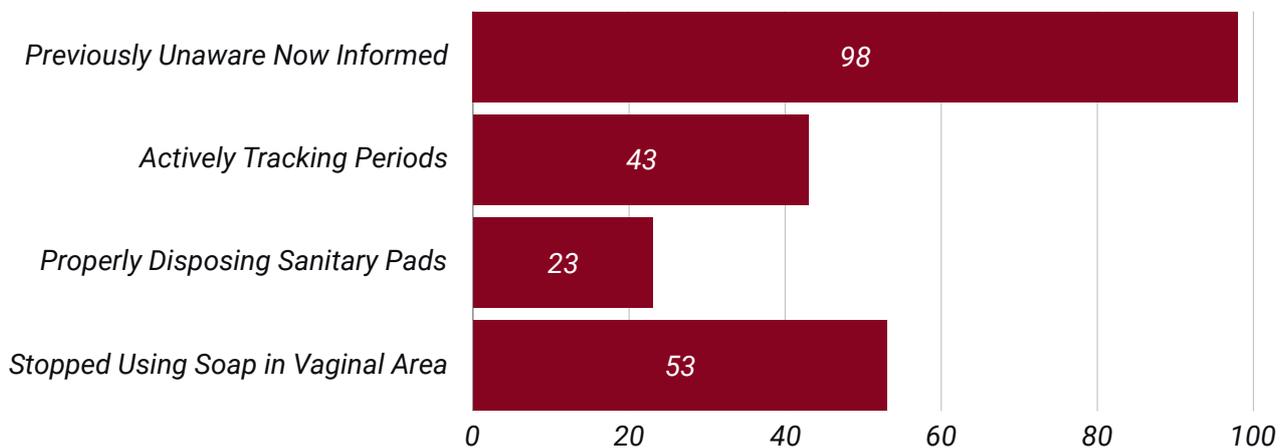


Empowerment

Women and girls are gaining confidence and understanding that menstruation is natural and normal.

Shifts in Menstrual Health Awareness and Hygiene Practices

This assessment measured how well the beneficiaries adopted healthier menstrual practices. Before the program, many girls had little understanding of menstruation. Now, 98% have the knowledge to manage it confidently. 43% are tracking their cycles, 23% are properly disposing of sanitary pads, and 53% have stopped using soap in the vaginal area, reducing health risks. These shifts in awareness and hygiene practices shows progress in breaking stigma and creating safer menstrual health practices.



Beneficiary Impact

“A young girl in Class VI had just started her period. She didn’t know what was happening and felt scared and confused.

During our session, she listened closely, asked questions, and felt supported. By the end, she created a chart explaining the female reproductive system — and proudly shared it with her classmates. She walked in unsure, but left feeling confident, informed, and no longer alone.”



Education Program

The **Education Program** transforms lives by strengthening **social-emotional** skills in children from urban slums and child care centers and building **early learning** for students in under-resourced schools.

Social Emotional Learning Initiative

More children in India are going to school, but many still struggle with basic skills. By Grade 8, only 73% of students can read at a Grade 2 level (ASER 2018), and this hasn't improved since 2016. Improving infrastructure and providing textbooks help, but they don't guarantee better learning.

The real challenge is how students are taught — they need engaging lessons, age-appropriate teaching methods, and well-trained teachers.

Our Education Program bridges this gap by supporting teachers with research-backed methods, structured learning, and student-centered approaches.

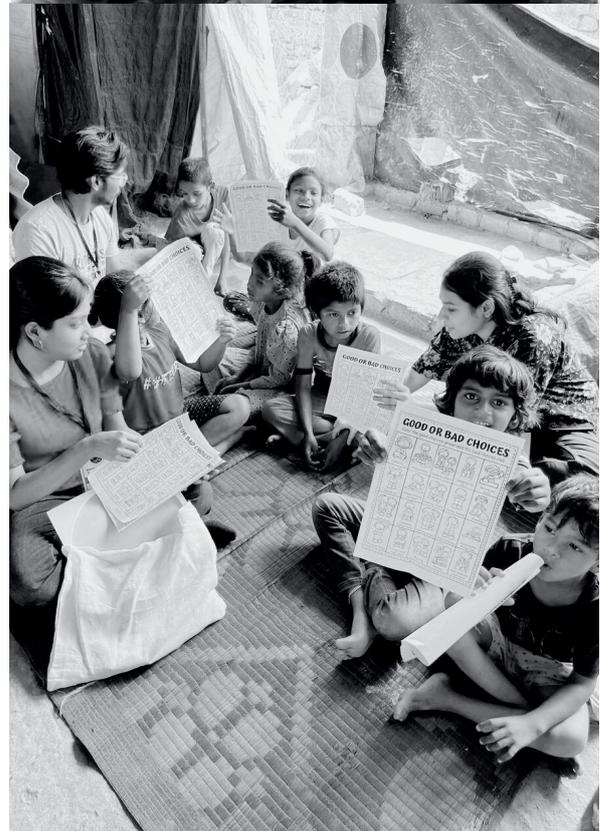
By focusing on effective learning, we help students gain real skills for a better opportunities.

OBJECTIVE

The Social Emotional Learning (SEL) Program was launched to address the emotional and social challenges faced by underserved children in marginalized communities. Many of these children lack access to quality education and safe environments, which are crucial for their holistic development.

They often struggle with emotional regulation, social interaction, and self-esteem, impacting their ability to succeed academically and personally. The SEL Initiative aims to bridge these gaps by equipping underserved children with crucial social-emotional competencies and life skills.

By focusing on nurturing emotional intelligence, improving interpersonal skills, and enhancing emotional regulation, the program helps children become empathetic, responsible, and confident individuals capable of overcoming challenges in their academic and personal lives.



GOAL

The goal is to nurture these children into resilient and responsible young leaders who can contribute meaningfully to their communities. Through an evidence-based curriculum tailored to their socio-economic contexts, the SEL Program aims to develop resilience, build effective communication skills, and support healthier behaviors. By addressing their unique needs, we strive to contribute to creating healthier communities and a stronger nation.



APPROACH

Many children in urban slums struggle with reading and writing due to limited exposure to English, as their textbooks and medium of instruction are in the language. To bridge this gap, a structured language development plan was introduced, focusing on vocabulary building and literacy skills.

Daily 15-minute sessions provided consistent exposure to English, helping children develop essential communication skills. Learning materials such as GupShup books, sentence builders, and Pratham storybooks made the process interactive and engaging.

This approach helped children express their thoughts clearly, expand their vocabulary, and improve their ability to read and understand text. Over time, they became more confident in speaking and using English, creating a strong foundation for learning.

For children facing daily challenges, Social-Emotional Learning (SEL) played an important role in supporting both their schoolwork and personal development. Play-based learning, storytelling, and creative activities helped them manage emotions, build confidence, and strengthen relationships.

Through games, arts, and crafts, children found new ways to express their thoughts and feelings, improving their self-awareness and emotional control. Storytelling and role-playing exercises made learning more relatable, helping them recognize and express emotions in a healthy way.

To help children handle difficulties, practical strategies for building confidence and problem-solving skills were introduced, allowing them to approach challenges with a positive attitude. Lessons on kindness, teamwork, and respect taught them how to work together, communicate better, and handle disagreements. Creating safe and welcoming spaces was a key priority, making sure children felt valued, heard, and emotionally supported.

This approach gave children the academic and emotional tools they needed to grow. With stronger literacy skills, better communication abilities, and the confidence to face challenges, they became more prepared to learn, connect with others, and continue their journey of growth.

HIGHLIGHTS

This year, the social-emotional learning sessions in Ambedkar Nagar provided children with a space to express themselves, build relationships, and navigate challenges with confidence. Through structured activities, they engaged in communication, problem-solving, and teamwork, learning to understand emotions, resolve conflicts, and develop positive habits. Volunteers played a key role in guiding them through interactive exercises that strengthened their ability to listen, cooperate, and support one another.

Over time, the impact became evident — children grew more confident, communicated more effectively, and engaged more openly with their peers and families. A central theme of the sessions was social awareness, helping them recognize how their words and actions influence others. Activities such as the “toothpaste exercise” reinforced this lesson, demonstrating how words, once spoken, cannot be taken back. Another session, “Hurtful Words,” encouraged reflection on how language shapes emotions and relationships, fostering a more thoughtful approach to daily interactions.

Building on this momentum, the program expanded to Guru Brama Nagar, where 74 children participated in weekly sessions designed to support both their social-emotional and academic growth. As exams approached, additional study support helped them prepare with confidence.

The enthusiasm from both children and parents highlighted the impact of creating a safe space for learning and personal development.

To strengthen the initiative, new volunteers underwent training to equip them with the skills needed to engage meaningfully with children, while experienced mentors refined their facilitation techniques through self-reflection exercises. This continuous learning ensured that the program remained impactful and supportive.



OUTCOME

This year's program helped children develop essential life skills, confidence, and a stronger understanding of themselves and others. Sessions were designed for different age groups — 3-5, 6-8, 9-12, and 13-15 years — so that learning remained age-appropriate and engaging. Younger children focused on basic literacy, numeracy, motor skills, and social-emotional development, preparing them for formal schooling. Older children worked on communication, problem-solving, and decision-making, helping them navigate challenges in their personal and social lives.

Over the year, 48 sessions were conducted, totaling more than 120 hours of learning, including summer camps and special activities. Trained volunteer mentors created a safe and supportive space where children could express themselves, ask questions, and build relationships.

Sessions used creative methods like storytelling, role-playing, debates, and group discussions to improve critical thinking and communication skills. Activities such as film screenings, poster-making, and guided conversations encouraged self-expression, while social awareness projects helped children understand their communities and their role in them.

The impact was clear — children became more confident, engaged, and thoughtful in their interactions. Many who were once hesitant to participate began speaking up, working in teams, and handling challenges more effectively. Parents and mentors noticed improvements in communication, emotional understanding, and social responsibility. Beyond learning skills, children gained a sense of empathy and awareness, understanding how their words and actions affect others.

By combining structured learning with hands-on activities, the program helped children grow academically and personally. Their progress was seen in their ability to express themselves, take initiative, support their peers, and engage with learning more enthusiastically. The dedication of volunteers, mentors, and communities played a key role in creating an environment where every child had the opportunity to thrive.

10TH ANNUAL CHILDREN'S CARNIVAL

One of the year's most heartwarming moments was the 10th Annual Children's Carnival, where we brought together over 200 children from underprivileged communities for a day filled with happiness.

There was music, dancing, fun workshops, and plenty of interactive activities. More than anything, it was a space where children could feel free to express themselves, build confidence, and experience the power of teamwork and empathy in action.

Each child went home with a medal or certificate — not just as a keepsake, but as a reminder of how far they've come.

This special day was only possible because of the generosity and effort of our donors, partners, volunteers, and community members, who came together to create something truly impactful for every child who attended.

The event gave children the opportunity to:

- Build self-confidence by sharing their talents
- Develop key life skills like teamwork, empathy, and communication
- Experience a sense of belonging through inclusive and interactive activities
- Feel recognized and valued through medals and certificates celebrating their participation



Beneficiary Testimonies

Sowmya, Age 10

When Sowmya first joined our program, she would often get bored and leave activities, which made it hard for the group to stay focused. To help her stay interested, we gave her responsibilities like helping set up sessions and assisting volunteers. After six months, Sowmya showed a big change. She now arrives early, brings her sisters and friends, and makes sure other children follow along. Her journey from being disengaged to becoming a leader is truly inspiring. She's now a role model for other kids and her commitment is amazing to see.

Dhanush, Age 9

Dhanush had low self-esteem and often got into fights because he struggled to control his emotions. It took time for him to adjust to our sessions, but he soon started looking forward to them. After a few weeks, we noticed changes — he began using kind words, respecting his peers, especially the girls, and making friends. He also took better care of his younger siblings, always sharing what he had. Dhanush now feels more confident and expresses his emotions through dance. His schoolwork has improved too, and he feels more connected to his classmates. His mom shared how happy she is with these changes. Dhanush's story shows how important support and guidance are for children to grow and succeed.

