



2022-23 annual report

 [+919885342224](tel:+919885342224)

 arun@youngistaanfoundation.org

 youngistaanfoundation.org

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letter from the founder



Dear Supporters, Volunteers, and Partners

I am happy to share Youngistaan Foundation's remarkable journey this past year. Your support and dedication has helped us forward, making a tangible difference in countless lives. In partnership with organizations like GHMC, T-Hub, TSIC, Telangana Police, US Consulate, Unicef India, Synchrony India, Park Hyatt and many others, we've conducted impactful programs across various domains, from Covid-19 awareness to youth empowerment and climate change. These collaborative efforts have fostered resilience and positive change within communities.

Our initiatives in education, gender equality, health, and livelihood empowerment, undertaken with esteemed partners, have paved the way for inclusive growth and sustainable development. I am also proud to share that I was selected to represent India in the prestigious State IVLP exchange program in 2022 held in the US, focusing on the topic of Youth and Civic Engagement. This opportunity allowed me to integrate insights gained from the exchange with over 25 organizations, enriching our approach and impact. As we look ahead, I am filled with optimism about deepening our impact and expanding our reach. None of our achievements would have been possible without the generous support and collaboration of our partners, donors, volunteers, and community members.

I extend my gratitude to each one of you for your invaluable contributions and continuing commitment to our cause. Your continued support strengthens our resolve to build a brighter, more equitable future for all. As we bid farewell to this year and embrace the new year with renewed vigor, let us reaffirm our collective commitment to driving positive change and fostering a culture of empathy, compassion, and solidarity. Thank you for being an integral part of our journey. Together, we can create a world where every individual has the opportunity to thrive and fulfill their potential.

Thank you,

Arun Daniel Yellamaty

Managing Trustee, Director of Youngistaan Foundation

our team

The Youngistaan Foundation team is committed to driving social impact through collaborative efforts and diverse expertise. Our professionals deliver meaningful programs that empower communities and support sustainable development.



PRAVEEN RAJ

Program Head - Hunger & Livelihood Program

Praveen has been with Youngistaan Foundation since 2014, starting as a volunteer and now leading the foundation's Food and Homeless Rehabilitation Program. In this role, he oversees initiatives aimed at providing essential support to vulnerable communities, focusing on hunger relief and sustainable rehabilitation for the homeless, and he is also our board member. Alongside his impactful work at Youngistaan, Praveen is a Financial Editor at Factset Financial Services, where he leverages his expertise in finance. His dual commitment to social welfare and professional excellence reflects his dedication to making a difference both in his career and within the community.



RAGHAVENDRA K

Program Coordinator and IT

Raghavendra K began his journey with Youngistaan Foundation in 2015 as a volunteer in the food program. Over the years, he has become an integral part of the program while also lending his expertise in IT support and fundraising. In addition to these roles, Raghavendra serves as a board member, contributing to the foundation's strategic growth. Outside of Youngistaan, he works with Deloitte, balancing his professional career with his dedication to social impact. His multifaceted involvement showcases his commitment to the foundation's mission and its operational success.

our team



NEHA MATHUR
Program Head - Early Learning

Neha has been associated with Youngistaan Foundation for the past 9 years, starting as a volunteer. She has played a vital role in ideating and building the foundation's education program to address educational inequity. Currently, she leads the Early Childhood Program in school contexts, focusing on helping schools create safe and developmentally appropriate learning experiences for young children. Neha's commitment to education and her understanding of community needs drive her efforts to empower both children and educators in creating a positive learning environment.



PHANEETH JANGA
Finance Coordinator

Phaneeth Janga joined Youngistaan Foundation in 2015, starting as a volunteer with the education program. After contributing to the fundraising team, he now oversees the organization's finances and serves as a board member. In his role, Phaneeth ensures the financial sustainability of the foundation while playing an integral part in its strategic direction. Alongside his work at Youngistaan, he is employed with McAfee. His journey from volunteer to board member reflects his deep commitment to the foundation and its mission.

our team



RUTHVIKA KAVURU

Operations and Special Projects Manager

Ruthvika is a passionate 26-year-old social worker, artist, and development communicator with a master's degree in development communications. As the Manager for Operations and Special Projects at Youngistaan Foundation, she brings eight years of experience implementing grassroots programs for women, children, adolescents, youth, and the homeless. Ruthvika, who grew at the organization fresh out of college, has been with Youngistaan Foundation for over eight years. She oversees the foundation's menstrual health program and plays a key role in managing daily operations, ensuring the smooth execution of initiatives, coordinating teams, and driving project outcomes. She also organizes impactful events to engage youth in advocating for active citizenship, gender-based violence awareness, and more. Ruthvika is committed to empowering young people and supporting their involvement as equal partners in creating lasting social change.



NIKITHA DEVI

Program Head - Youngistaan Animal Heroes

Nikitha joined Youngistaan Foundation in 2018 with a passion for supporting people in need. Initially unfamiliar with working with animals, her involvement in the Youngistaan Animal Heroes program sparked a deep connection, and she now leads the foundation's Animal Support Program and also is our board member. Under her leadership, the program has grown to provide essential care and support for animals in need. When she's not volunteering, Nikitha works with Angel One, balancing her professional career with her commitment to animal welfare. Her journey reflects her adaptability and growing passion for creating positive change in both human and animal communities.

our team



SHIRLEY BOBBY
Communications Coordinator

Shirley brings over a decade of rich experience in the development sector, specializing in research, writing and communication. Her deep understanding of these fields, combined with her creative approach, allows her to effectively manage social media, craft compelling narratives, and oversee communication strategies at Youngistaan Foundation. With her expertise, she plays a key role in amplifying the organization's mission and impact.



G. JESU VANDANA
Program Coordinator - Social Emotional Learning (SEL) and Special Projects

Jesu is a passionate social worker from Hyderabad, brings over 13 years of experience in the development sector, focusing on education, accessibility, and empowerment. With certifications in lay counseling, child safety, and design thinking, she transitioned from a corporate career to the development sector to make a lasting impact. As the Social Emotional Learning (SEL) and Special Projects Program Coordinator at Youngistaan Foundation, Vandana oversees program operations, designs learning experiences, mentors volunteers, and ensures effective implementation of programs. Her blend of corporate expertise and volunteer work drives her commitment to creating sustainable solutions and supporting community development



YOUNGISTAAN FOUNDATION

organization overview

Youngistaan Foundation is one of India's largest volunteer driven, grassroots NGO that works to improve the lives of the most underprivileged and disadvantaged people through programs that address issues such as: hunger, homelessness, poverty, livelihood, education inequity, gender inequality, unsafe menstruation, mental health, animal abuse, cyber crimes, climate crisis, natural calamities by nurturing young people through capacity building and liaising with public-private stakeholders.

Registered in 2014, Youngistaan Foundation provides a platform for young people to connect with other socially aware individuals and effect real change in our neighborhoods and communities. We have supported the lives of 5 million people in 60 cities in India, through the engagement of 70,000 young individuals and strategic collaborations with over 100 government, private, and civil society organizations.

OUR MISSION

We actively involve them in meaningful activities and initiatives, equipping them with the confidence and tools to make a positive impact. We encourage empathy towards underprivileged communities and provide resources and support to help youth develop their skills and abilities.





our *partnerships*

TELANGANA POLICE

In partnership with the Telangana State Police Women Safety Wing, the Department of School Education, and cyber experts, this project was designed to raise awareness of cyber safety and security measures. The initiative successfully reached 3,300 students from 1,650 government schools across 33 districts. By collaborating with these key organizations, the project aimed to equip students with essential knowledge and skills to navigate the digital world safely and securely.

