

ANNUAL REPORT

2019-2020



YOUNGISTAAN
FOUNDATION.ORG

ABOUT US

The word *youngistaan* means the land of young people. With over 356 million young people, India has the largest youth population – more than any other country in the world. The potential of our young people to create a better future makes India a land of opportunity.

Registered as an NGO in January 2014, Youngistaan Foundation is based in Hyderabad in Telangana with multiple projects that run throughout the country. With over 50,000 registered young volunteers, Youngistaan Foundation is committed to making a difference in our communities by helping those in need. We are a platform for young people who are ready to create real change in the areas of food and nutrition, hunger, homelessness, poverty, education inequity, gender inequality, taboos on menstruation, emergency responses, animal rights, capacity building, youth nurturing and many more issues.

Youngistaan Foundation has created and runs the following programs which we will go in detail in this report:

- Hunger and Nutrition Program
- Homeless Rehabilitation and Livelihood Program
- Gender Equality Program
- Bright Spark Education Program
- Animal Heroes
- Emergency Response
- Youth Nurturing

This report covers our work from April 2019 to March 2020 and will include the initial stages of our COVID-19 relief work which started in March 2020. During this time, people across the world could never have predicted the scale of the devastation that would rapidly spread across the earth. Youngistaan Foundation immediately went into action to provide basic essentials to people in need as well as hospitals and other medical professionals, to mitigate the effects of the COVID-19 pandemic and lockdown.



MESSAGE FROM THE FOUNDER

Toward the end of 2019, though most of the world was concerned by the outbreak of the mysterious Coronavirus in a part of the world, most were unaware of just how fast the virus would spread to every country on earth. When the new year arrived, it became more certain to us that we would need to immediately organize our teams to provide for vulnerable people affected by COVID-19.

The fear of the rapid spread of the virus was coupled by the sudden nationwide lockdown that sent countless families scrambling to obtain basic necessities such as food, medicines and drinking water. Youngistaan Foundation began receiving help calls from people and we set ourselves into motion right away to purchase groceries, medicines, masks, sanitizers, and other essential items and delivered it to their doorsteps.

Of all the requests we received, it was most heartbreaking to receive calls from senior citizens who were living alone and in need of someone to help them buy food to eat and someone to help them get to the hospital for their appointments.

We are grateful to have met these needs.

As we head in 2020, we are unsure of the shape the pandemic will take in India, but we remain firm in our resolve to help as many people as possible. We thank our donors and partners for making these projects possible and we look forward to our continued partnership.



HUNGER AND NUTRITION PROGRAM

Youngistaan Foundation serves the needs of people suffering with hunger and starvation through a two-step program: by cooking hygienic and home-made meals for the poor and distributing the meals to the homeless, and by collecting extra food from restaurants, hotels, weddings and other ceremonies (reducing food wastage) and distributing them to the homeless and other people in need.

The Hunger and Nutrition programme strives to improve the dietary conditions of those in dire need for food, and works with existing government agencies and civilian services to save excess food and convert it to a food supply for the poor.

48,000

MEALS SERVED



HOMELESS REHABILITATION AND LIVELIHOOD PROGRAM

When Youngistaan Foundation volunteers were out on food distribution drives, we came across many homeless people and witnessed firsthand the ailing conditions – both physical and psychological – they were suffering from. We immediately put together teams of volunteers to fulfill the personal needs of thousands of homeless people and revive their dignity by providing:

- a space for bathing
- a haircut and a shave
- a change of clothes
- any required first aid
- on-ground counselling
- connecting to employment opportunities
- access to shelter homes and skill development centers

An important element of the Transformers program is the crucial counselling work we engage in with homeless men, women and children. It is our objective to help them understand and realize their self-worth.

We understand the unique challenges faced by elderly homeless people, who often have no family members to rely upon and are not physically able to get access to essential services. To this end, we have partnered with an old age home so that the elderly homeless have a safe place to live.