Naini, Age 4

Naini was very shy and quiet when she first joined our sessions. She didn't interact much with the other kids or volunteers. But over time, she bonded with one of our volunteers and slowly started joining in activities. She began showing interest in writing and drawing, and her parents were thrilled to see her becoming more open and active. Naini's journey shows how a little support can help children gain confidence and feel comfortable in expressing themselves.

Nishanth, Age 5

Nishanth was full of energy and liked participating in every activity. However, he needed extra attention to manage his energy and avoid conflicts with other kids. Our volunteers worked closely with him, helping him join specific activities that would keep him engaged. After a few months, we saw great improvement — Nishanth learned to stay focused during activities and got along better with others. He has made a lot of progress in managing his energy and working well with his peers.

Volunteer Experiences

Rushika Gundu

“It’s been a year and eight months since I joined Youngistaan, and being part of the Social Emotional Learning (SEL) program has been a meaningful experience. Working with children has taught me valuable skills that have helped me grow both personally and professionally. Being part of a friendly and supportive team has made this journey even better. Learning from experienced mentors has helped me strengthen my social and emotional skills and put them into practice in real ways.”

Swetha Sankaran

My journey as a SEL Volunteer and Community Leader began with a desire to support kids and create positive spaces. From day one, I was welcomed with warmth, building meaningful connections with both children and fellow volunteers. Working with different age groups has shown me the power of empathy, understanding, and compassion. Each interaction, challenge, and success has helped me grow personally while deepening my understanding of emotions and relationships.

Kesav Anirudh

“The best way to find yourself is to lose yourself in the service of others.” – Mahatma Gandhi

“Being part of the SEL program at Youngistaan has completely changed how I look at learning and community work. Every weekend, I get to spend time with some of the most curious and energetic young minds. The training sessions help us understand SEL principles and put them into action in ways that really matter. Being around such inspiring people has helped me see my strengths and work on areas where I can grow. This program has given me the chance to give back while learning at the same time. I’m grateful to be part of a community that truly cares, and I can’t wait to keep contributing.”

Sunitha

“The SEL program showed me the potential in every child — their curiosity and creativity are incredible. Seeing families support their daughters’ education and children uplifting each other has been truly inspiring. At first, I was unsure about teaching, but I found happiness in connecting with the kids and understanding their learning styles. This experience reinforced the need for spaces where children feel supported and motivated to learn”.

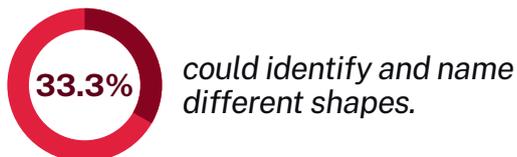
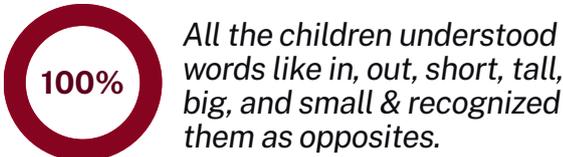
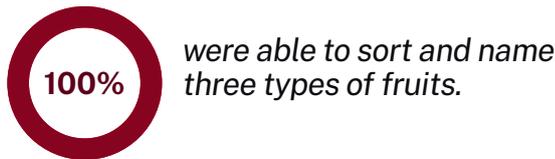
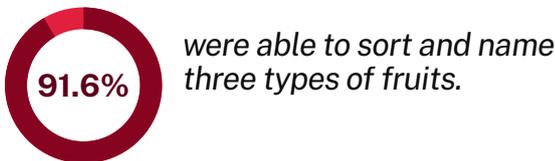
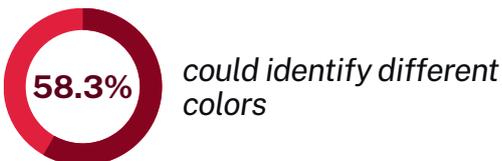
Impact Assessment

An in-house annual assessment was conducted to identify learning gaps, track progress, and evaluate the effectiveness of the SEL program. The findings will help refine objectives for the upcoming year, making sessions more relevant and impactful for the children. The data represents the assessment of children of age group 3-5 conducted to understand their learnings on a few basic concepts that were taught to the children.

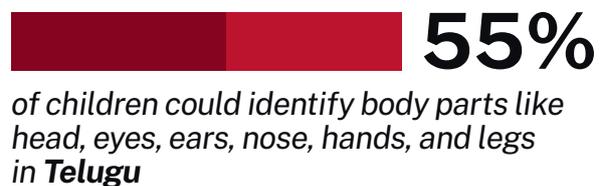
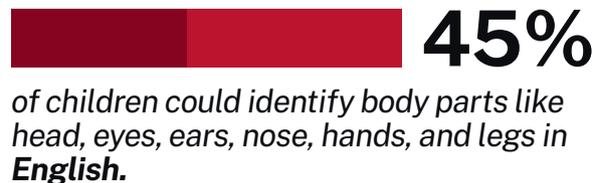
Physical and Motor Development

Children showed high energy and engagement during activities, with 90% actively participating in playtime. All children (100%) enjoyed coloring with crayons, improving their fine motor skills and creativity.

Sensory, Perceptual & Cognitive Development



Language & Literacy Development



Social & Emotional Development



What This Means

Children showed notable progress in communication, problem-solving and emotional awareness. Increased participation, improved vocabulary, and better concept recognition indicate a strong foundation for learning. These insights will inform future program enhancements to further support their development.

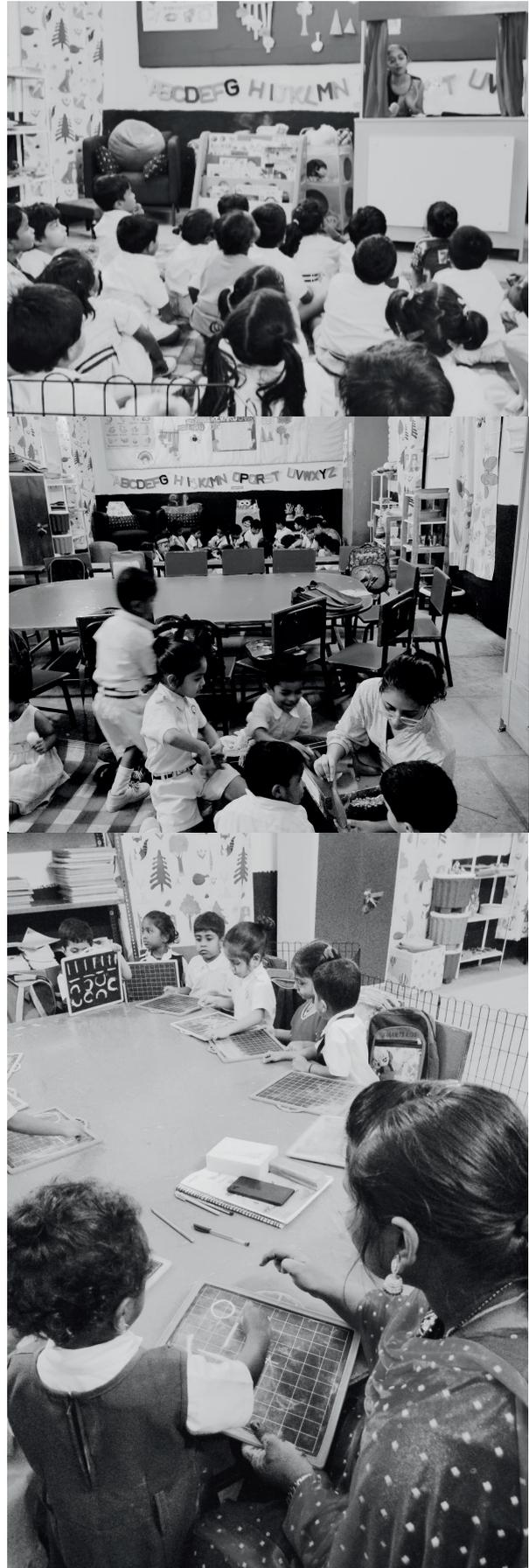
Early Learning initiative

In India, school enrollment does not guarantee actual learning. Learning outcomes across government schools and affordable private schools at the primary level are inadequate and continue to decline. The proportion of children enrolled in Grade 8 who can read at least a Grade 2-level text has dropped from 76.5% in 2012 to 73% in 2018.

Periodic reports by the Annual Status of Education Report (ASER) and the National Achievement Survey (NAS) consistently highlight inadequate foundational learning levels. The multidimensional nature of poverty creates an opportunity gap, leading to poor learning outcomes. We are in the midst of a learning crisis, where students in under-resourced communities face an unfair race, constantly struggling to catch up. Students who do not attain mastery in foundational literacy and numeracy skills by Grade 3 are more likely to fall behind. For those still struggling to read, write, and comprehend, the curricular content in and beyond Grade 4 becomes an insurmountable challenge. As they continue to work below grade level, the learning gap widens with age, leaving many students disengaged from their own academic journeys. The roots of this learning deprivation can be traced back to early learning experiences at the foundational stage. What if we addressed this crisis at its very source?

OBJECTIVE

Youngistaan Foundation's Early Learning Program is an intensive, structured pedagogy intervention that offers a developmentally appropriate curriculum, relevant teaching and learning materials (TLM), teacher development opportunities, extended support, and a contextualized multilingual instructional approach.



THREE-PRONGED APPROACH

Implementing a Developmentally Appropriate Curriculum & Culturally Responsive Pedagogies

A play-based, NCF-compliant preschool curriculum, designed by a Harvard-educated early learning specialist, ensures holistic development in early childhood education. The curriculum follows a thematic, multi-sensory, inquiry-driven, and exploration-oriented approach, creating meaningful learning experiences tailored to developmental needs.

The curriculum focuses on:

- Age-appropriate socio-emotional competencies
- Gross and fine motor skills
- Cognitive and sensory development
- Oral language development in the child's home language and English
- Early literacy development in English
- Number sense and foundational mathematical thinking
- STEM skill development through interactive, hands-on learning

The curriculum also integrates higher-order thinking skills at this early stage, providing opportunities for students to:

- Make relevant connections between new learning and their own lives
- Listen with understanding and attentiveness
- Articulate and share their thoughts and feelings

A structured yet flexible approach encourages curiosity, expression, and cognitive growth, supporting children in becoming confident and engaged learners.

Adopting a Multilingual Approach to Learning

Research on early language education highlights the importance of integrating children's home languages into teaching and learning. The National Curriculum Framework (NCF) for the Foundational Stage (2022) emphasizes that the home language serves as a foundation for learning, helping children connect new knowledge with prior experiences.

Additionally, studies on early bilingualism demonstrate benefits such as improved executive function and cognitive flexibility.



A version of additive bilingualism has been introduced, where daily classroom interactions, including content instruction, primarily occur in the children's home languages (Telugu and Hindi). Simultaneously, English exposure is introduced in a gradual, structured manner, focusing on oral language development. Instruction follows research-backed principles of second-language acquisition, incorporating a multifaceted, play-based approach. Methods such as music, dance, circle time, storytelling, and puppet theatre create a language-rich environment that nurtures both the home language and English.

The NCF (2022) underscores the importance of early exposure to multiple oral languages. A multilingual approach ensures that oral language skills in the home language are reinforced, while English instruction is scaffolded using techniques such as translanguaging (switching between languages for better comprehension).

Currently, in pre-K, Telugu and Hindi remain the primary languages of instruction, with simple English words and phrases introduced. In K2, English vocabulary and sentence structures are gradually incorporated alongside continued use of the home languages.

Building Teacher Capacities Through High-Quality Professional Development and Coaching

Student well-being depends on teacher well-being and competency. Teachers are welcomed as equal partners and active agents of change. Empowering teachers enables them to make informed instructional choices and form communities of practice within and across schools to support the learning journeys of their colleagues.