UNICEF INDIA

In partnership with UNICEF India, a Menstrual Health Month Campaign was launched to spread awareness about menstrual health and hygiene. The initiative reached 1 million people across 33 districts in Telangana State through online and on-ground activities. It focused on breaking taboos, supporting menstrual equity, and training 50 young women to become Menstrual Champions. The campaign also encouraged conversations across generations and engaged communities through virtual symposiums and social media campaigns.

A man with a mustache, wearing a red button-down shirt, is speaking into a black microphone on a stage. He is looking slightly to his right. The background is dark with a blue screen partially visible on the right side. The text 'our partnerships' is overlaid on the bottom half of the image.

our partnerships

T-HUB & TELANGANA STATE INNOVATION CELL

We collaborated with T-Hub and the Telangana State Innovation Cell to organize the Day of the Girl event, empowering adolescent girls with leadership and innovation skills. The event brought together young girl innovators, aspiring social entrepreneurs, and global girl change-makers. Over 200 participants attended, providing a platform for young voices to engage with policymakers and social entrepreneurs. Prominent speakers from the government and innovation sectors inspired the girls to pursue leadership roles, impacting knowledge exchange, supporting girls' education and well-being, and introducing underserved girls to the innovation hub.

HYDERABAD ARTS & CULTURE COMMUNITY, HYDERABAD STORYTELLERS ASSOCIATION

The "Break the Silence around Periods" event featured slam poets, comedians, and storytellers advocating for menstrual health awareness and challenging societal taboos. This diverse and engaging approach successfully raised awareness and initiated open conversations about menstruation. The event had an impact by breaking down stigmas and empowering participants to discuss menstrual health openly.

FERNANDEZ HOSPITAL

Fernandez Hospital partnered with us for a clothes drive, distributing pre-loved clothes, blankets, and kitchen items to residents of Hyderabad. The initiative reached seven locations, including shelter homes, facilities for people with disabilities, child care institutions, and urban slums.



our **partnerships**

US CONSULATE IN HYDERABAD

We partnered with the U.S. Consulate in Hyderabad for the “Young Climate Leaders Action Project.” This collaboration brought essential resources, expertise, and support to our efforts to raise awareness and reduce plastic waste. Together, we organized training sessions, conducted community outreach, and implemented sustainable solutions through international cooperation to address environmental issues.

UNICEF INDIA AND MANIKONDA MUNICIPALITY

The ‘We Volunteer’ project raised awareness on COVID-19 prevention, WASH practices, and waste management among rag pickers and garbage collectors. We conducted sessions in schools and communities and distributed 100 hand hygiene kits in Manikonda. This initiative improved hygiene practices and provided essential resources to a vulnerable community.



our *partnerships*

SYNCHRONY INDIA

In collaboration with Synchrony India, we delivered over 100 nutrition kits to the Transgender Community in Hyderabad and neighboring districts. Synchrony employees actively participated, engaging with the community to understand their talents and aspirations. This initiative met immediate needs and built stronger community connections.

PARK HYATT

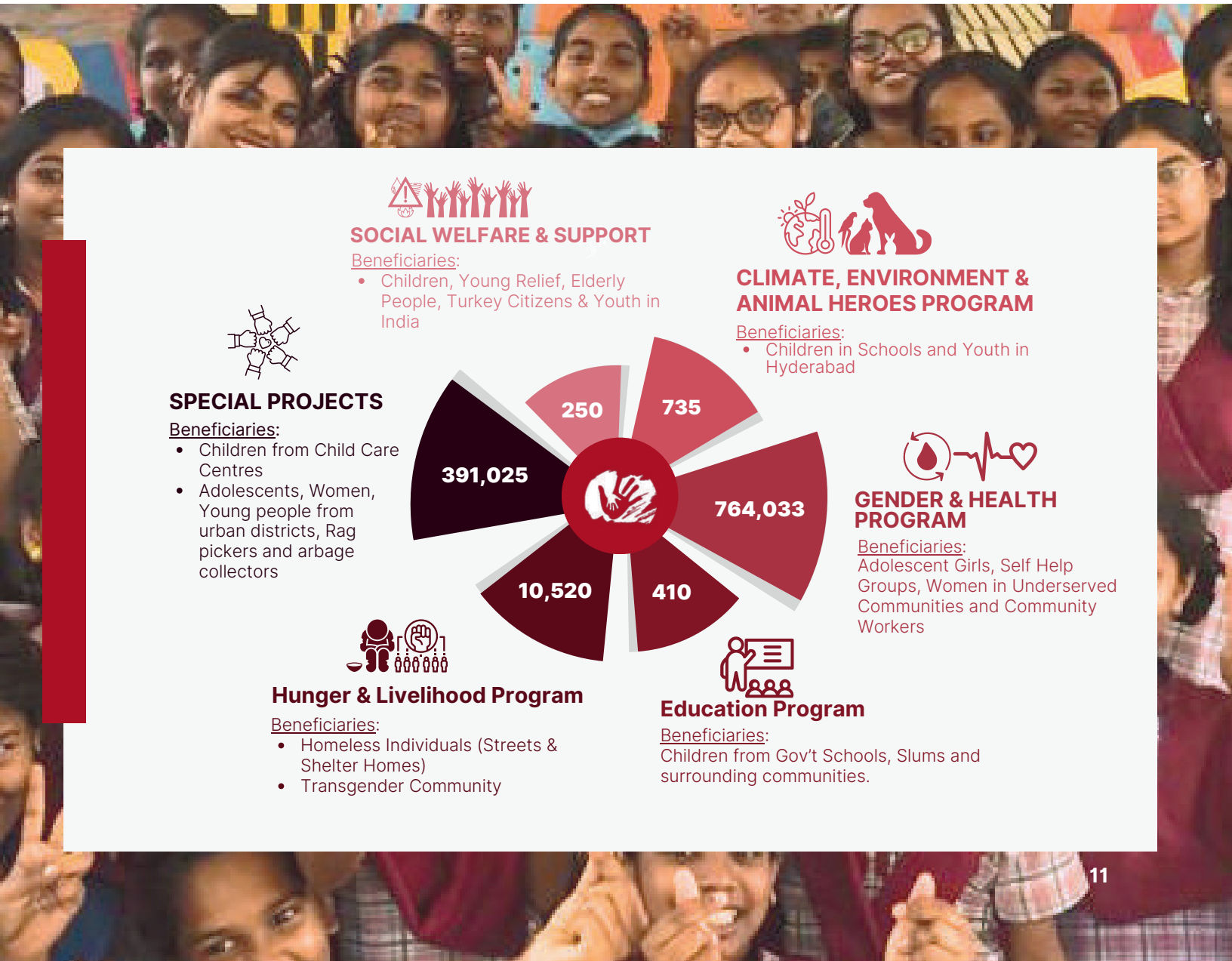
Park Hyatt partnered with us to celebrate Republic Day with Hyderabad's transgender community. Following the flag-raising ceremony and breakfast, job and skills opportunities were introduced to support inclusivity and economic empowerment. Each participant also received a month's worth of food and nutrition kits.

GREATER HYDERABAD MUNICIPAL CORP. (GHMC)

We participated in a meeting on Disaster Management with GHMC to discuss strategies for preventing and responding to fire accidents, floods, and other emergencies. This partnership has strengthened our ability to effectively manage disasters and protect vulnerable communities.

beneficiaries reached

In 2022-23, our programs reached **over 1,166,973 beneficiaries**. Reaching out to each beneficiary created a ripple effect, as they shared their gained knowledge and empowerment with others, spreading the positive impact even further. By supporting marginalized and vulnerable groups, we created inclusivity and strengthened social bonds, making sure no one was left behind. Our ultimate goal was to create a more equitable world where everyone had the chance to thrive and make meaningful contributions to society.



