

ANNUAL REPORT

2018-2019



YOUNGISTAAN
FOUNDATION.ORG

ABOUT US

Registered as an NGO in January 2014, Youngistaan Foundation is based in Hyderabad in Telangana with multiple projects that run throughout the country. With over 50,000 registered young volunteers, Youngistaan Foundation is committed to making a difference in our communities by helping those in need. We are a platform for young people who are ready to create real change in the areas of food and nutrition, hunger, homelessness, poverty, education inequity, gender inequality, taboos on menstruation, emergency responses, animal rights, capacity building, youth nurturing and many more issues.

Youngistaan Foundation has created and runs the following programs which we will go in detail in this report:

- Hunger and Nutrition Program
- Homeless Rehabilitation and Livelihood Program
- Gender Equality Program
- Bright Spark Education Program
- Animal Heroes
- Emergency Response
- Youth Nurturing

MESSAGE FROM THE FOUNDER

In this report which covers the period of April 2018 to March 2019, Youngistaan Foundation's focus was on building our Gender Equality program and our Bright Spark Education program by organizing sessions with youngsters to address important issues of the day.

Through this report, it is our hope that you will be able to connect with Youngistaan Foundation in a more personal way that will help you understand the purpose of all our projects and the impact that we hope to create. We are grateful to all our donors and partners for making our programs possible.



HUNGER AND NUTRITION PROGRAM

Hunger and Malnutrition affect millions of people in India, although enough food is produced to feed its entire population. The World Food Program has estimated that 25% of the undernourished people of the world live in India. According to the research conducted by the United Nations Environment Programme (UNEP), 50 kg of food is wasted per Indian household every year.

Youngistaan Foundation aims to improve the dietary conditions of those who need it the most. It strives to achieve this aim through a two-step program: by cooking hygienic, home-made meals and distributing them among the homeless, and by collecting extra food from restaurants, hotels, weddings and other ceremonies (reducing food wastage) and distributing them to the people in need.

Every Sunday, our volunteers deliver freshly packed food parcels to the homeless people living on the streets of Hyderabad. During the weekdays, our volunteers collect excess food from restaurant-partners which is then packed and distributed among the people living on the streets.

During the year 2018-19, Youngistaan Foundation achieved the following:

May 2018:

- Distributed freshly cooked meals among close to 500 homeless people.
- Distributed biscuit packets to around 6000 people across the city of Hyderabad.

August 2018:

- Thousands of food packages and other resources were collected and donated to the people of Kerala during the floods of August 2018.



HOMELESS REHABILITATION AND LIVELIHOOD PROGRAM

In India, the number of people living on the streets ranges anywhere from 1.7 million to 3 million. People living on the streets of India are the most overlooked and neglected people in the country and suffer from mental, physical and emotional problems.

A team of our compassionate volunteers goes on ground to fulfill the basic needs of thousands of homeless people on the streets and tries to revive their dignity by providing them a space for bathing, a haircut and a shave, a change of clothes, any required first aid, on-ground counselling, connecting to employment opportunities and access to shelter homes and skill development centers among other things.

In the year 2018 - 19, Youngistaan Foundation:

- Helped more than 20 homeless people living on the streets of Hyderabad and transformed their lives

Some of the transformative stories :

Raju, a 40 year old man, was spotted by our volunteers on the Nampally road. After speaking to him, our team found out that he was paralyzed from the hip down and couldn't move. For the next two days, our team looked after him, provided him food and contacted his family. After this we called in The Second Chance, an organisation that provides medical care and a safe haven to the homeless people on streets, who took Raju to their shelter home.

Mohammad, an elderly man who had left home due to some family issues, was found living on the streets by our team. We provided him with clothes, first aid, a haircut and helped him find some basic work. Finally, we helped him go back to his house and patch up with his family.



HOMELESS REHABILITATION AND LIVELIHOOD PROGRAM

Srinu was found in a very bad condition by our team. He couldn't move, see, or even talk. After a lot of counselling and persuasion, he let our team help him by feeding him food, giving him a haircut, shower, and fresh clothes. We called in the Good Samaritans India, who took him to their shelter home.