Outcomes of Continuous Professional Development Opportunities:

- Building teachers' capacities and classroom practices in child development and positive models of early care and education to address diverse student needs and strengths.
- Supporting the use of multilingual pedagogy to teach curricular content and develop students' oral language skills and vocabulary in L2 (English).
- Guiding teachers through the implementation of a play-based early learning curriculum.
- Developing essential skills in teaching foundational numeracy, number sense, and foundational STEM.

Over the next two years, teachers will engage in interactive workshops and follow-up mini coaching sessions to acquire essential skills in :

- Early years pedagogies, including classroom routines, active learning experiences, skill progression, and assessing prior understanding.
- Classroom management, focusing on student behavior, motivation, and the art of gentle discipline.
- Oral language development.
- English as a second language.
- Phonics and early writing.
- Foundational STEM, including pedagogical content knowledge, scaffolding, and building scientific inquiry.

Teachers attend class demonstrations and receive weekly coaching on effectively implementing lesson plans while addressing the diverse needs of their students.

This structured support helps maintain the integrity of the curriculum and aligns with the program's vision.

To support continuous improvement, teachers provide weekly feedback to the Youngistaan Foundation instructional coach, making their perspectives heard and valued.



“Equipping educators with the right tools is the first step in creating learning spaces where every child is seen, heard, and supported.”





HIGHLIGHTS

The early learning program focused on building strong foundational skills for young children through play-based learning and structured routines. A curriculum emphasizing both literacy and numeracy was introduced, ensuring an engaging and developmentally appropriate approach. Teacher training sessions, in collaboration with Things Education, provided new strategies for early childhood instruction, while daily reflections helped educators refine their methods based on real-time classroom experiences.

Language development was strengthened through techniques such as Elkonin boxes, which supported phonemic awareness and early reading skills.

Storytelling and guided picture descriptions encouraged oral communication, while interactive activities reinforced writing practice. Early numeracy skills were developed through sorting exercises and hands-on math activities, making abstract concepts easier to grasp.

Recognizing the importance of emotional well-being in early education, structured classroom routines helped children identify emotions, practice empathy and develop self-regulation skills.

Storytelling and puppet theatre sessions enhanced focus, listening, and comprehension, creating a rich learning experience.

Beyond the classroom, parental involvement played a key role. The 'Families as Partners in Education' initiative strengthened the connection between educators and families, providing opportunities for parents to engage in their child's learning journey.

At the March engagement meet, parents explored storybooks, participated in discussions, and celebrated their children's progress. A highlight of the event was the children's Circle Time performance, showcasing their growing confidence and enthusiasm for learning.

By integrating structured learning with social-emotional support, the early learning program continues to create an environment where children can develop essential skills while feeling supported and encouraged.



**What we invest
in a child's
beginning
shapes
everything that
comes after."**



STAKEHOLDERS

Schools

An intensive partnership has been established with a government-aided school in **Erramanzil Colony, Hyderabad**. This 50-year-old institution serves children from three local bastis (low-income neighborhoods). **Rabindra Niketan High School** has been associated with Youngistaan Foundation for over 10 years, during which volunteer-driven Social-Emotional Learning (SEL) and foundational literacy and numeracy programs were implemented for students in Classes 5 to 9. In 2023, a play-based early learning program was introduced, with a special focus on teacher development.

Teachers

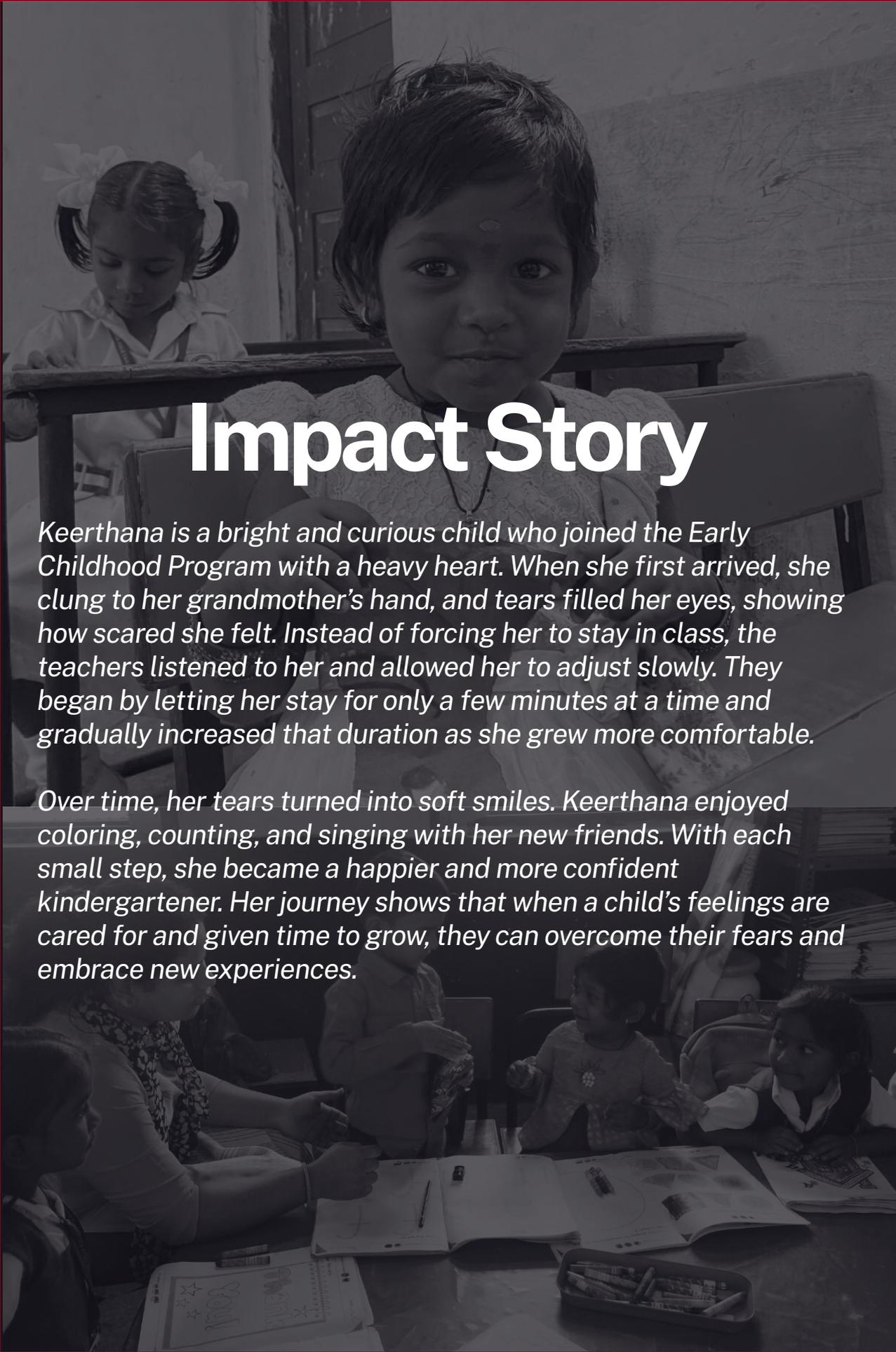
Teachers are at the core of this program. Strengthening teacher capacities contributes to long-term improvements in classrooms and schools. A coaching model provides continuous support and guidance while allowing teachers the creative freedom to design learning experiences using appropriate early childhood pedagogies. The objective is to build self-efficacy, equipping teachers with the skills to make informed instructional decisions throughout their careers as educators.

Families and Community

Students in the program come from low-income families, with mothers primarily employed as domestic workers and fathers working as laundrymen, drivers, or security personnel. Forty percent of the student population belongs to Scheduled Castes (SC) and Scheduled Tribes (ST), while another forty percent comes from Backward Castes (BC). Some students are first-generation learners, while others have at least one parent who has studied up to Grade 10 or 12.

The program encourages parents and guardians to support their children's holistic development at home and within the community through responsive care strategies, storytelling, and simple games. Engagement efforts include showcase events such as "Chai Pe Charcha," where children display their skills, and Graduation Day, which celebrates student achievements.

These events also provide opportunities for conversations with the parent community, allowing space for questions, discussions, and feedback.



Impact Story

Keerthana is a bright and curious child who joined the Early Childhood Program with a heavy heart. When she first arrived, she clung to her grandmother's hand, and tears filled her eyes, showing how scared she felt. Instead of forcing her to stay in class, the teachers listened to her and allowed her to adjust slowly. They began by letting her stay for only a few minutes at a time and gradually increased that duration as she grew more comfortable.

Over time, her tears turned into soft smiles. Keerthana enjoyed coloring, counting, and singing with her new friends. With each small step, she became a happier and more confident kindergartener. Her journey shows that when a child's feelings are cared for and given time to grow, they can overcome their fears and embrace new experiences.

Student Testimonials

Asad

Asad was only 2.5 years old when he was admitted to Pre-K. He was not ready for formal school and found it difficult to sit with his classmates. Most of his time was spent outside the classroom, and at times, he could be found sitting under the big, oval student table. For the first few months of the academic year, his teacher allowed him to leave the classroom whenever he needed to. A mentor would sit with him in a corner of the classroom, engaging him in conversation and play, while the teacher continued lessons without disruption. Gradually, Asad began to show greater impulse control and started sitting in the classroom for short periods. His attention span improved, and soon he was actively participating in classroom games, rhymes, and other learning activities.

Vinay

Vinay routinely referred to himself as a “bad boy.” His challenging behavior included hitting, fighting, and snatching toys from other children. Traditional discipline was not the solution, and the K1 teacher quickly recognized this. Instead, Vinay was given responsibilities, and each time he called himself a “bad boy,” the adults at school gently corrected him, reinforcing that he was responsible and calm. The first time an adult told him he was not a bad boy, Vinay was taken aback. At just five years old, he had already been conditioned to see himself that way. By the end of the school year, his challenging behavior had reduced significantly. He listened to the teacher’s suggestions and was noticeably calmer.

Keerthana

Keerthana lives on the school campus. In the beginning, when her grandmother brought her to the classroom, she would cry uncontrollably. This continued for over two months, and she often tried to run back home. Gradually, the play-based activities and free play time kept her engaged for longer periods. The warmth of the Pre-K teacher helped her feel safe and comfortable. Now, she is the first to run to the classroom each morning!

Rohith & Nitya

Rohith did not speak in the classroom for the first four months. He did not respond to teachers, volunteers, or classmates and remained quiet throughout the day. Nitya had a similar experience — she was quiet and afraid. The multiple opportunities for student interaction helped them gradually find their voices. Slowly, Rohith began to express himself in short phrases, while Nitya took a little longer. The biggest achievement was that both Rohith and Nitya began to smile at school!

Volunteer Experiences

Shreya

The reason I joined this program was because of the curriculum and the kind of change Youngistaan Foundation aims to bring to the education system. Over time, I have become more passionate about this work, and it has inspired me to implement something similar in the future. I had the opportunity to interact with children, learn how to communicate with them, and understand the impact we have on their lives. This program is not easy because the results are not always immediate or consistent, but it has taught me to be more patient and understanding. I have learned to appreciate the small victories we witness every day. I truly believe this program can make a real difference if implemented in all schools. I only hope to return and contribute more.

Harshavardhan

My experience at the school is something I look forward to every Saturday. The children are always welcoming, and hearing them call us 'Anna' is heartwarming. This program focuses on recognizing and addressing small details in a child's learning process – things that may seem minor but have a lasting impact on their confidence and adaptability. It could be something as simple as how they hold a pencil, recognize letter sounds, or respond in group settings. We are working to build a strong foundation. That is what the Youngistaan Foundation team and teachers are doing through an effective curriculum at Rabindra Niketan High School. It is all about helping children develop better learning skills.