SOCIAL WELFARE & SUPPORT

Beneficiaries:

- Children, Young Relief, Elderly People, Turkey Citizens & Youth in India



SPECIAL PROJECTS

Beneficiaries:

- Children from Child Care Centres
- Adolescents, Women, Young people from urban districts, Rag pickers and arbage collectors



CLIMATE, ENVIRONMENT & ANIMAL HEROES PROGRAM

Beneficiaries:

- Children in Schools and Youth in Hyderabad



GENDER & HEALTH PROGRAM

Beneficiaries:

- Adolescent Girls, Self Help Groups, Women in Underserved Communities and Community Workers



Hunger & Livelihood Program

Beneficiaries:

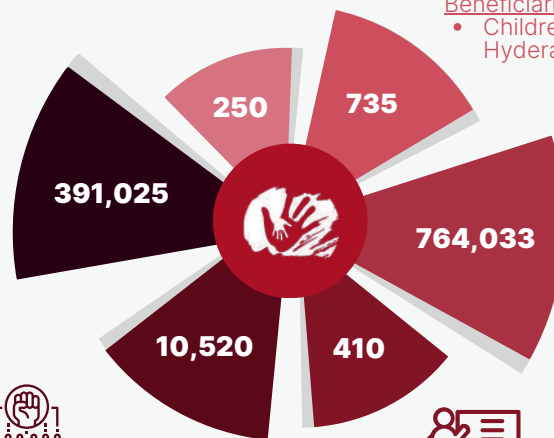
- Homeless Individuals (Streets & Shelter Homes)
- Transgender Community



Education Program

Beneficiaries:

- Children from Gov't Schools, Slums and surrounding communities.



volunteer impact

An overview of engagement trends from 2014 to 2023, detailing the total number of individuals engaged, hours spent, different types of individuals, and cities. Key highlights include an increase in engagement over time and a focus on active volunteers in 2022-23.



450

INDIVIDUALS ENGAGED IN 2022-23

supporting Youngistaan Foundation's community initiatives across 5 programs, including special projects.



31,200

HOURS SPENT IN 2022-23

reflect the dedicated efforts of individuals towards community service and making a tangible impact on those in need



70,000

INDIVIDUALS ENGAGED SINCE 2014

have joined Youngistaan Foundation's mission to create positive change in communities, lending their support to help those in need



21,840,000

HOURS SPENT FROM 2014 - 2022

highlight the immense dedication of individuals and the significant impact of our organization's mission on community service.

Types of Individuals Included



Volunteers



Interns



CSR Employees

our programs

6 Programs Addressing Social Issues that align with 11 UN SDG's



HUNGER & LIVELIHOOD

Feeding, Rescuing & Rehabilitating the Homeless, Driving LGBTQ+ Entrepreneurship & Skill.



GENDER & HEALTH

Advocating Behavioral Change for Menstrual Health, Promoting Mental Health & Well-being, and Sensitizing Communities for Gender Equality, while also raising awareness on Child Safety.



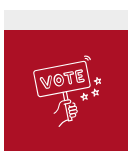
EDUCATION

Strengthening Social-Emotional Skills in Children from urban slums & child care centers, Foundational Learning Program in under-resourced schools



CLIMATE, ENVIRONMENT & ANIMAL HEROES

Ending Plastic Pollution & Waste Management, Reducing Carbon Footprint, Fostering Animal-Human Relationships



SOCIAL WELFARE & SUPPORT

Employee Engagement, Democracy, Youth Leadership & Disaster Relief



SPECIAL PROJECTS

Addresses targeted community needs through research, solutions, and collaborations with government bodies, CSR partners, etc., to maximize impact where it is most needed.

Our programs, aligned with the UN Sustainable Development Goals, aim to create lasting positive impacts on individuals and communities through research-based initiatives.





hunger & livelihood program

Feeding, Rescuing & Rehabilitating the Homeless,
Driving LGBTQ+ Entrepreneurship & Skills



FOOD & COUNSELING FOR THE HOMELESS

As part of our weekly program, we provided over 1000+ freshly cooked meals and distributed it to the homeless people and shelters in Hyderabad. In addition to the meal distribution, efforts were made to interact with the homeless population and provide assistance with livelihood, clothes & more.

CLOTHES & BLANKET DRIVE WITH FERNANDEZ HOSPITAL

In the Thanksgiving season, Fernandez Hospital joined us to distribute gently used clothes in Hyderabad. The employees from seven Fernandez Hospital branches collected winter clothes, blankets and kitchen items. The distribution reached 7 locations, including shelter homes, people with disabilities, child care institutions and urban slums through Anganwadi Centers.

TRANSGENDER COMMUNITY WITH PARK HYATT

Park Hyatt partnered with us to celebrate Republic Day by raising the flag with Hyderabad's transgender community. After the ceremony & breakfast, job and skills opportunities were introduced for the community, aiming to promote inclusivity and economic empowerment. Each participant received a month's worth of food and nutrition kits to conclude the session.

TRANSGENDER COMMUNITY WITH SYNCHRONY INDIA

Partnering with Synchrony India, challenges encountered by the Transgender Community in fulfilling their essential needs were tackled. The initiative included delivering 100+ nutrition kits to the transgender community in Hyderabad and neighboring districts. Synchrony employees actively participated in packing and distributing these kits, engaging with the community to discover their talents, ideas, and aspirations. Beyond addressing immediate needs, the project sought to build understanding and connection.



GOALS ACHIEVED

- Provided 10,250 nutritious meals to homeless individuals and marginalized communities.
- Supported 270 transgender individuals and other homeless people with essential services to improve their living conditions.
- We helped marginalized groups, working to reduce social inequalities and create inclusion.
- The program changed societal attitudes towards homelessness and the transgender community through advocacy and education.

10,520

BENEFICIARIES REACHED





gender & health program

Advocating Behavioral Change for Menstrual Health, Promoting Mental Health & Well-being, and Sensitizing Communities for Gender Equality, while also raising awareness on Child Safety.



MENSTRUAL HEALTH MONTH CAMPAIGN

The entire month of May 2022, Youngistaan Foundation in partnership with UNICEF India is holding online and on-ground activities to raise awareness. Our aim was to achieve the following objectives through our online and on-ground activities to reach 1 million people:

- Break taboos and end the stigma surrounding menstruation
- Raise awareness on menstrual equity and period-friendly sanitation facilities
- Encourage girls and young women sharing training insights with academic, slum, and community settings.
- Encourage cross-generational talks on menstrual health through traditional and digital media.
- Host virtual symposiums and social media campaigns with the cohort of identified MHM Goodwill Ambassadors
- Train 50 young women as Menstrual Champions who will further train others