Urmila, an elderly woman living on the street, had gotten lost and had been unable to locate her home for over 3 months. Our team worked tirelessly and succeeded in reuniting her with her family.



GENDER EQUALITY PROGRAM

India has 119.8 million female adolescents in the age group of 10 to 19, out of which 71% are not aware of menstruation at the time of their first menstrual cycle. Approximately 23 million girls drop out of school each year immediately after they start menstruating.

There is societal stigma around discussing menstruation is the taboo on discussing unwanted sexual activity such as harassment, molestation and rape. In the year 2019 alone, the National Crime Records Bureau recorded 148,185 crimes against children.

Youngistaan Foundation aims to build safe spaces of dialogue and engage and empower adolescent girls. We visits various government and private schools, slums, orphanages, colleges and work places to conduct sessions every weekend and spark crucial conversations on: child sexual abuse, safe touch/unsafe touch, menstrual hygiene awareness, breaking myths and taboos around menstruation, sexual harassment in public places, working with the LGBTQ community and working with young boys on gender sensitization.

During the year 2018 - 19, the Youngistaan Foundation organised the following events under this initiative:

- In May 2018, we launched 'Period of Sharing' for raising funds to donate sanitary napkins to girls in govt schools, slums and orphanages.
- Our team went to different schools including Rainbow home for girls, Sannihita girls home, Aggarwal school, Rajahmundry, Leela Bai Motilal Tondawale High school to conduct workshops and raise awareness around child sexual abuse and menstruation.
- World Menstrual Hygiene Day was celebrated by hosting stand up comedy and slam poetry performances at an event called 'Period'.



BRIGHT SPARK EDUCATION PROGRAM

Education that is comprehensive and covers every area of learning is imperative. But the education delivered does not always address and cover every area of learning that is required. UNICEF has reported that “learning assessments show that many children who are in school are not learning the basics of literacy and numeracy or the additional knowledge and skills necessary for their all-round development as specified under the Right to Education Act.”

We have created an out-of-school time program based on social pedagogy principles of ‘genuine care, dignity, and mutual respect’, designed to address the cognitive and affective needs of underserved and undervalued learners. Along with helping the children with basic literacy skills, we focus on helping them develop self awareness, self management, social awareness, relationship building skills, and responsible decision-making.



BRIGHT SPARK EDUCATION PROGRAM

In the year 2018 - 19, the students enjoyed the following activities which were organized for them:

- Numerous outdoor visits and activities including football
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- Eco-friendly Ganesh-making
- Special learning moments with mentors
- Kite making activity in the month of January
- World Book Day 2018 which was celebrated together
- 60 of our students took part in the 'Spirit of Wipro' run organized during the month of September by our corporate partner Wipro (Wipro Cares)



HIGHLIGHTS

We were the outreach partners at the prestigious UN event, the conference on "Awareness Quotient - Sustainable Development Goals Agenda"

In February, a new initiative 'Speak Up, Stand Up, Man up' was launched to raise awareness among boys and men about abuse and harassment.

During the month of December, 3 events were hosted to raise awareness on voting and the democratic process.

Organized a Blanket drive during December and raised funds to donate blankets, sweaters, gloves and socks for the homeless.

Organized a flash mob to create awareness about Swachh Survekshan, which is an annual survey of cleanliness, hygiene and sanitation in villages, cities and towns across India.

MEDIA MENTIONS

Our organization and work found its mention in different media including- The News Minute, The Times of India, The New Indian Express, The Hindu, The Hans India, Telangana Today and Mojo TV.

We are grateful to all media houses that covered the work of Youngistaan Foundation and reached as many people as possible with information on programs that we hope will have a far-reaching impact across the country amongst all young people.



CONTACT US

If you would like to get in touch with Youngistaan Foundation to learn more about our programs or to partner with us, please use the contact details below:

To learn more about Youngistaan Foundation, please visit our website or follow us on social media for up-to-date information and updates about our work, our team and all things Youngistaan!

get in touch



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