Abheesta

Volunteering with the Early Learning Program (ELP) for the past 10 months has been an incredibly rewarding experience. The curriculum blends play-based learning with skill development, giving children a strong start in their education. I have seen them develop a love for reading, creativity, and engaging in activities with enthusiasm. The structured weekly schedule helped me build strong relationships with the children, allowing me to teach them better. The year-end assessment revealed small yet significant progress that I had not always noticed during weekend sessions. Seeing these improvements in the students showed me how they were growing and transforming over time.

Teacher Observation

“I have noticed that now children talk to me in the classroom. They are not afraid. Children who would not speak at all have begun to ask me questions and share during Story Time and Circle Time”.

“My little students are able to sit for longer without getting distracted and actually listen to the read-alouds.”

“I have noticed that when children return to school after vacations, they have not forgotten concepts I taught them. This was not the case earlier. It is because of the new curriculum. The lesson plans are designed so that the same topics are repeated throughout the week in different ways. This helps children retain information better”.

“I enjoy my classroom time using all the learning aids and storybooks that we have now. I feel my creativity is being used well. I like using new ways to teach children.”

“It is easier to manage the students. They can form a line and a circle for Circle Time. They know what to expect. They know when it’s time to sing the Goodbye Song.”

Impact Made

In 2023–24, Youngistaan Foundation reached 443 children through its combined education efforts — including Social & Emotional Learning, Early Learning, and the 10th Annual Children’s Carnival.

These initiatives provided safe, supportive environments where children could learn, express themselves, and build essential life skills.



443

Lives Touched Through SEL, ELP & the Children’s Carnival

200

Children Celebrated and Empowered at the 10th Annual Children’s Carnival

90

Children Engaged in SEL Sessions at Ambedkar Nagar

80

Children Reached Through SEL Sessions in Guru Brahma Nagar

35

Preschool Students Supported Through the Early Learning Program

20

Mentors Provided Support to Young Learners



Climate, Environment & Animal Heroes Program

The **Climate & Environment Program** brings awareness to ending plastic pollution and waste management, reducing our carbon footprint and the **Animal Heroes Program** nurtures positive animal-human relationships.

Climate & Environment Program

Climate change is one of the most pressing issues affecting people of all ages. It refers to significant shifts in usual weather patterns, with even small changes in Earth's temperature leading to major consequences such as rising sea levels and melting glaciers.

According to NASA, over the past century, the burning of fossil fuels has released large amounts of carbon dioxide into the atmosphere, disrupting the planet's energy balance. This human-driven increase in carbon dioxide levels has contributed to a steady rise in global temperatures. Our energy consumption, the products we use and discard, and our daily choices all play a role in shaping the state of our planet. Each of us holds a responsibility for the challenges we face and for the solutions that can improve our environment.

OBJECTIVE

Climate change is more than an environmental issue — it carries social and economic consequences, particularly for vulnerable communities.

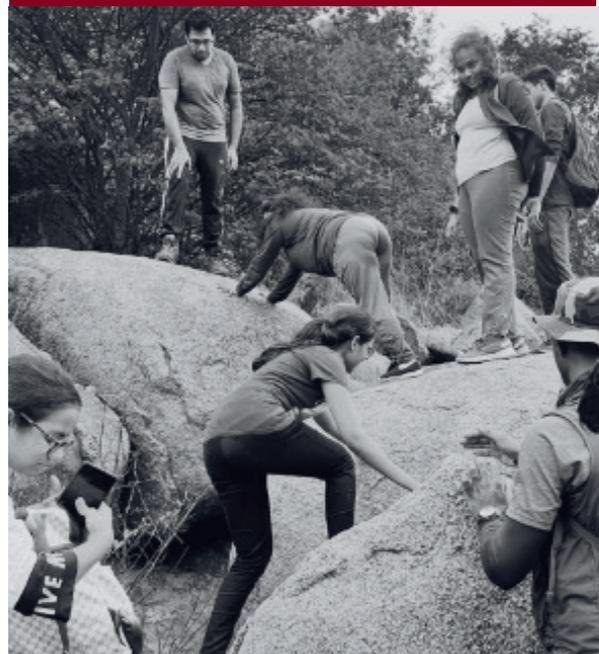
The Climate Action Program is designed to educate and empower individuals, especially young people, to adopt sustainable practices and contribute to long-term environmental solutions. By integrating climate awareness into various initiatives, the program encourages responsible habits that support a healthier planet.

The program focuses on increasing awareness of climate change and its effects, encouraging sustainable practices such as waste reduction and resource conservation, and linking environmental responsibility with broader social programs, including gender equality and community development.

It also provides opportunities for young leaders to develop and implement innovative solutions that support environmental sustainability.



Each of us holds a responsibility for the challenges we face and for the solutions that can improve our environment.





Climate action starts with awareness, but grows through action.



GOAL

The goal of this program is to cultivate a generation that is informed, engaged, and proactive in addressing environmental challenges. By making climate action accessible and encouraging practical steps, the program aims to inspire long-term change and a future where individuals and communities take responsibility for a cleaner and more sustainable world.

HIGHLIGHTS

Youngistaan Foundation led several initiatives to raise awareness and encourage action on climate change, sustainability, and environmental protection.

Through educational sessions, hands-on activities, and public engagement, these efforts helped individuals, especially young people, understand their role in protecting the planet and making responsible choices.

Access to clean water is essential for good health, and the World Water Day Initiative focused on spreading awareness about the need for safe drinking water, proper sanitation, and sustainable water use.

In celebration of **World Environment Day**, a nature trek gave participants the opportunity to explore local biodiversity while learning about their impact on the environment. A plogging activity along the trails showed how simple efforts, like picking up plastic waste, contribute to a cleaner planet.

As part of a joint effort with **Icertis**, 35 saplings and 15 seeds were planted, highlighting the shared responsibility of individuals and organizations in protecting nature. This activity reinforced the importance of planting trees, which help reduce air pollution and support biodiversity.

Similarly, an Environmental Education Day seminar, organized in collaboration with Oakwood Residence Hyderabad, provided practical insights on climate change and sustainability.

Participants gained useful knowledge on how everyday actions can help address environmental challenges.

Children also played an important role in these efforts. A session introduced 25 young participants to the impact of waste and the importance of the three R's — Reduce, Reuse, and Recycle. Through skits and presentations, they shared real-life examples of how they could make changes in their daily routines to reduce waste.

In plastic reduction and sustainability workshops, participants learned how excessive plastic use harms the environment and explored ways to replace it with better alternatives. They also repurposed plastic waste into useful items, such as plant holders made from old bottles, showing that small changes can make a difference.

Education on climate change reached a wider audience through sessions at a government school and a boys' hostel, where over 100 children took part in discussions on topics such as rising temperatures, plastic pollution, and ways to care for the environment. Through engaging activities, videos, and open discussions, students gained a better understanding of

climate issues and shared ideas on how they could contribute.

Public engagement was another key focus, with volunteers reaching out to people at metro stations, bus stops, and public spaces on International Day Against Climate Change to discuss the benefits of using public transport. These conversations encouraged people to consider eco-friendly ways of commuting to help reduce pollution.

A tree-planting activity with childcare centers brought young children into the movement by allowing them to plant and care for saplings. One child expressed their commitment, saying, "Today, we promise to care for these plants as our own brothers and sisters."

These initiatives helped more people understand the importance of protecting the environment and taking small, practical steps to reduce their impact.

By providing learning opportunities and encouraging hands-on participation, these efforts are helping to create lasting habits that support a cleaner and healthier world.



Stories of Impact

A young participant from a childcare center expressed a heartfelt commitment by saying, "Today, we promise to care for these plants as our own brothers and sisters." This statement reflected a personal connection to environmental responsibility.

*Participants in the **Environment Day Trek** connected with nature while collecting plastic waste along the trails, reinforcing the idea that small actions contribute to a healthier planet.*

Children applied their learning through skits and presentations, using real-life scenarios to illustrate the impact of waste and the importance of sustainable practices.

Impact Made



1000+

individuals participated in climate awareness and sustainability programs, gaining a better understanding of their role in environmental conservation.

100+

children took part in educational sessions on climate change, learning practical ways to reduce waste and protect natural resources.

**35 saplings
& 15 seeds**

were planted, contributing to cleaner air and improved biodiversity in local communities.

5

workshops focused on plastic reduction and sustainability, helping participants make informed choices about reducing plastic waste.

Participants adopted safer water practices and improved sanitation habits through the World Water Day Initiative



Communities actively reduced waste and maintained cleaner public spaces through plogging and waste reduction workshops



Participants repurposed plastic waste into useful items, like plant holders made from old bottles, making it easy to reduce waste.

Children and volunteers adopted sustainable habits by caring for trees and reducing single-use plastics through reusable alternatives.



Animal Heroes Program

Millions of stray animals in India struggle to find food, shelter, and medical care, often relying on the kindness of people to survive. While many individuals provide support, others mistreat or neglect these animals due to fear or a lack of awareness. The Prevention of Cruelty to Animals Act, 1960, outlines legal protections and responsibilities for animal welfare, but challenges persist in ensuring their safety and well-being.

The COVID-19 lockdown worsened the situation for stray animals, cutting off their usual food sources and human interaction. With fewer people on the streets, many suffered from hunger and distress, highlighting the urgent need for consistent support and awareness.

The Youngistaan Animal Heroes (YAH) Program was created to address these issues by promoting responsible animal care, educating communities, and encouraging direct action to improve the lives of stray and community animals.

OBJECTIVE

The Youngistaan Animal Heroes (YAH) Program works to improve the lives of stray and community animals through education, advocacy, and hands-on care. The program raises awareness about animal welfare and encourages kindness, responsibility, and direct support for animals in need.

A key focus is educating children about the emotional and physical needs of animals. Through interactive lessons, they learn how to treat animals with care and provide basic needs such as food, water, and medical attention.

Understanding animal behavior is also emphasized, helping children recognize signs of distress and ensuring safe interactions between animals and people.

The team reaches schools, community centers, and childcare homes, making learning about animal welfare engaging and practical. Volunteers and participants are encouraged to take an active role in caring for animals, building a culture of compassion and responsibility. Through these efforts, the program aims to create a future where animals are treated with care, dignity, and respect.

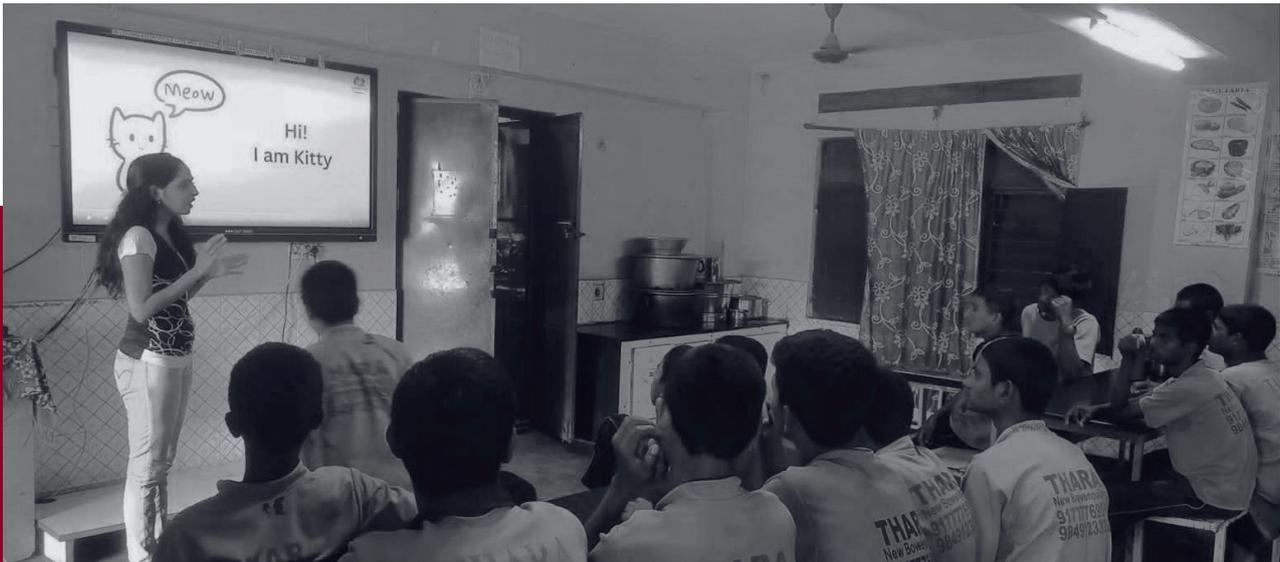


KEY ACTIVITIES

The Youngistaan Animal Heroes (YAH) Program provides children with interactive and educational experiences that help them understand the needs and emotions of animals.