Online Campaigns

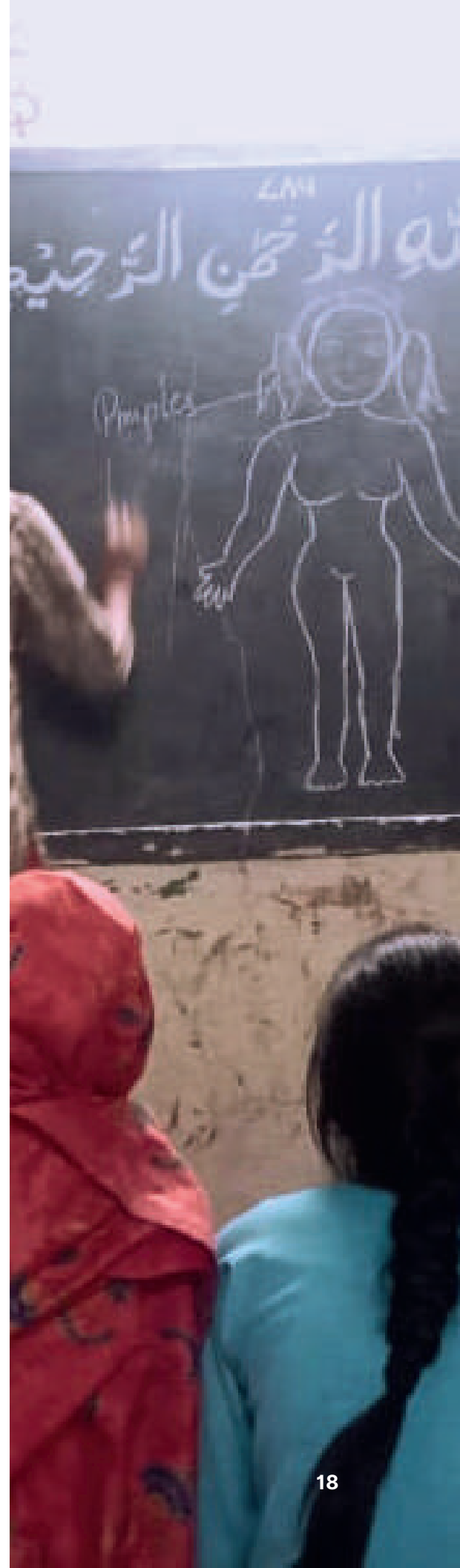
A month-long social media initiative was launched, with the main goals focusing on:

- Menstrual hygiene management
- Breaking taboos surrounding menstruation.

On Ground Campaigns

Throughout the month, we held on-ground sessions to 6,352 people throughout Hyderabad on the following topics to ensure that young people have information on:

- What is menstruation?
- What happens during the menstrual cycle?
- How do we use menstrual products?
- PMS (it's real)
- Myths, taboos and stigma on periods
- How do you properly wash your hands?
- What can you do to build immunity?
- What foods contribute to a healthy diet?
- How can you avoid spreading germs?





Break the Silence Around Periods Event

The event at Lamakaan on May 21st, 2022 in Hyderabad, part of Youngistaan Foundation's Menstrual Hygiene Month campaign, hosted 412 attendees. Activities included slam poets Rana Khan and Krishna highlighting sustainable menstruation, comedian Roshni Rao normalizing period talk, and a skit by the Hyderabad Storytellers Association on menstrual education.

Attendees shared personal experiences on menstrual stigma, including instances of family shunning, while men expressed gratitude for the event's educational environment.

MHM AWARENESS SESSIONS

The menstrual hygiene awareness sessions aimed to educate women and children about safe and sustainable menstruation practices. Throughout the year, dedicated volunteers conducted informative sessions with municipality workers, women in residential areas, urban slums, and children from child care institutions.

The sessions covered essential topics:

- understanding menstruation
- period tracking
- managing physical issues during menstruation
- promoting a balanced diet
- maintaining personal hygiene
- using safe and sustainable menstrual products.

Question & Answer sessions were facilitated to encourage interactive discussions. Our volunteers held sessions with municipality workers and women in residential areas and urban slums, and children from child care institutions.

The sessions focused on - what is menstruation, calculating periods, physical issues during periods and how to deal with them, balanced diet, personal hygiene, safe and sustainable menstrual products, and a Q&A sessions. Awareness sessions, held in partnership with My Choices Foundation, were eye-opening and transformative. Getting the right facts on menstruation and menstrual products helps women live safer and healthier lives.



Additional sessions were held in schools and communities, covering important topics such as bodily changes, safe touch, and the natural process of periods. Girls shared their first experiences with periods.

TRAINING

The team gathered for a Menstrual Hygiene Management training session, which covered: The process of menstruation The menstrual cycle Changes during puberty The importance of good menstrual hygiene Taboos and stigma around periods Different period products and disposal After completing the training, test runs of games, activities, and props were conducted. The team was well-equipped to hold sessions with girls, educating them about periods and encouraging good menstrual hygiene practices.

MENTAL HEALTH INITIATIVE

In the focus on Mental Health Awareness, a Mental Health Calendar was introduced with daily self-care tips to encourage a fresh perspective. On Mental Health Day, 7 practical ways to support those battling anxiety or depression were emphasized, stressing active listening and professional help-seeking. Additionally, through a city-wide initiative, positive comments were spread to uplift spirits, urging everyone to contribute to collective mental well-being. Aligned with the 2022 theme of making mental health a global priority, the calendar offered activities throughout the month to improve mental well-being. As the transition back to normalcy post-pandemic occurred, mental health was prioritized with positive actions and words toward ourselves and others.

WORLD WATER DAY AWARENESS

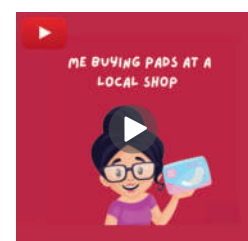
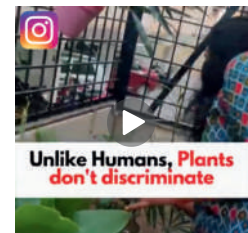
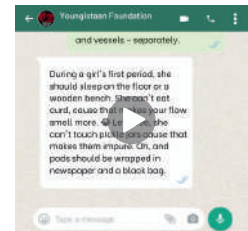
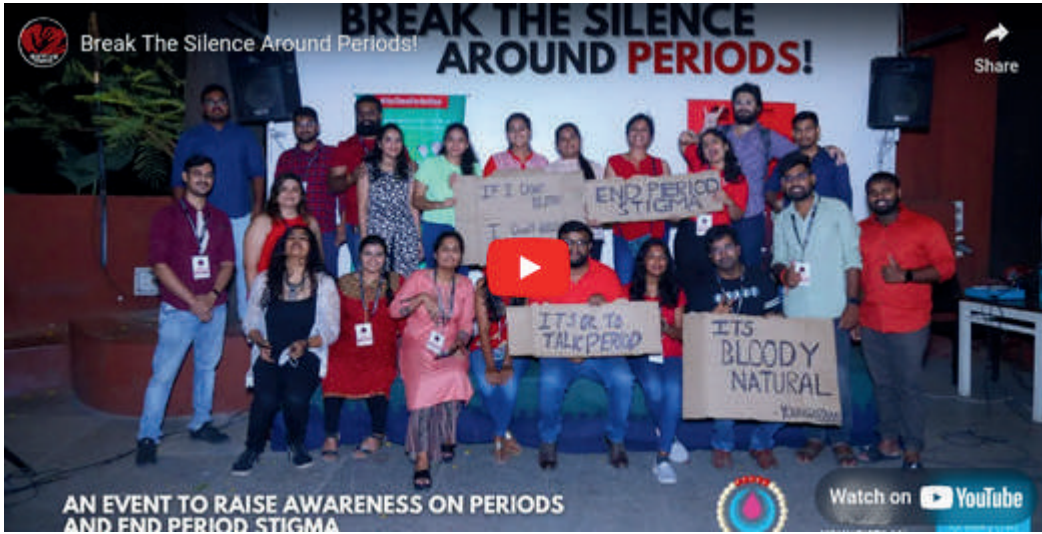
The importance of access to clean water to maintain good health and sanitation was recognized. Efforts toward SDG 6, involved holding regular awareness sessions on WASH and executing special projects with partners to install handwashing stations in water-stressed areas.