192

HOMELESS PEOPLE REACHED



GENDER EQUALITY PROGRAM

Youngistaan Foundation's gender awareness program aims to build safe spaces of dialogue and engage and empower adolescent girls at government schools, slums and orphanages. To prevent more girls from dropping out of school, Youngistaan Foundation visits various government and private schools, slums, orphanages, colleges and work palaces to conduct sessions every weekend and spark crucial conversations on:

- child sex abuse
- safe touch / unsafe touch
- menstrual hygiene awareness
- breaking myths and taboos around menstruation
- sexual harassment in public places
- working with the LGBTQ community
- working with young boys on gender sensitization

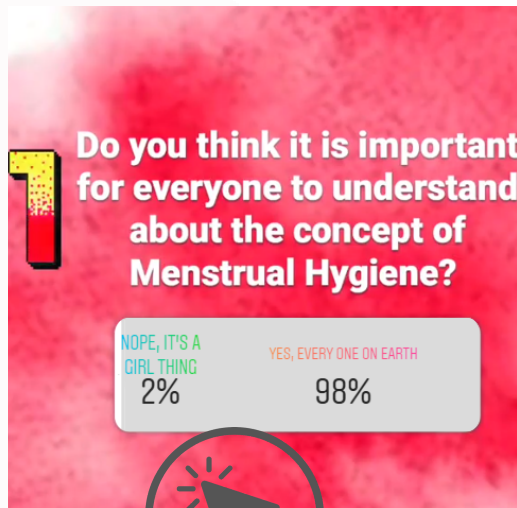
4,800

SESSIONS HELD FOR GIRLS

MENSTRUAL HYGIENE MANAGEMENT QUIZ

We conducted an online quiz competition on our Instagram page on 28th May 2019 as a platform for digital media audiences to express their views on menstrual hygiene management. More than 2,000 people participated in this quiz which received resoundingly positive feedback due to the fact that they could take back the meaningful information from the quiz to their homes, classrooms and offices.





Should not be Ignored

As a part of our women of courage program, we make sure this topic isn't ignored. We create awareness among the adolescents about MH

[CLICK TO VIEW THE QUIZ!](#)



WOMEN'S DAY EVENT 2019

We hosted a panel discussion with over 300 participants inviting three distinguished speakers: Smt Swati Lakra, IPS, Additional DGP, Telangana Women Safety Wing; Smt Amrapali Kata, IAS, Deputy Secretary in the Prime Minister's Office (PMO); Smt Mithali Raj, ODI captain of the women's national cricket team.

The discussion was centred around a gender-balanced world wherein women are better represented everywhere, qualitatively and quantitatively from boardrooms to media and sports.



[CLICK TO WATCH THE EVENT ON FACEBOOK!](#)



ON-GROUND PROGRAMS

Volunteers from the Gender Equality team visited different locations throughout the year which included orphanages, NGOs and schools.

We conducted several awareness sessions on Menstrual Hygiene Management that focused on breaking taboos and myths around periods, child sexual abuse and general and environmental hygiene for up to around 300 adolescent girls in Hyderabad.

At the end of the sessions, we presented the children with menstrual hygiene kits consisting of a pack of sanitary napkins, soap, sanitizer, chocolate, safety pins and a small note on the instructions.



BRIGHT SPARK EDUCATION PROGRAM

The Bright Spark Education Program is an out-of-school time program based on social pedagogy principles of 'genuine care, dignity, and mutual respect', designed to address the cognitive and affective needs of underserved and undervalued learners.

The objectives of the program are to:

- Help children with basic literacy skills (reading, comprehension, and writing) so they are engaged with stories and new ideas, and develop skills of self-expression.
- Build foundational skills in math and logical reasoning so that our young learners can understand and apply relevant concepts in their everyday lives.
- Work with children on developing and honing critical social-emotional skills and attitudes such as curiosity, perseverance, resilience, problem solving, self-advocacy, empathy, self-esteem and teamwork.



ANIMAL HEROES

Our volunteers gather together to cook fresh meals in their homes and feed the stray animals in their neighborhoods. To ease the physical and emotional suffering of stray animals especially during the onset of the COVID-19 pandemic and lockdown, Youngistaan Foundation immediately began to cook fresh meals in their homes and local areas and feed the stray animals in their neighborhoods. During the most severe months of the COVID-19 lockdown, we fed and cared for over 3,000 stray animals with healthy food and comfort.

AWARENESS PROGRAMS WITH STUDENTS

Youngistaan volunteers held various outreach sessions to the underserved in order to educate them about animals and prevent animal abuse.