The program begins with a drawing activity, where children illustrate “A Day in the Life of a Community Animal.” This creative exercise encourages them to step into the world of stray animals, helping them develop empathy and setting the stage for meaningful discussions on responsible care.

Even the simplest actions — offering water, showing patience — can create positive change for animals and the people who live alongside them.



The age-appropriate curriculum starts by drawing connections between the basic needs of humans and animals, helping children recognize shared experiences and the importance of care and survival. Lessons on animal behavior provide valuable insights, allowing children to interpret emotions and actions in animals, leading to safer and more positive interactions.

The program reinforces these lessons through five key teachings: feeding animals to prevent hunger, providing fresh water — especially in hot weather, treating animals with kindness by never hitting or harming them, knowing the right steps to take if bitten by an animal, and understanding how to respond when finding an injured animal. These practical lessons equip children with the knowledge and confidence to take responsible actions that directly benefit animals in their communities.

Community involvement is central to the program, encouraging simple yet impactful acts of kindness.

Free water bowls are distributed, making it easier for individuals to provide water for stray animals. This initiative helps animals survive extreme weather while also strengthening a sense of responsibility within neighborhoods. As more people take part in caring for animals, a culture of awareness and support continues to grow.

By combining education, empathy and action, the Animal Heroes Program is shaping a generation that values kindness and responsibility toward animals. Through these efforts, communities are becoming more aware, engaged, and proactive in creating safer and more supportive environments for the animals they share their spaces with.

HIGHLIGHTS

The volunteers continued to educate communities, engage children, and encourage responsible care for animals through interactive sessions, school engagements, and hands-on initiatives. These activities helped build empathy and awareness while providing individuals with practical ways to support and protect community animals.

One of the key engagements took place at **Government High School (SES)**, where students participated in an interactive session on animal welfare. Discussions focused on understanding animal behavior, the importance of treating stray animals with kindness, and how to care for animals in their neighborhoods. Students gained valuable insights into responsible pet care and ethical treatment, encouraging a stronger sense of accountability for the well-being of animals around them.

Engagements at childcare centers introduced younger children to the basics of animal safety and kindness. Through guided discussions, they explored how animals communicate and interact with humans, helping them develop empathy and a caring attitude toward animals from an early age.

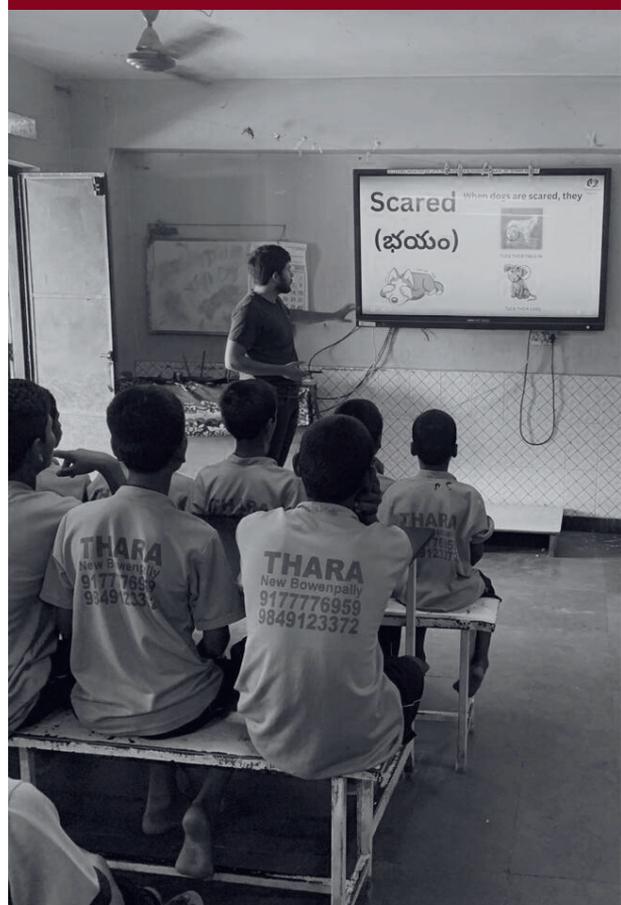
At **St. Marks Progressive School** in Secunderabad, students took part in discussions that emphasized the shared basic needs of humans and animals — food, water, and shelter. Through interactive discussions and activities, they gained a better understanding of how small, responsible actions contribute to the well-being of animals. A special focus was placed on plastic pollution and its impact on wildlife, reinforcing the importance of reducing waste to protect both the environment and animals.

With rising summer temperatures, access to clean drinking water for stray animals became a key priority. The **Water Bowl Drive** provided bowls for communities, allowing more people to set up water sources for animals in need. Students and community members actively participated, helping prevent dehydration and heat-related illnesses and keeping animals safe during extreme weather.

Through these initiatives, the program continues to build a stronger sense of responsibility toward animals, encouraging kindness, action, and care in communities. By educating children and involving people in direct support, the program helps bring change in how animals are treated and protected.



Protecting animals doesn't require grand gestures — it begins with awareness, empathy and a willingness to act.



Impact Made



500

individuals participated in animal awareness and sustainability programs, gaining a better understanding of their role in environmental conservation.

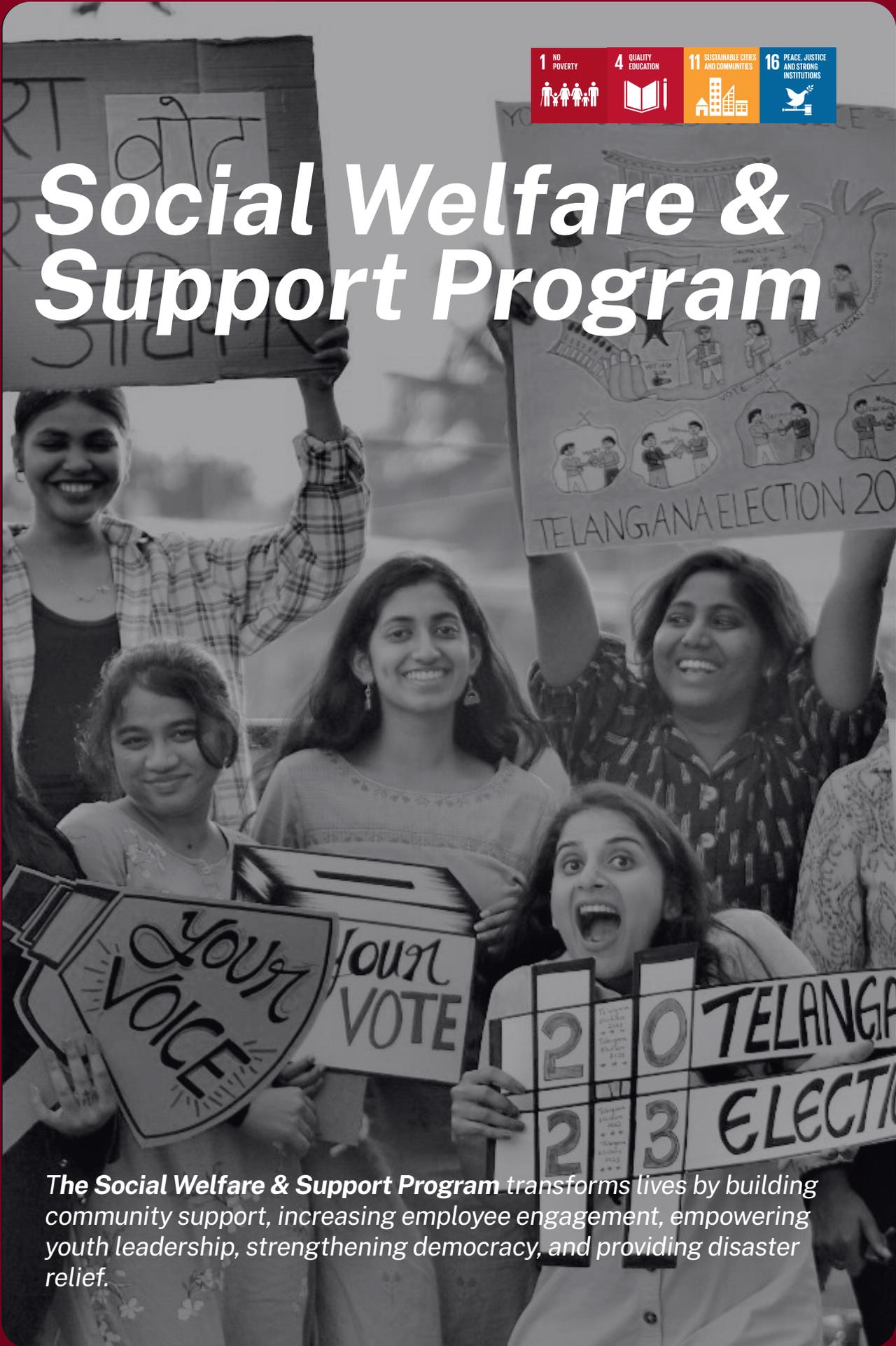
10-15 year olds

the target audience is students from schools, communities and childcare homes.





Social Welfare & Support Program



The Social Welfare & Support Program transforms lives by building community support, increasing employee engagement, empowering youth leadership, strengthening democracy, and providing disaster relief.

YOUTH LEADERSHIP

The Youth Nurturing team engaged students from **K.G. Reddy College and VNR Vignana Jyothi Institute of Technology** in conversations around the power of volunteerism. Students were encouraged to take initiative through “small acts with great love” that contribute to positive change in their communities.

At K.G. Reddy College, over 200 students participated in discussions on key social issues, leading to the formation of student-led clubs supporting ongoing community initiatives. During the college fest at VNR Vignana Jyothi, students explored how they could champion social impact, demonstrating strong enthusiasm and a willingness to lead.

To strengthen its own leadership, the Foundation took part in the “Amplify Your Impact Through Capacity Building” workshop at the **Indian School of Business, Hyderabad**, organized by the Net Impact Club of ISB. The training covered vital areas including:

- Management and financial planning
- Digital marketing and social media management
- Fundraising and resource mobilization

Founder Arun Yellamaty also represented the organization at **Telangana’s first Y20 India** session, where he emphasized the mental health benefits of volunteering and the importance of youth involvement in shaping future policies.

At the **Lamakaan** Open Mic Session, 120 young artists used creative expression to engage with the UN Sustainable Development Goals, including:

- Poems on Gender Equality (SDG 5)
- A skit on Climate Change (SDG 13)
- Discussions on Reducing Inequalities (SDG 10)

The event showed how artistic platforms can spark awareness and inspire action.

Additionally, 50 students from **Rajagiri College of Social Sciences, Kerala, and SDNB Vaishnav College for Women, Chennai**, were given opportunities to experience grassroots-level social work, reinforcing the importance of youth-led leadership in driving long-term community transformation.

DISASTER AWARENESS & RELIEF

Youngistaan Foundation responded swiftly to a distress call involving a homeless woman in crisis, coordinating with **GHMC’s online team** and the **Telangana Police** to ensure her immediate safety and support. This timely intervention reflects the Foundation’s continued commitment to humanitarian care and protecting the dignity of every individual.