GOALS ACHIEVED

- Breaking down the stigma around periods for school girls, giving them the confidence to embrace this natural part of life.
- Success was measured through the increased knowledge among beneficiaries and the adoption of healthier menstrual hygiene practices.
- The community became more aware and involved in menstrual health issues, creating a supportive environment for menstruating girls, women and households

764,033

Beneficiaries Reached





education program

Strengthening Social-Emotional Skills in Children from urban slums & child care centers, Foundational Learning Program in under-resourced schools



SOCIAL-EMOTIONAL LEARNING INITIATIVE

The Education Program launched the Social-Emotional Learning initiative in Ambedkar Nagar, an urban slum, with children aged three to 13, focusing on building empathy, adaptability, and resilience. The volunteers were trained on self-examination, how to engage with children, and create safe learning environments for children of all ages. This will be our new learning pocket where we will continue to work with the children and add more learning pockets. The team of volunteers held the first in a series of three workshops for volunteer-mentors on SEL.

The volunteers had the opportunity to participate in self-awareness sessions, which examined their purpose as educators and their impact on students in the program. Activities for children in Ambedkar Nagar aimed at developing concentration, motor skills, hand-eye coordination, gripping power, and visual discrimination were conducted by our SEL team. The children thoroughly enjoyed these sessions.

The SEL team received training on self-reflection, engaging with children, and creating safe learning environments for children of all ages. This marks the establishment of our new social-emotional learning pocket, where we will continue our work with children and expand our reach.

Our education program team visited the AMMA Social Welfare Association (ASWA) learning center in Shadnagar for a knowledge-gathering expedition. Fruitful discussions were held on the importance of mother tongue-based education and multilingual pedagogies for children's learning.





ANNUAL CARNIVAL 2022

The Carnival in Hyderabad saw 150 children from 3 different locations gather for a day of fun-filled activities, games, delicious food, and laughter. These annual carnivals serve as a vital opportunity for everyone to connect with children in need, providing not only a day of joy but also offering guidance and a positive impact on the children's lives.

NEW YEAR'S DAY CELEBRATION

Every New Year's Day, Youngistaan Foundation celebrates with children from the child care institutions it supports. In January 2023, we took 100 children from two institutions to a restaurant for a special day filled with fun events, including a magic show, a delicious lunch, and gift hampers. This annual event is significant as it provides these children with a memorable start to the new year, filled with happiness and special experiences. It demonstrates to them that they are valued and cared for, creating a sense of belonging and self-worth in their lives.

SUMMER CAMP GRAND FINALE 2023

A heartwarming summer camp was organized for nearly 100 children from an urban slum. The camp's grand finale was truly magical, marked by contagious laughter, radiant smiles, and sheer happiness, reflecting the unforgettable moments shared by the children. Held at one of the regular teaching locations, where dedicated volunteers nurture the children's social and emotional learning every Sunday, the summer camp reinforced the importance of holistic education. It provided a fun-filled environment, fostering personal growth and creating cherished memories for all involved.

GOALS ACHIEVED

- Initiated the SEL program in Ambedkar Nagar for children aged 3 to 13, focusing on empathy, adaptability, and resilience.
- Trained volunteers on self-examination, child engagement, and creating safe learning environments.
- Hosted a fun day for 150 children from three locations, providing activities, games, and food.
- Celebrated New Year's with 100 children from care institutions, including a magic show, lunch, and gifts.

410

Beneficiaries Reached



SAVE

climate, environment & animal heroes program

Ending Plastic Pollution & Waste Management, Reducing Carbon Footprint, Fostering Animal-Human Relationships



WORLD ENVIRONMENTAL DAY TREK

In celebration of World Environment Day, the dedicated team at Youngistaan Foundation, particularly the Climate Action and YCLAP teams, organized a unique trek. The primary goal of this trek was to immerse young people in the breathtaking beauty of nature, offering them a firsthand experience of the importance of preserving the delicate ecosystem. Over 70% of the participants embarked on their inaugural trek, spending hours navigating through diverse terrain—climbing boulders, rock hopping, ascending hills, engaging in bird watching, and learning about the intricate forest ecosystem. The trek also involved hiking, scrambling, caving, exploring zigzag passages through caves, and encouraging knowledge exchange. This initiative shows dedication to environmental awareness, which helps build a connection with the natural world.

AWARENESS SESSION WITH SAVE THE CHILDREN INDIA

Young learners in a class of 25 students supported by Save the Children India were introduced to the concept of climate change by passionate volunteers from Youngistaan Foundation. Using simple analogies, volunteers explained the concept and introduced practices like reducing, reusing, and recycling waste. Inspired by the session, the children shared their ideas on reducing single-use plastics and created presentations and skits depicting everyday scenarios, making the learning experience both enjoyable and educational.





PLASTIC POLLUTION LEARNING

Awareness sessions on plastic pollution were conducted in schools and orphanages in Hyderabad. These interactive sessions engaged over 60 children per school and over 30 children per orphanage.

Factors contributing to climate change were discussed, suggestions to mitigate these contributors were provided, and the impact of plastic pollution was highlighted. These efforts align with the Government of India's ban on single-use plastic.

BAN ON SINGLE PLASTIC

Use In the latest development, India has implemented a nationwide ban on single-use plastic (SUP). As responsible citizens, everyone can contribute to mitigating the environmental impact of SUP by adopting the following measures:

- Practice responsible waste management.
- Choose biodegradable packaging options.
- Discourage the use of disposable plastic items.
- Segregate waste responsibly.
- Minimize the purchase of packaged drinking water.
- Embrace the mantra: Reduce! Reuse! Recycle!

Collectively, spreading awareness and working together to eradicate single-use plastic is crucial.

ANIMAL HEROES AWARENESS - POST PANDEMIC

In the wake of the pandemic, we launched our Animal Heroes awareness sessions on-ground, aiming to create compassion and responsibility towards community animals.

The sessions aimed to raise awareness about animal abuse, animal behavior, and the importance of caring for community animals.

Engaged with a total of 110 children across 4 locations, including schools and orphan homes. Conducted drawing sessions to understand students' mindset and provide a different perspective on animals. Also, visited Government High School (SES) students to discuss community animal welfare, educating them on animal behavior and care practices in their neighborhoods.

Each session was unique, with volunteers sharing different experiences:

- Assisted children in orphan homes in placing water bowls for animals, fostering excitement for daily refills.
- Engaged with children who named and introduced community dogs to our volunteers.

WATER BOWLS FOR STRAY ANIMALS

During the scorching summer months, street animals endure immense suffering due to the intense heat and lack of access to water.

Many are left with no choice but to drink from potholes and sewers, exposing them to illness, infections, and even death. To address this urgent need, a campaign was initiated to place 1,000 water bowls outside for street animals. Through generous donations from supporters, life-saving hydration for these vulnerable creatures was provided, ensuring they remain alive and well throughout the summer.



GOALS ACHIEVED

- Over 70% of participants went on their first trek, learning about nature and environmental conservation.
- Held sessions in schools and orphanages, engaging over 60 children per school and 30 per orphanage, supporting India's ban on single-use plastics.
- Instilled compassion and responsibility for community animals through discussions on abuse prevention and care practices.

735

Beneficiaries Reached





social welfare, support & disaster relief program

Employee Engagement, Democracy, Youth
Leadership & Disaster Relief





COVID-19 SURGE AWARENESS

In response to the escalating COVID-19 cases across India, volunteers Pratheek and Jashith are actively raising awareness about crucial preventive measures.

They are reaching out to fellow passengers traveling on the Hyderabad Metro Rail, emphasizing the importance of adhering to COVID-19 protocols. We encourage all citizens to prioritize their health by remaining vigilant and following these key guidelines:

1. Wear a Mask:
 - a. Ensure you have your mask on at all times.
2. Wash Your Hands Frequently:
 - a. Regular hand hygiene is essential for personal safety.
3. Maintain Social Distance:
 - a. Practice physical distancing to protect yourself and others.