1,200

CHILDREN REACHED

YOUNGISTAAN CREATING AWARENESS ON ANIMAL ABUSE

<p>WHAT DO YOU OBSERVE? Through Youngistaan Animal Heroes (YAH) program, we create awareness about animal abuse, animal behaviour, etc., to children.</p>	<p>AWARENESS ON ANIMAL ABUSE Majority of the animals die everyday on roads due to starvation and Human's ignorant & dense behaviour. We teach to be their voice.</p>	<p>HOW TO CARE FOR AN ANIMAL Every animal enjoys the attention and love that is given to them. We teach ways to welcome an animal without harming them.</p>
<p>ANIMAL BEHAVIOUR Just like us, even animals have various types of behaviours. We explain 'how to understand the behaviour' before approaching an animal.</p>	<p>HOW TO AVOID BEING BITTEN BY A STRAY We get angry, so do they! We shout or hit, they bark or bite. Our volunteers educate children to protect themselves&others from a dog bite.</p>	<p>THUMB PRINT ANIMAL ACTIVITY At the end of our session, we leave the floor open to our super active children to showcase their creative skills.</p>

COVID-19 EMERGENCY RESPONSE

Youngistaan Foundation mobilizes on-ground volunteers to ensure that when natural disasters strike, we meet the needs of the people most affected. Youngistaan Foundation has mobilized people and resources to provide aid to the flood-affected, earthquake-affected and those affected by the harsh weather conditions by distributing blankets, winter clothes, raincoats, slippers, drinking water, essential medicines and other urgent requirements including organizing blood donations.

In the time period that this report covers, Youngistaan Foundation began to organize on-ground relief for the most vulnerable communities affected by the COVID-19 pandemic and lockdown. When the devastating news of the COVID-19 pandemic threatened people across the globe, we witnessed rising food insecurities impact vulnerable communities such as senior citizens, daily wage workers, migrant laborers, tribal families, transgender women, persons with disabilities and more.

We activated our extensive volunteer base and put together a proactive on-ground team to address the need of the hour. These teams delivered groceries, medicines, and accompanied elderly people who had no one to take them to the hospital for their important health checkups. We received a lot of calls from children living in the US, Australia, to provide aid to their parents in India.

The COVID-19 pandemic caused the most distress to the poor and disadvantaged including senior citizens, migrant laborers and tribal families, transgender women, persons with disabilities and other marginalized groups. Our team of volunteers immediately responded to the needs of people by purchasing and distributing essential items for people.



YOUTH NURTURING

Youngistaan Foundation is connected to young people and provides a platform to create change. It is our aim to build and empower the lives of each of our volunteers with opportunities to develop their skills to prepare them for their careers and futures.

We offer volunteers a program to develop their:

- leadership skills
- communication skills
- personality development
- life skills
- career preparation (including resume building and interview skills)
- basics of money management
- mental health

We aim for all of our volunteers to become well equipped individuals who are ready for the futures they are now prepared to build.

600

ACTIVE VOLUNTEERS (2019-20)

CAPACITY BUILDING

We conducted an online quiz competition on our Instagram page on 28th May 2019 as a platform for digital media audiences to express their views on menstrual hygiene management. More than 2,000 people participated in this quiz which received resoundingly positive feedback due to the fact that they could take back the meaningful information from the quiz to their homes, classrooms and offices.



CARNIVAL

Youngistaan Foundation hosted the annual carnival hosted for over 300 under-privileged children in November 2019. The carnival gives children from underprivileged backgrounds the opportunity to enjoy a day of fun with their friends and families during the holiday season.



WINTER CLOTHES DRIVE

A Winter Clothes Drive was conducted in December in which 300 pairs of clothes were distributed to the under-served in a local slum in Hyderabad.



AWARDS

Youngistaan Foundation's founder, Arun Daniel Yellamaty was awarded the Telangana Artists Association Social Worker of the year 2019 award.



CONTACT US

If you would like to get in touch with Youngistaan Foundation to learn more about our programs or to partner with us, please use the contact details below:

To learn more about Youngistaan Foundation, please visit our website or follow us on social media for up-to-date information and updates about our work, our team and all things Youngistaan!

get in touch



+91 98853 42224



arun@youngistaanfoundation.org



youngistaanfoundation.org

Follow us



youngistaanfdn



youngistaan-foundation



youngistaan_foundation



younghyd



youngistaan_foundation