Beyond immediate response, Youngistaan strengthened its focus on emergency preparedness. **The Directorate Of Enforcement Vigilance & Disaster Management, GHMC of Telangana** recently hosted an emergency management training for 47 of our dedicated volunteers. This training offered essential skills in preparedness, response, recovery, and mitigation for various emergencies, such as fires and floods.

Over the last 5 years, we supported disaster-stricken areas in Kashmir, Chennai, Kerala, Delhi, Hyderabad, and Turkey. We will continue our commitment to providing aid during disasters, ensuring ongoing assistance to those in need.



COMMUNITY SUPPORT & CELEBRATIONS

Youngistaan Foundation continues to encourage civic participation and unity through meaningful community engagement. One such moment was the invitation to hoist the national flag at Saint Mark's School, where the founder spoke about unity and diversity, inspiring students to contribute to a more inclusive society. Celebrating community is just as important as serving it. A heartwarming visit by actor Dulquer Salmaan to AmanVedika, a partnered child care center, brought joy and encouragement to the children, making them feel seen and valued.

This spirit of connection carried into the New Year's Day celebrations, where 100 children from child care institutions enjoyed a magic show, a festive meal, and gift hampers to begin the year on a happy note.

Similarly, India's 75th Independence Day was celebrated with 150 children at a government school in Pagri, Vikarabad, through cultural activities and a nutritious breakfast. At the same time, 40 children were hosted by a team at Park Hyatt, where they participated in celebrations, enjoyed performances, and received school kits to support their learning journey. These moments of celebration strengthen the sense of community, belonging, and care that Youngistaan continues to build across all its programs.

STRENGTHENING DEMOCRACY

Ahead of the Telangana State Assembly Elections, Youngistaan Foundation took on a key role in raising voter awareness. Invited by GHMC Commissioner Ronald Rose, the organization partnered with NGOs to share vital electoral information with citizens across Telangana.

The founder appeared on ETV, highlighting the importance of informed voting, researching candidates, and resisting influences such as money and advertisements.

The initiative hosted the Festival of Democracy at Moonshine Project, where half of the attendees were first-time voters. Through Democracy in Action, nearly 100 young participants joined conversations on civic engagement, voter rights, and political advocacy, enhanced by artistic performances, workshops, and interactive discussions.



Empowering citizens to participate — whether in a classroom or at the polls — strengthens the foundation of democracy.





Special Projects



Addresses targeted community needs through research, solutions and collaborations with government bodies, CSR Partners and Community Development Projects etc., to maximize impact where it is most needed.

World Day Against Trafficking in Persons

Youngistaan Foundation, in collaboration with the **Telangana State Commission for Protection of Child Rights** and **T-Hub Hyderabad**, hosted a Public Dialogue on Human Trafficking with the theme “Reach Every Victim of Trafficking, Leave No One Behind.” This was more than an event — it was a space where voices were heard, hard truths were confronted, and real change was set in motion.

The gathering brought together 200 people from different walks of life — government officials, civil society organizations, survivors, and everyday citizens — united by a shared commitment to tackling human trafficking. Discussions went beyond statistics and policies, focusing on what needs to be done now to prevent trafficking, support survivors, and hold perpetrators accountable. Experts spoke about the role of technology in fighting trafficking, while survivors shared their experiences, reminding everyone that behind every case is a person trying to rebuild their life.

This dialogue helped:

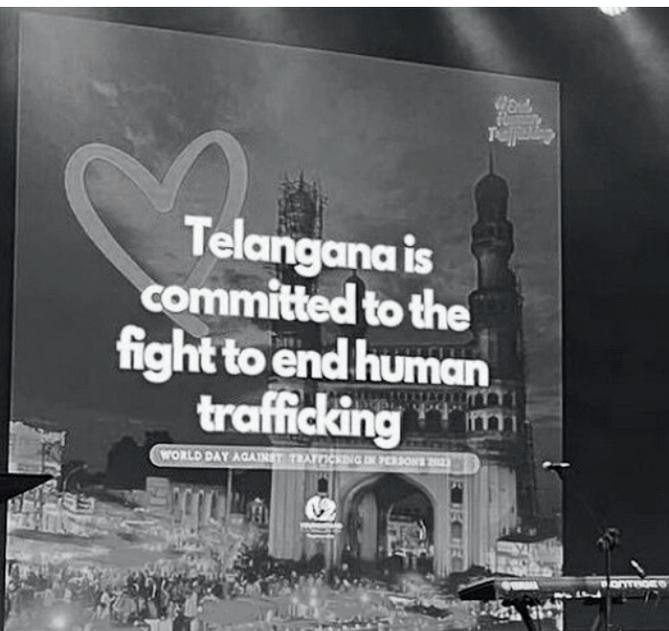
- Raise awareness about how trafficking happens and why collective action matters.
- Urge policymakers to step up prevention efforts, improve victim identification, and strengthen support systems for survivors.

- Explore technology as a powerful tool in the fight against trafficking.
- Give survivors a platform to share their stories, reinforcing the need for long-term rehabilitation.
- Encourage communities to recognize the signs of trafficking and take action when something seems wrong.

One of the most powerful moments of the event came through music. Hyderabad’s leading band, Capriccio, took the stage, using their performance to shine a light on the emotional and human cost of trafficking. Music has a way of reaching people in ways words sometimes cannot, and in that moment, the message was clear — this is a fight that requires more than laws and policies. It demands empathy, solidarity, and a refusal to look away.

This dialogue created space for people to listen, learn, and commit to action. It reinforced that change happens when awareness leads to advocacy and advocacy leads to action.

Youngistaan Foundation remains committed to keeping these conversations going, pushing for stronger policies, and standing with survivors as they reclaim their lives.



Festival of Democracy

The Festival of Democracy campaign brought together young voices, artists, and volunteers to encourage voter participation and civic engagement in Telangana. With a focus on making the electoral process accessible and engaging, we combined creative expression with vital voter awareness initiatives, ensuring that people felt informed, empowered, and ready to cast their votes.

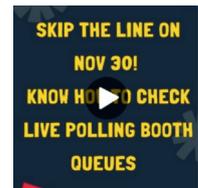
Volunteers took to the streets to raise awareness about voter registration, reinforcing the message that voting is more than just a right — it's a powerful way to shape the future. To drive participation, we collaborated with artists across social media, using slam poetry, stand-up comedy, storytelling, songs, quizzes, poster art, rap, reels, and memes to spark meaningful conversations about democracy.

At the Moonshine Project in Filmnagar, in partnership with Times of India, we hosted an event that reached 150 people that blended creativity with civic responsibility. Sandesh Johnny brought humor with his comedy, Patruni Sastry delivered a powerful art performance, and Varnam The Band energized the crowd with music that reinforced the importance of voting. The open mic session showcased emerging talents like Nagendar, Zaki, Shubodeep, Naseer, Piyush, Kiran Barthwal, and rappers from X Gang and Black Diamond, all using their art to encourage voter participation. Beyond the performances, the event sparked critical discussions on local governance, voter registration, and civic responsibility, with 50% of attendees being first-time voters.

To make voting easier, we developed and shared a polling station location video, helping voters find their designated booths. A behind-the-scenes look at the 1950 Toll-Free Number Office highlighted the real-time support available to voters throughout election season. The campaign also educated people about 12 alternative identification documents they could use if they didn't have an EPIC card.

Additionally, we introduced the C-VIGIL app, allowing citizens to report election violations and strengthen electoral transparency. To further simplify the voting experience, voters were directed to GHMC's website, where they could check their queue status via PollQRoute and navigate their polling stations with ease. This initiative played a key role in making the electoral process more accessible, helping people feel confident and prepared when they stepped forward to vote.

The Festival of Democracy was more than an event — it was a movement. By blending creative expression with voter awareness, we helped strengthen civic engagement, making sure that young voices were heard and actively involved in the democratic process.



Click the Videos to Watch



Road Safety Awareness Campaign

The Road Safety Awareness Project, launched by Youngistaan Foundation in collaboration with **United Way Mumbai** and **HSBC**, made a significant impact on the communities it reached. It educated 1,500 children, aged 10 to 14, across 13 schools, including government, private, public, and low-income institutions, and trained 216 teachers. The project raised awareness about road safety, leading to safer behaviors like wearing helmets and following traffic rules. Children, teachers, and parents became more mindful of road safety, and students shared what they had learned with their peers and families, spreading the message even further.

What made the project especially effective was its practical and hands-on approach to teaching road safety. By distributing 1,500 helmets and education kits, participants were equipped with the tools they needed to apply safe practices in their daily lives.

The project's use of activities like mock drills, interactive presentations, and real-world scenarios ensured that learning was engaging and effective. With the involvement of teachers, parents, and local authorities, the project helped build a sense of shared responsibility, leading to ongoing changes in how road safety is viewed and practiced in the community.

The project was carefully structured to maximize its impact. Partnerships with United Way Mumbai, HSBC, Traffic Police Inspectors, and school management laid a strong foundation for the initiative. Awareness sessions educated children, teachers, and parents about the dangers of the road and how to stay safe. Interactive activities, such as supervised practice sessions and mock drills, allowed participants to put their learning into action.

Teachers were also trained through the “Armour Up” program, giving them the knowledge to continue teaching road safety even after the project ended. Helmets and education kits were distributed to all participants, reinforcing the need for protection on the roads.

Furthermore, students were encouraged to share their knowledge with others, helping spread the message of road safety even further. Through this comprehensive approach, the project created a safer, more responsible community, reflecting the collaborative spirit that you might find in the work you do with T-SIG — connecting people and creating positive change.



Impact Made



1500

children reached

1500

helmets & education kits distributed



Helmets distributed to students and teachers increased safety for two-wheeler passengers and encouraged safer travel.

216

teachers and support staff trained



Students shared the knowledge they learned from the awareness sessions through presentations.



increased community involvement in safety and built lasting awareness that contributed to reducing accidents.

3 GOOD HEALTH AND WELL-BEING



SDG 3: Good Health and Well-Being

By promoting safe road usage and distributing helmets, the program aimed to reduce injuries and fatalities among children, enhancing their overall well-being.

11 SUSTAINABLE CITIES AND COMMUNITIES



SDG 11: Sustainable Cities & Communities

The project contributed to safer urban environments by educating young road users and encouraging responsible behavior, thereby making streets safer for all.

4 QUALITY EDUCATION



SDG 4: Quality Education

Integrating road safety education into the school curriculum ensured that children received a comprehensive education that included critical life skills.

17 PARTNERSHIPS FOR THE GOALS



SDG 17: Partnerships for the Goals

by forging strong partnerships with HSBC, United Way Mumbai, schools, and community groups to deliver a comprehensive road safety program that reached 1,500 children and engaged 300 teachers, staff, and parents.

Social Reintegration of Children through Holistic Development

Youngistaan Foundation has played a significant role in juvenile rehabilitation and reintegration, focusing on equipping children in correctional facilities with the skills, confidence, and support they need to successfully transition back into society. In collaboration with **Bosch Global Software Technologies Pvt. Ltd., the Government of Telangana Women Development & Child Welfare Department – Department of Juvenile Welfare, Correctional Services and Welfare of Street Children, the Telangana State Commission for Protection of Child Rights, and the Telangana Social Impact Group**, the organization established a structured, nurturing environment for juveniles at the Special Home for Boys in Hyderabad.

By implementing a comprehensive rehabilitation program at the Boys' Special Home, the Foundation provided vocational training, soft skills, STEM education, and recreational activities. This initiative addressed critical needs through structured learning, emotional support, and opportunities for reintegration, resulting in measurable improvements in the lives of 39 children. The partnerships introduced a wide-ranging strategy centered on four major components. Each element equipped children with practical abilities and self-assurance for a smooth return to society.