Together we can curb the spread of COVID-19 and safeguard our communities.

TURKEY EARTHQUAKE RELIEF

Youngistaan Foundation volunteers organized a relief effort for the victims of the Turkey earthquake, collecting essential items such as food, sanitary products, and clothing from February 8th to 11th.

The donated items were transported to the Turkish Consulate in Hyderabad to support those affected by the disaster.

INDEPENDENCE DAY DISCUSSION ON YOUNG INDIA'S ROLE IN DRIVING CHANGE

On Independence Day, we hosted a dialogue focusing on the proactive role of young people in driving change for the future of India.

The engaging discussion included participants from varied backgrounds and age groups, spanning from teenage volunteers to accomplished professionals in the development, corporate, and political sectors.

INSIGHTS FROM WORLD YOUTH SKILLS DAY

We presented findings from a survey conducted on World Youth Skills Day. Under the theme "Transforming Youth Skills for the Future," the Youngistaan Foundation has been dedicated to influencing the lives of children and young individuals.

Our goal is to prepare them for the future, ensuring they are equipped with the necessary skills. The 12-question survey assessed the impact of volunteering on skill development, providing valuable insights into the positive influence of volunteering on building essential skills for the future.

ADVOCACY MEETING ON DISASTER MANAGEMENT

Youngistaan Foundation participated in a meeting focused on increasing advocacy for disaster management. The meeting aimed to prevent and respond to fire accidents, floods, and other emergencies. It was led by Commissioner GHMC Lokesh Kumar, IAS, and Director EVDM Prakash Reddy, IPS.





YOUTH ENGAGEMENT

Volunteers conducted sessions with students from K.G Reddy College and VNR VJIT College, emphasizing the importance of volunteering and active citizenship in societal development. Students were encouraged to carry out 'small acts with great love' in their daily lives.

VNR VJIT COLLEGE

During the VNR Vignana Jyothi Institute of Engineering and Technology college fest, enlightening discussions highlighted the significance of community service, supporting the less fortunate, exploring Youngistaan Foundation's journey, and empowering young individuals as agents of change. The enthusiasm of numerous students showcased their passion to assist those in need and their commitment to positive transformations.

KG REDDY COLLEGE

An interactive discussion with over 200 students at KG Reddy College in Hyderabad focused on addressing important issues facing young people today and the significance of social service. The initiation of clubs in the college provides students with a platform to participate in various programs aimed at creating change.

YOUTH LEADERSHIP SESSION

We conducted a lively leadership session last week in Rasoolpura, Hyderabad, engaging with a group of young individuals. The session included a thought-provoking discussion about leadership values. Our Education and Youth Nurturing teams organized a practical training session focusing on leadership skills for approximately 20 young participants aged 18 to 35.

GOALS ACHIEVED

- Initiated the SEL program in Ambedkar Nagar for children aged 3 to 13, focusing on empathy, adaptability, and resilience.
- Founder Arun Yellamaty addresses important issues facing young people today and the significance of social responsibility.
- The meeting facilitated collaboration and strategic planning, improving communities' disaster response.

250

BENEFICIARIES REACHED





special projects

Addressing Targeted Community Needs, Research, Solutions, and Collaborations for Maximum Impact





DAY OF THE GIRL

Youngistaan Foundation organized a discussion aimed at empowering adolescent girls to believe in their agency, leadership, and potential for an equal future. The event, had over 200 attendees and was held in collaboration with T-Hub and Telangana State Innovation Cell, had the following objectives:

- Amplify the voices of young change-makers and social innovators, inspiring adolescent girls with leadership and innovation.
- Foster a knowledge exchange with emerging social entrepreneurs who support and invest in girls' quality education and well-being.
- Initiate a dialogue with policymakers, emphasizing opportunities for teen change-makers provided by the Government.
- Provide a unique experience for girls from underserved communities by introducing them to the world's largest innovation hub.

The event brought together young girl innovators, aspiring social entrepreneurs, and global girl change makers. Distinguished speakers included:

- Shri Jayesh Ranjan, IAS (Principal Secretary IT&IC Dept., Government of Telangana)
- Dr. Shanta Thoutam (Chief Innovation Officer, Government of Telangana)
- Vijay Bawra (Senior Director of Startup Innovation at T-Hub Foundation)
- B. Latha Chowdary (Founder of Naarisena Global Women Forum)



- Priyanka Kamath (CEO and Co-Founder of Workbucks.io)
- Thota Vasantha Mahalakshmi (Founder and CEO of The Pulse Farm and The Interior Design Studio)
- Madina Mamadalimova (HR Associate at Coca-Cola Kyrgyzstan)
- Amena Rashid Bania (Member of the UN Youth and Students Association Bangladesh)
- Shaharin Haider Nikita (Governance Apprentice at Youth Policy Forum Bangladesh)
- Akshaya Daigala (youth innovator)
- Dhanni Pavani (youth innovator)



These speakers, representing India, Bangladesh, & Kyrgyzstan, engaged in discussions about the opportunities, challenges, and potential of young girls to make a significant impact across various sectors.

CHILD SAFETY AWARENESS WALKATHON

In partnership with Dignity Drive Foundation and Learning Space Hyderabad, we engaged over 2,500 participants across various age groups, showcasing widespread community involvement. Participants from schools, colleges, corporations, NGOs, and individuals demonstrated a collective dedication to child safety. The event prioritized empowering children with safety knowledge, equipping them to identify safe situations and seek assistance when necessary.





WE VOLUNTEER PROJECT

Our volunteers from the 'We Volunteer' project, in partnership with **UNICEF India**, have worked together to create awareness on COVID-19 information and prevention, COVID-appropriate Wash, Sanitation, and Hygiene Practices, as well as Waste Management and Disposal.

These awareness sessions involved activities on waste segregation and disposal in which children actively participated. Session locations included:

schools, communities, orphan homes in Hyderabad, Medchal, Rangareddy, Warangal, Hanmakonda, and Jangam districts. The Manikonda municipality team has identified hardworking rag pickers and garbage collectors from their area and allotted new garbage collecting vans to them.

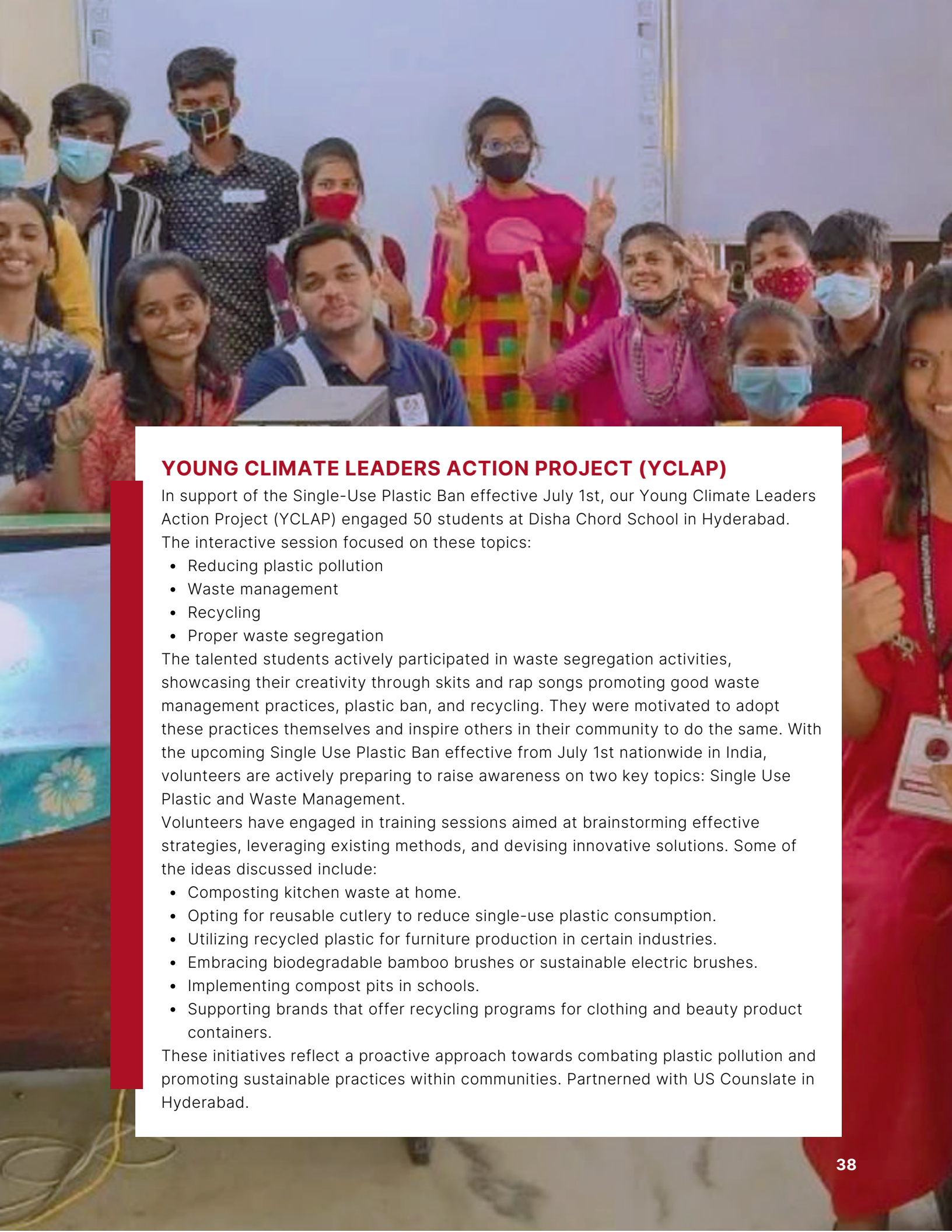
As part of the event, Youngistaan Foundation distributed 100 hand hygiene kits to them in Manikonda with the support of UNICEF India along with Manikonda Municipality.

These hand hygiene kits are essential to keep them safe from the COVID-19 pandemic as they conduct their day-to-day work. Each hand hygiene kit contains:

- 2 liquid hand wash bottles
- 1 antiseptic liquid bottle
- 1 pair of latex hand gloves
- 3 bars of soap
- 4 reusable masks
- 1 nail cutter
- Safety information

"For many years, my wife and I have collected plastic or anything of resale value from open drains and bins to earn some money. I am extremely happy to see you all caring for our health and creating awareness for our safety," said Kumarayya.

While extending his regards to Manikonda Municipal Commissionerate for providing Swachh Autos to a group of rag pickers, he also said, "This kit that I received today will always be in my auto. I will never go to collect garbage without this hygiene kit. Once it is done, I will continue to buy materials and use it to keep my family safe."



YOUNG CLIMATE LEADERS ACTION PROJECT (YCLAP)

In support of the Single-Use Plastic Ban effective July 1st, our Young Climate Leaders Action Project (YCLAP) engaged 50 students at Disha Chord School in Hyderabad. The interactive session focused on these topics:

- Reducing plastic pollution
- Waste management
- Recycling
- Proper waste segregation

The talented students actively participated in waste segregation activities, showcasing their creativity through skits and rap songs promoting good waste management practices, plastic ban, and recycling. They were motivated to adopt these practices themselves and inspire others in their community to do the same. With the upcoming Single Use Plastic Ban effective from July 1st nationwide in India, volunteers are actively preparing to raise awareness on two key topics: Single Use Plastic and Waste Management.

Volunteers have engaged in training sessions aimed at brainstorming effective strategies, leveraging existing methods, and devising innovative solutions. Some of the ideas discussed include:

- Composting kitchen waste at home.
- Opting for reusable cutlery to reduce single-use plastic consumption.
- Utilizing recycled plastic for furniture production in certain industries.
- Embracing biodegradable bamboo brushes or sustainable electric brushes.
- Implementing compost pits in schools.
- Supporting brands that offer recycling programs for clothing and beauty product containers.

These initiatives reflect a proactive approach towards combating plastic pollution and promoting sustainable practices within communities. Partnered with US Consulate in Hyderabad.



CYBER CONGRESS PROGRAM

In August 2022, the grand finale event of the Cyber Congress program was held simultaneously across all districts of Telangana. 3,300 children from 1,650 schools attended the events which introduced the students who successfully completed the Cyber Congress program as Cyber Ambassadors. Youngistaan Foundation congratulates the SHE Teams officers, teacher-mentors of the Education Department of the Government of Telangana and the 50 Youngistaan Foundation volunteers who worked tirelessly for the past 10 months to train young students to be cyber aware and cyber safe.

The Cyber Ambassadors who have graduated from the Cyber Congress program are now equipped with information on cyber crimes and cyber safety, and are empowered to continue sharing their knowledge with people in their homes, classrooms and communities on how to be cyber safe in an increasingly digital world.

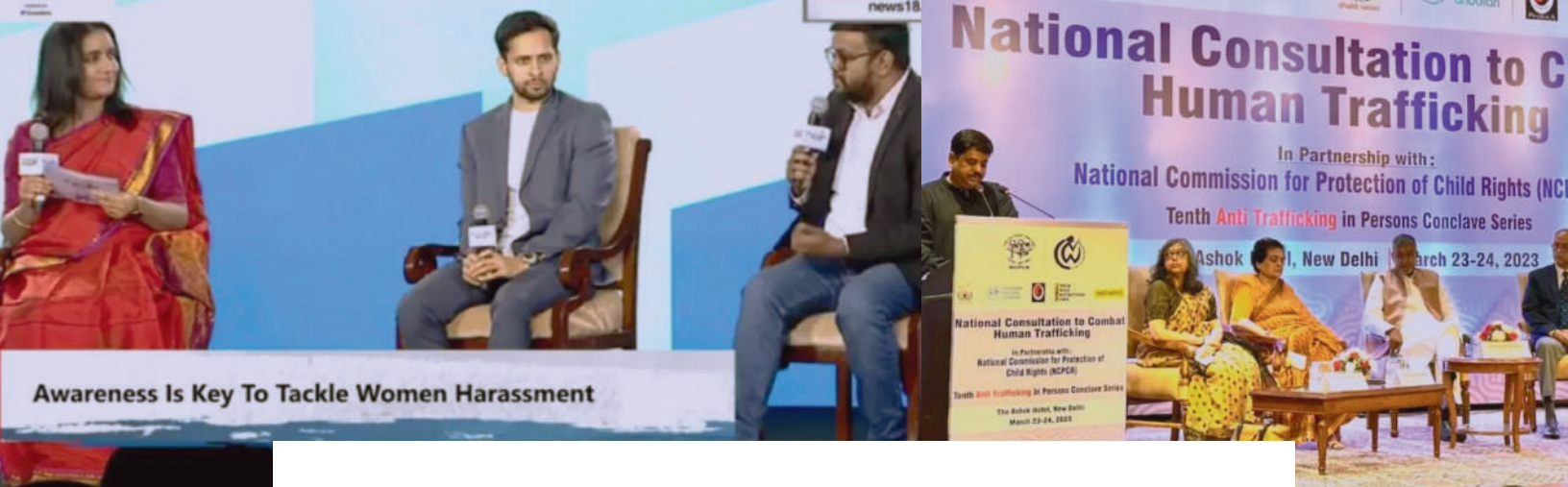
GOALS ACHIEVED

- Trained 3,300 students as Cyber Ambassadors, reaching 365,875 individuals and enhancing cyber safety awareness.
- Promoted child safety through a walkathon with 2,500 participants.
- Engaged 50 students in environmental education on plastic pollution, waste management, and recycling.
- Encouraged sustainable practices within the community for long-term environmental benefits.