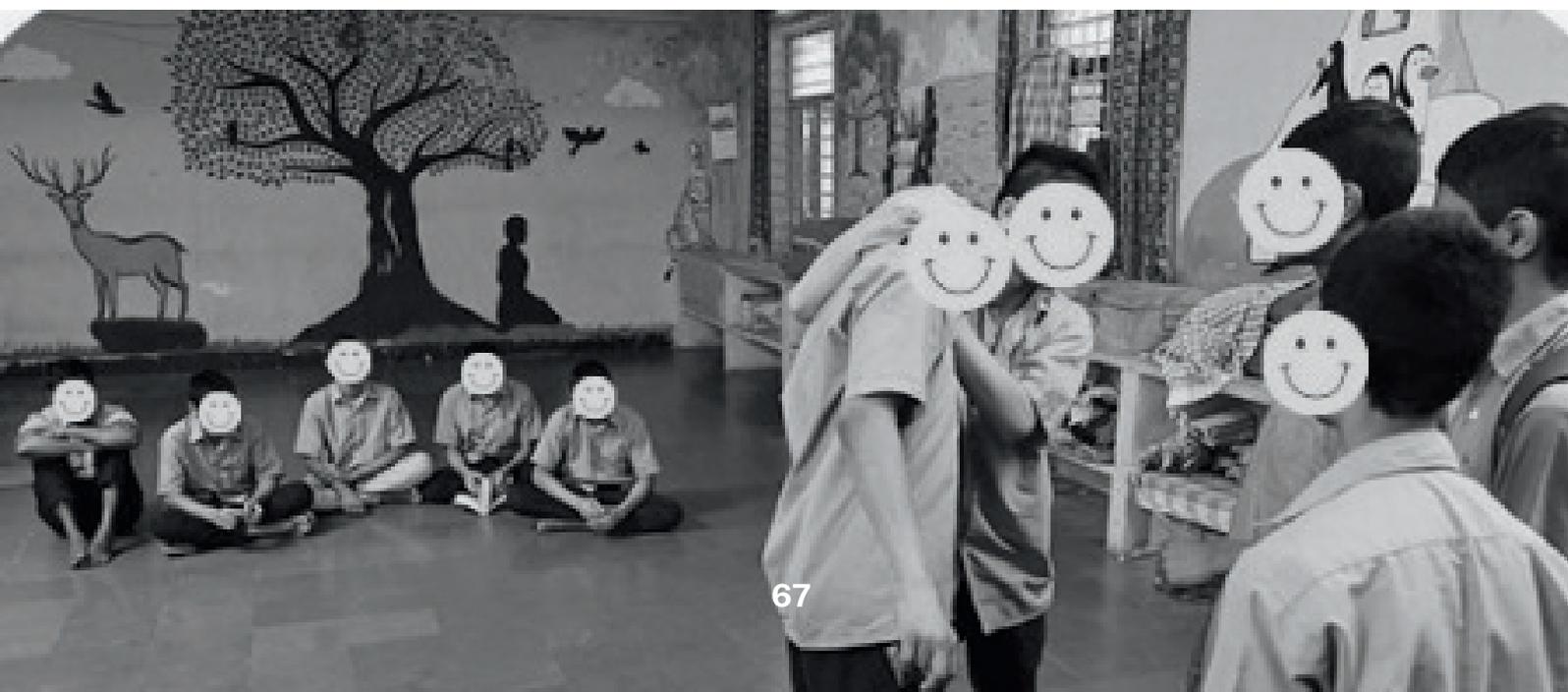
THEATER COURSE

The Theater Course blended music, dance, and communication exercises for 39 students. This approach culminated in a live performance for an external audience, strengthening self-expression and preparing participants for public engagement – valuable in both personal and professional arenas.

Many juveniles arrived at the facility with low self-esteem and limited social abilities. By creating a safe space for storytelling and role-playing, the program helped participants build self-worth, improve communication, and see new possibilities beyond the special home.

HAIRCUTTING & PHOTOGRAPHY COURSE

The Certified Vocational Training -Haircutting & Photography course offered direct pathways to financial stability, 22 students participated in a 60-day training course – 10 in haircutting and 12 in photography. Each individual received a certification, increasing credibility in their chosen field and lowering the likelihood of returning to correctional systems. Learning these marketable skills gave participants greater confidence, encouraged independence, and positioned them for better opportunities when reentering society.



TINKERING LAB

A Tinkering Lab was introduced at the Special Home for Boys, providing all 39 children with hands-on projects that strengthened critical thinking, problem-solving, and technical capabilities. This modern learning environment supported them in exploring technology and practical skills through interactive lessons. By gaining a deeper understanding of STEM concepts, participants enhanced their academic outlook and grew more motivated to pursue further education or future careers in technology-based fields.

MULTI-PURPOSE BASKETBALL COURT

The Multi-Purpose Basketball Court concentrated on physical and mental health, a new basketball court served as a daily coaching space for 39 children under a professional instructor's guidance. This structured athletic activity encouraged discipline, teamwork, and confidence — offering a beneficial outlet for stress and building positive coping methods. In tandem with mentorship and community involvement, these efforts helped participants develop a stronger sense of belonging and readiness for a successful transition back into society.

Building on the project's success, several key recommendations can further strengthen juvenile rehabilitation efforts.

Enhanced Educational and Vocational Offerings involve expanding the curriculum to include advanced coursework and tailoring vocational training to diverse participant interests.

Care Plans propose the development of individual care and aftercare strategies for children in conflict with the law, ensuring progress is monitored and supported consistently. Cross-Learning Efforts encourage partnerships with organizations working in similar fields, facilitating an exchange of best practices that can be implemented across the sector. Finally, Psycho-Social Support calls for integrating approaches aligned with Cognitive Behavioral Therapy (CBT), alongside art and cultural practices, to address the emotional and social needs of juveniles in a comprehensive manner.

The “Social Re-integration of Children through Holistic Development” initiative has shown how a well-rounded approach can truly transform juvenile rehabilitation.

By offering practical skills, educational opportunities, and a supportive environment, the program has helped children build the confidence and capabilities needed for a successful return to society.

These achievements highlight the importance of continued investment in programs that address not only the educational and vocational aspects of rehabilitation but also the psychological and social needs of young participants. With ongoing support and commitment, these efforts can lead to safer, more strong communities where children are empowered to reach their full potential.



Impact Made

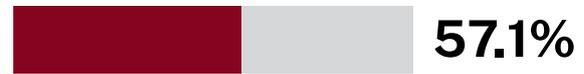
Social Empowerment

Interpersonal Skills



78.6% of participants reported extreme improvement, particularly notable among younger boys and those with lower educational backgrounds.

Teamwork Skills



57.1% experienced extreme improvement, indicating effective collaboration & interpersonal development.

Vocational Skill Development

Haircut Training



All participants rated their engagement as excellent, with 50% feeling moderately prepared for job opportunities. Feedback highlighted a desire for advanced courses and further skill development in specific techniques.

Photography Training



76.9% rated their engagement as excellent, with 84.6% feeling moderately to extremely prepared for job opportunities. Areas for improvement included mastering advanced techniques and extending practice sessions.

Personal Development and Skill Enhancement

Leadership Skills



64.3% reported extreme improvement particularly among boys with 6th-10th grade education.

Problem-Solving Abilities



71.4% experienced extreme improvement, crucial for independent decision-making and critical thinking.

Community Integration and Support Systems

Stakeholder Engagement

Positive feedback from trainers highlighted high levels of participant engagement and willingness to learn, though challenges in certain skill areas, such as leadership and problem-solving, were noted.

Sustainable Development Goals (SDGs) Addressed



The program helped juveniles pick up practical skills that increase their chances of finding stable work, breaking the cycle of poverty.



By focusing on inclusive learning, it made sure every child, no matter their background, had access to quality education.



With market-focused training, the initiative paved the way for sustainable economic growth by preparing juveniles for real-world job opportunities.



It also ensured equal opportunities for juveniles in conflict with the law, helping them reintegrate into society and reduce disparities.

MEETING A CRITICAL NEED

For juveniles in correctional facilities, the lack of structured rehabilitation programs often leads to social alienation, unemployment, and higher rates of reoffending. The intervention directly addressed these challenges by providing skills, education, and emotional support key elements in breaking cycles of disadvantage. This project:

- Created pathways to employment through vocational training and certification.
- Expanded access to education and digital literacy, so juveniles could keep up with a changing world.
- Helped juveniles build leadership, teamwork, and social skills, making reintegration more manageable.
- Encouraged emotional well-being, creating a strong foundation for their future.

ROAD AHEAD

With this program showing strong results, Youngistaan Foundation is looking at ways to build on the progress made:

Expanding support to 120 more children in juvenile rehabilitation centers.

Introducing advanced training programs to improve employment readiness.

Developing community-based reintegration models to provide continued mentorship post-release.

Working toward policy changes that improve rehabilitation programs for juveniles.



CSR COLLABORATIONS & IMPACT

SYNCHRONY

Between April and June 2023, Youngistaan Foundation, in collaboration with the Asian Professional Engagement Network+ from Synchrony, led a heartfelt employee engagement initiative that resulted in the distribution of 1,000 freshly cooked meals to individuals experiencing homelessness and shelter residents across Hyderabad.

What set this initiative apart was the active involvement of Synchrony's employees. Rather than supporting from a distance, they stepped forward to serve meals, engage with the community, and bring dignity and comfort to those in need. This collaboration demonstrated that meaningful impact doesn't always come from grand gestures — sometimes it's found in a warm meal, a kind word, or simply showing up with care. Synchrony's team exemplified compassion in action, and their commitment to service left a lasting impression.

ALTIMETRIK

In partnership with Altimetrik, Youngistaan Foundation launched the "Menstrual Equity" project, focused on promoting safe menstrual health, hygiene, child safety, and gender equality for adolescent girls.

As part of this initiative, menstrual equity clubs are being established in schools, and incinerators are being installed in government institutions to ensure safe menstrual waste disposal. Recently, Altimetrik's team facilitated a menstrual health session at a government

school in Hyderabad — opening up dialogue and advancing awareness among young students. This partnership marks steady progress in building informed, safe, and stigma-free environments for girls.

ICERTIS INC.

Youngistaan Foundation teamed up with Icertis Inc. to organize a Tree Planting Initiative, where 35 fruit saplings and 15 seeds were planted with the involvement of schoolchildren.

More than just an environmental activity, this effort introduced children to the value of climate action and sustainable living. The students took part in a planting challenge, nurturing the saplings and learning about their role in reforestation. This initiative reinforced the importance of environmental stewardship and contributed to advancing Sustainable Development Goals (SDGs).

PROVIDENCE INDIA

In a pro bono partnership with Providence India, Youngistaan Foundation expanded its Social and Emotional Learning (SEL) program in February 2024, reaching over 70 children at a new location.

Additionally, the successful completion of the PMP (Project Management Principles) Project equipped 140 girl students with essential life and leadership skills. These efforts reflect a shared commitment to building safe, informed, and empowered communities, and highlight the tangible outcomes of strong corporate-social collaborations in the field of education.

1,210

total beneficiaries reached through corporate volunteering partnerships

90

of corporate employees participated in on-ground volunteering activities

405

total volunteer hours contributed across various initiatives

210

children supported through SEL and PMP initiatives (Providence India)

1,000

freshly cooked meals distributed to individuals experiencing homelessness (Synchrony)

4

total # of corporate partners collaborated through structured engagement

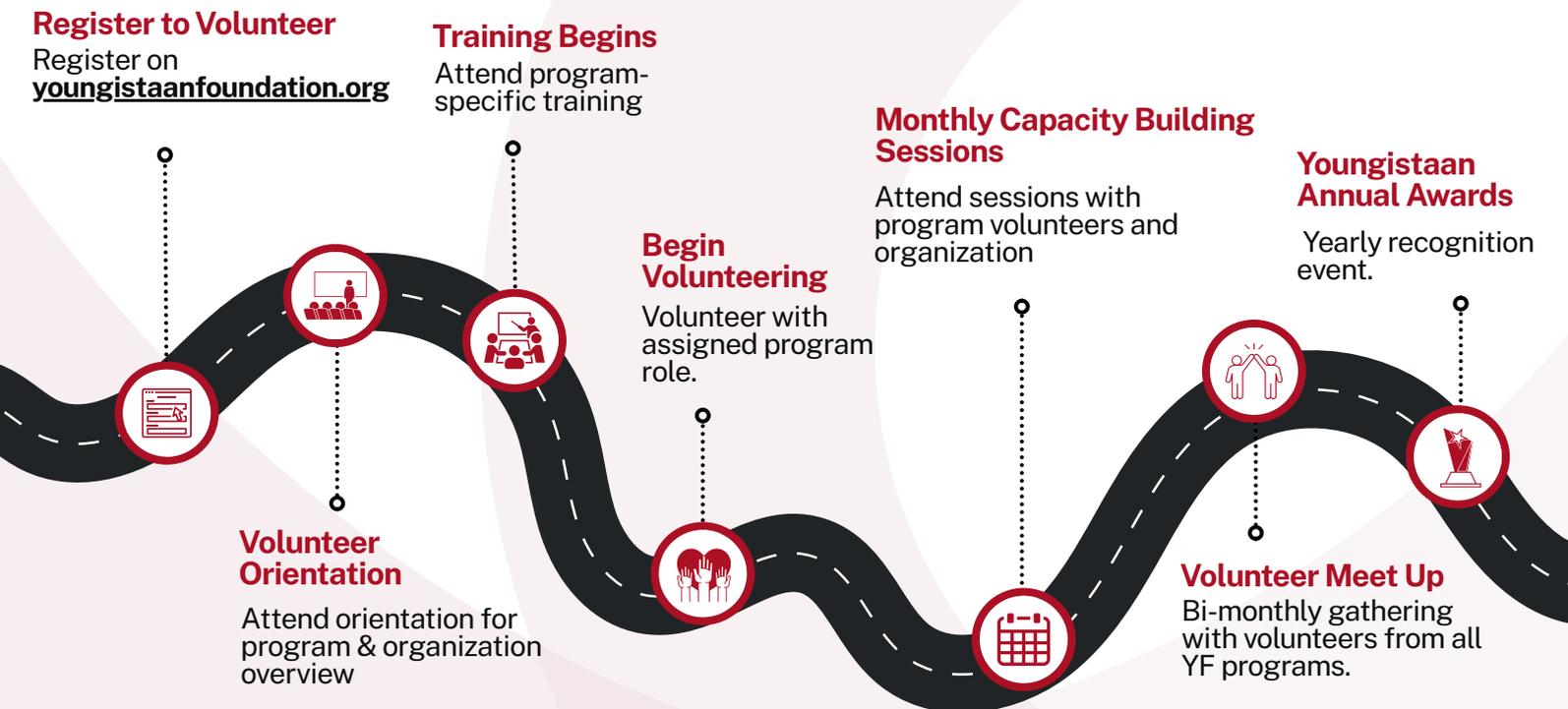
The Role of Volunteers

Volunteers play a crucial role in driving positive change around the world, especially during challenging times of crisis or social transformation. Youngistaan Foundation offers a platform for individuals eager to make a tangible difference and uplift entire communities. Over the past eight years, more than 70,000 young people have engaged with the organization, showing how dedicated volunteers can shape a better world.

Enthusiastic individuals lead projects that invite both volunteering and collaboration. Whether joining ongoing initiatives or starting new ones, there's room for everyone to contribute. In the process, volunteers gain personal growth, develop valuable skills, and become advocates for important social causes.

The commitment of these volunteers underpins the Foundation's successes and creates a lasting impact on society. Over the past year, the organization's achievements owe much to these passionate individuals, whose dedication and drive have elevated the mission and positively influenced the communities served.

Register and discover the experience of volunteering with Youngistaan Foundation. Here is an overview of the journey as a volunteer:



VOLUNTEER ENGAGEMENT INITIATIVES

Gratitude Gala 2023 was more than just a gathering — it served as a powerful reminder of what can happen when individuals unite to create change. Volunteers, the heart of Youngistaan Foundation, came together to share experiences, learn from one another, and spark new ideas.

The atmosphere was filled with energy and genuine stories of impact. Participants spoke about the lives they had touched and how the journey had shaped their own perspectives. Their efforts not only provided essential support but also fostered a stronger, more connected community. The event highlighted an important truth: meaningful change happens when people show up with dedication, compassion, and a willingness to learn. Every conversation and shared experience illustrated the vital role each volunteer plays in shaping a better future.

As the organization reflects on the past year, these lessons remain at the forefront. Youngistaan Foundation continues to grow through the commitment of those who step forward, work together, and believe in the power of taking action.



VOLUNTEER WELLNESS WORKSHOP

As part of our ongoing commitment to volunteer care, we hosted a cultural potluck followed by an interactive well-being session titled “Exploring Emotions: Well-being is more than just a buzzword,” led by Satvika.

The 60-minute session offered a safe and reflective space for volunteers to share personal experiences, talk through challenges faced in the development sector, and explore practical strategies for emotional well-being. The gathering also strengthened bonds within the team, reminding us that community care begins with caring for ourselves and each other.



Volunteer Spotlight

From May 2023 to April 2024, our volunteers have given their time and effort to help others. Whether cooking meals for the homeless, supporting children, or starting conversations about menstrual health, they have made a real difference. Their stories show the impact of kindness and the power of giving back. We hope their journeys inspire you as much as they inspire us.



Archana – Gender & Health Program

Every week, Archana takes a two-hour journey to volunteer for the Menstrual Health and Hygiene campaign while managing her law studies. Despite the long commute, she never hesitates to educate children about menstrual health. Her determination proves that real change happens when people are willing to go the extra mile — literally.



Anusha Reddy – SEL Initiative, Education Program

In Ambedkar Nagar Basti, Anusha is a familiar, caring presence for the youngest children in our social-emotional learning program. She creates a space where they feel safe, valued, and supported, helping them gain confidence from an early age. Her kindness and patience show that small gestures can have a big impact.



Hiran – SEL Initiative, Education Program

Hiran brings structure and encouragement to her group of 10 to 13-year-olds, guiding them with care and consistency. Known for her discipline and passion for sustainability, she teaches more than just lessons — she helps them grow into thoughtful individuals. Her steady presence reminds us that impact is felt in the way we inspire and support others.



Swetha Sankaran – SEL Initiative, Education Program

Swetha's role as a volunteer coordinator is more than organizing sessions — she builds meaningful connections with the children she mentors. Her ability to listen, adapt, and create a space where they feel heard makes all the difference. Through her leadership, she shows that true impact comes from understanding, encouragement, and trust.



Kiran Barthwal – Gender & Health Program

With a pen in hand and a passion for change, Kiran turns poetry and storytelling into tools for awareness. She simplifies complex topics like menstrual health, voting & climate action, making them easy to understand for everyone, including children. Traveling by public transport on weekends to lead sessions, she proves that creativity and commitment can drive real change.



Vijay Geedi – Hunger & Livelihood Program

Vijay balances a busy job while spending the past three years making sure homeless individuals receive fresh, nutritious meals. He cooks, drives across the city to deliver food, and takes the time to listen, offering support when it's needed most. His hands-on approach and kindness show that real change comes from both action and compassion.



Nehith – Hunger & Livelihood Program

Between his engineering studies, Nehith finds time to cook fresh meals and feed the homeless, bringing more than just food — he brings care. His generosity doesn't stop there — whether it's lending a hand or offering a kind word, he's always ready to help. Nehith's actions remind us that no matter how young or busy we are, there's always a way to make a difference.

2023-24 Annual Awards

Youngistaan Foundation's annual awards ceremony, held as part of the Formation Day celebrations, brought together passionate volunteers committed to creating social impact.

The event featured awards such as Volunteer of the Year, MVP, Spotlight, Changemaker, Maverick, and Dream Team, reflecting the community's exceptional teamwork. The ceremony also sparked connections among participants, creating a platform for networking, idea-sharing, and collaboration. This gathering was a testament to the community's passion and commitment to making a positive difference in the world.

THE MAVERICK AWARD
(Employee of the Year)



RUTHVIKA KAVURU

Operations and Special Projects Manager of Youngistaan Foundation

MVP AWARD
(Most Valuable Person)



NEHA MATHUR
Program Head - Early Learning Education Program

JESU VANDANA
Program Coordinator - Social Emotional Learning Program & Special Projects

MVP AWARD
(Most Valuable Person)



NIKITHA DEVI
Program Coordinator - Animal Heroes

RAJ PRAVEEN
Program Coordinator - Hunger & Livelihood Program

CHANGEMAKER AWARD
(Volunteer of the Year)



KIRAN BARTHVAL

Volunteer for the Gender & Health Program

SPECIAL MENTION AWARD



ANUSHA MULAGUNDLA

Volunteer for the Social Emotional Learning Initiative in the Education Program

SPOTLIGHT AWARD
(Program Volunteer of the Year)



ARCHANA AMBOJI

Volunteer for the Gender & Health Program

SPOTLIGHT AWARD
(Program Volunteer of the Year)



VIJAY GEEDI

Volunteer for the Hunger & Livelihood Program

SPOTLIGHT AWARD
(Program Volunteer of the Year)



RUSHIKA GUNDU

Volunteer for the SEL Initiative in the Education Program

DREAM TEAM AWARD
(PROGRAM OF THE YEAR)



SEL TEAM

Social Emotional Learning Initiative (SEL) volunteers as a part of our Education Program

How You Can Join In

CSR PARTNERSHIPS • DONATIONS • VOLUNTEERING

At Youngistaan Foundation, collaboration is at the heart of everything we do. Whether you're a company looking to lead with purpose, an individual wanting to give back, or someone eager to contribute time and skills — there's a way for you to be part of the movement. In 2023–2024, our partners helped bring food, education, healthcare, menstrual dignity, and emotional support to communities across Telangana. Together, we advanced progress toward the Sustainable Development Goals (SDGs) — and there's so much more we can do with you onboard.

CSR CONNECT

Looking to drive social impact through your CSR initiatives? We work closely with corporates to design and deliver high-impact programs aligned with the SDGs. From employee volunteering to community-driven projects, our partnerships are built to reflect your values while addressing real needs on the ground.

To explore collaboration opportunities, reach out to arun@youngistaanfoundation.org

DONATE

Want to contribute as an individual? Every donation supports grassroots action — providing meals, education materials, healthcare, and safe spaces for those who need them most. As a registered nonprofit (12AA & 80G certified, CSR-1 accredited), your donation is also eligible for tax exemption.

Small or large, your support helps move lives forward.
Visit youngistaanfoundation.org/donate/

VOLUNTEER WITH US

Ready to give your time, talent, or voice? Our volunteer network is the driving force behind every campaign and community event. Whether it's teaching, mentoring, event support, or creating awareness — there's always a place for you here.

Join our growing community of change-makers.
Visit youngistaanfoundation.org/become-a-volunteer/



Connect With Us



Thank you for taking the time to review our Annual Report. Your interest in our work means a great deal to us. If you have any questions, feedback or would like to get involved in our mission, we would be glad to hear from you. Whether you are a potential partner, donor, volunteer, or supporter — your voice and presence matter.

REACH OUT

Phone: +91 99853 42224

Email: arun@youngistaanfoundation.org

Website: youngistaanfoundation.org

FOLLOW US ONLINE

Stay updated on our programs, events, and ways to support:

Instagram: @youngistaan_foundation

Facebook: youngistaan_foundation

X (Twitter): @YoungistaanFDN

LinkedIn: youngistaan-foundation

YouTube: @YoungistaanFoundation

Threads: @younghyd

We look forward to connecting with you.



“Real change begins when we choose to show up — for someone else, for something bigger than ourselves, for a future we can build together.”

— Inspired by the spirit of Youngistaan Foundation