390,925

Beneficiaries Reached





special events

PANEL DISCUSSION ON THE ROLE OF MEN AS ALLIES TO FIGHT AGAINST WOMEN HARASSMENT

Our Founder Arun Yellamaty, spoke at the panel discussion on the 'Role of Men as Allies to Fight Against Women Harassment.' Men's awareness and involvement in the conversations about women harassment will help change harmful social norms and attitudes that support such behavior.

NATIONAL CONSULTATION TO COMBAT HUMAN TRAFFICKING

Our founder, Arun Yellamaty participated in the National Consultation to Combat Human Trafficking, which brought together civil society organizations, government officials, and police officials to discuss strategies for fighting human trafficking. The event was organized by Shakti Vahini with support from NCPCR (National Commission for Protection of Child Rights), the National Commission for Women, and in partnership with the Kailash Satyarthi Children's Foundation, Bachpan Bachao Andolan, India Child Protection Fund, and Prajwala. It provided an opportunity to learn from experts and collaborate on effective strategies to combat human trafficking.



founder's exchange program: ivlp journey

The Founder Selected for Prestigious International Visitors Leadership Program (IVLP): Promoting Youth Civic Engagement and Activism

Arun Daniel Yellamaty, the founder and Director of the organization, was selected to participate in the prestigious International Visitors Leadership Program (IVLP) sponsored by the U.S. Department of State. The program, titled "Youth and Civic Engagement – Youth Activism," took place over three weeks starting on November 26th, 2022. Arun visited multiple states in the United States as part of this initiative.

The IVLP, known as one of the U.S. Government's premier professional exchange programs, focuses on fostering exchange and collaboration among foreign opinion leaders. Participants from India and Pakistan explored U.S. efforts to engage youth populations in promoting economic growth and democratic stability. Notable past participants of the IVLP include former Prime Minister of India, Indira Gandhi. During the three-week visit, participants examined strategies to enhance youth political participation, support small business development, expand civil society, and engage in grassroots activism. Activities included meetings, site visits, and workshops aimed at sharing best practices in leadership development, strategic planning, business innovation, advocacy, and leveraging technology and social media. The itinerary included visits to Washington DC, Columbus (Ohio), Charlotte (North Carolina), Atlanta (Georgia), and Pensacola (Florida).

Arun expressed excitement about the opportunity for learning, exposure, and knowledge exchange during this journey. He looks forward to implementing his experiences and insights gained from the IVLP in India, expressing gratitude to the U.S. Consulate in Hyderabad for the opportunity.

The IVLP aims to engage youth populations to foster economic growth, strengthen civil society, reduce unemployment, stabilize democratic institutions, and enhance cross-border understanding. Past participants in the IVLP include world-renowned leaders such as Margaret Thatcher, Tony Blair, Nicolas Sarkozy, Felipe Calderon, FW De Klerk, Muhammad Anwar el-Sadat, and Indira Gandhi.

the role of our **volunteers**

Volunteers play a crucial role in driving positive change worldwide, especially during times of crisis or social transformation. Youngistaan Foundation serves as a platform for individuals to make a real difference and uplift entire communities. With over 70,000 engaged young people over the past eight years, we've seen firsthand the incredible impact of passionate individuals who dedicate their time, skills, and ideas to creating a better world. Our projects, led by enthusiastic individuals, offer opportunities for volunteering and collaboration. Whether interested in joining existing initiatives or starting something new, there's a place for everyone to contribute. Volunteering with Youngistaan Foundation not only helps advance our mission but also allows for personal growth, skill development, and advocacy for important social issues. The dedication of our volunteers is essential to our success and has a profound impact on society. In the past year, Youngistaan Foundation's success has been greatly attributed to our dedicated volunteers. Their commitment and passion have been crucial in advancing our mission and positively impacting the communities we serve.

Register Here and discover the experience of volunteering with Youngistaan Foundation. Here is an overview of the journey as a volunteer:





volunteer engagement initiatives

VOLUNTEER ORIENTATION

The meetings are crucial for new volunteers as they offer vital insights into our organization's mission, values, and programs. These sessions not only cultivate a sense of belonging and commitment to our cause but also empower volunteers with the necessary knowledge, ensuring that they are well prepared to make a meaningful impact in their roles. In total, 450+ new individuals have participated in these sessions, demonstrating the strong interest and dedication of individuals towards contributing to Youngistaan Foundation's initiatives.

VOLUNTEERS' TEAM BUILDING ACTIVITIES

At our monthly volunteers' meet, we not only discuss our ongoing projects but also take the opportunity to connect on a personal level. By combining our meet with a potluck lunch, we created a warm and inviting atmosphere where we can share our experiences, bond

with fellow volunteers, and reaffirm our commitment to the mission of Youngistaan Foundation.

YF ANNUAL AWARDS 2022

Youngistaan Foundation values the dedication and impact of its volunteers. The annual Volunteers' Meet serves as a special occasion to celebrate their remarkable efforts. Dheera K, Pavan, and Nikitha Devi were honored as Volunteers of the Year, alongside other deserving volunteers who received special medals. Held at Iron Hill Cafe in Hyderabad, the event provided an opportunity for connection, knowledge sharing, and enjoyment of delicious food. Youngistaan Foundation's achievements are a result of the dedication, commitment, and heartfelt contributions of each individual who has generously invested their time and effort in serving and creating a positive impact within the community.

csr partners

Are you a corporate company looking to make a lasting positive impact on communities through CSR initiatives aligned with the SDGs? Or perhaps you're interested in engaging your employees in creating positive change?

If so, we invite you to connect with us below. At Youngistaan Foundation, we believe in the power of collaboration to drive growth, transform communities, and enhance engagement. By partnering with us, you can make a difference by supporting our initiatives through collaboration and donations, ensuring your contributions have a significant impact.

Engage in Our Potential Projects



Gender & Health Program

- Safe Menstruation & Incinerators
- Support safe menstruation practices and proper disposal of sanitary waste.



Hunger & Livelihood Program

- 24-Hour Food Centers
- Provide access to nutritious meals and food security solutions.
- Skill Development Centers
- Empower individuals with employment skills and training opportunities.



Education Program

- Rebuilding Schools & Setting up Labs
- Enhance education quality by rebuilding schools and equipping labs.
- Outreach in Slums and Schools Support the Social Emotional Learning (SEL) & Early Learning Program (ELP) initiatives for underprivileged children.

To make a long-term impact on communities through our initiatives or engage your employees in creating positive change, we invite you to connect with us below or email us at arun@youngistaanfoundation.org



**YOUNGISTAAN
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Transforming Lives

[Click here to connect with us](mailto:arun@youngistaanfoundation.org)

contact us

Thank you for taking the time to review our annual report. Your interest in our organization means a lot to us. If you have any questions, feedback, or would like to get involved in our mission, we would love to hear from you.

GET IN TOUCH

Phone
[+91 9985342224](tel:+919985342224)

Email
arun@youngistaanfoundation.org

CONNECT WITH US ONLINE

Follow us on social media for updates, events, and ways to support our cause:



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Your generous donations fuel our projects, allowing us to make a direct impact in the lives of those we serve.

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