Yellamaty Arun Daniel Kumar is a young Indian social worker, entrepreneur, event manager and a journalist. He pursued a Masters in Social Work while running the organization voluntarily and managing his professional life.

Arun dedicated his time and effort to providing an enduring platform for a network of community change-makers that is only growing wider and stronger day by day.

As a responsible leader, he is able to tap individual talent and skill, and merge these with the goals of the organization, ensuring that it is democratic and decentralized in its nature and form. Despite the challenges he has faced, he chose to reject scholarships and opportunities and dedicated his career to serving the community. Arun has succeeded in creating many young leaders who carry forward the work of social transformation and motivate others through Youngistaan Foundation.

Youngistaan Foundation is an NGO based in India that works to improve the lives of the most underprivileged and disadvantaged people through programs that address: hunger, homelessness, poverty, education inequity, gender inequality, taboos on menstruation, emergency responses, animal rights, capacity building and many more issues.

Registered in 2014, Youngistaan Foundation provides a platform for 50,000+ young people to connect with other socially aware individuals and effect real change in our neighbourhoods and communities through our programs as volunteers.
OUR OBJECTIVES

- To promote the training of youth in leadership principles through classes, workshops, counselling sessions, seminars and conferences.

- To create awareness about gender, child sexual abuse, safe touch, unsafe touch and self defense to young children which includes but is not limited to children from different government schools, low-income private schools, orphanages and urban slums.

- To create awareness about menstrual hygiene and sustainable menstruation, to debunk myths and explain the facts around menstruation to adolescent girls and women which includes but is not limited to girls and women from different government schools, low-income private schools, orphanages and urban slums.

- To rehabilitate the homeless, destitute, and people living on the streets with basic counselling, and to present them with livelihood opportunities.

- To create a mindful and stimulating learning ecosystem that engages underserved learners and enables them to cultivate the courage and character to question, reflect, and think for themselves; to be able to participate in and make better sense of a world that is as interconnected as it is divided.

- To promote compassion towards community animals among children from diverse government schools, low-income private schools, orphanages, urban slums and to the people living in their communities.

- To promote the talent of the youth and harness their energy towards working for the betterment of the society at large.

- To encourage and organize the youth to conduct social awareness programs on: education, nutrition, health and hygiene, gender equality, animal behaviour, road safety, etc.; to conduct medical camps, literacy and education camps, awareness programs.

- To encourage the formation of volunteer groups amongst the youth to assist in the upliftment of the poor, downtrodden, underprivileged and marginalized sections of society.

- To undertake rescue, relief and rehabilitation activities in times of calamity and to partner with government and non-government organizations to alleviate suffering.

- To assist, partner and train other NGOs, societies, trusts and other bodies with similar aims and objectives, and undertake charitable work for people in need throughout India through capacity building workshops.

- All the objectives of the trust and its activities will be confined to India and will be conducted without a profit motive and without any discrimination (for or against) on the basis of caste, creed, colour, religion, region and community

Note: Additional objectives are mentioned in the Trust Deed of the organization.
CORE PROGRAMS

HUNGER HEROES (FOOD AND NUTRITION PROGRAM)

Hunger affects millions of people in India, causing severe health complications and even death.

We have served the needs of people suffering with hunger and starvation by:

- distributing 2,300,000+ home-made meals
- collecting extra food from restaurants, hotels, weddings and other ceremonies

Youngistaan Foundation works with existing government agencies and civilian services to save extra food and convert it to a food supply for the poor.

How Can You Get Involved?
- VOLUNTEER with us
- PARTNER as a restaurant-partner

TRANSFORMERS (REHABILITATION AND LIVELIHOOD PROGRAM)

People living on the streets are one of the most overlooked and neglected people in India, who number between 1.7 million to 3 million people.

We have put together teams of volunteers to fulfill the personal hygiene needs of 2,000+ homeless people and revive their dignity by providing:

- a space for bathing
- a haircut and a shave
- a change of clothes
- any required first aid
- on-ground counselling
- access to shelter homes and skill development centers

How Can You Get Involved?
- VOLUNTEER to reach out and assist the homeless
BRIGHT SPARK EDUCATION PROGRAM

The Bright Spark Education Program is an out-of-school time program based on social pedagogy principles of ‘genuine care, dignity, and mutual respect’, designed to address the cognitive and affective needs of 300+ underserved and undervalued learners.

We attempt to rejuvenate children’s educational experiences, focusing on building their foundational academic skills, so that they are positively invested in their own learning now and in the future.

A volunteer-driven initiative with a steady core team that ideates and facilitates training and curriculum development, we currently work with 90 children (between the age of 6 and 15 years) in 4 different learning pockets across Hyderabad. Our team comprises 30 active volunteer-mentors who implement the program.

How Can You Get Involved?
- VOLUNTEER to educate children
- DONATE to help us run more programs

GENDER AWARENESS & EMPOWERMENT PROGRAM

Youngistaan Foundation has engaged with 14,000+ adolescent girls in government and private schools, slums and orphanages and has sparked crucial conversations on:
- child sex abuse (safe touch / unsafe touch)
- menstrual hygiene awareness
- breaking myths and taboos around menstruation
- distribution of 10,000+ sanitary napkins
- public / street harassment
- empowered 50+ women with livelihood skills
- sponsored the education of 50+ children
- LGBTQ community empowerment
- gender sensitization program with boys

How Can You Get Involved?
- VOLUNTEER to educate and empower
- DONATE to help us end period poverty and achieve a gender-just world
Youngistaan Animal Heroes Program

Our Animal Heroes program is focused on creating awareness in schools, colleges, apartment complexes and to the general public on:

- stopping animal abuse
- responsibility toward strays and pets
- animal birth control (ABC)
- vaccinating strays and pets to prevent rabies
- animal adoption

Youngistaan Foundation holds interactive discussions as well as painting / other creative arts competitions to ensure that our communities can be safe spaces for humans and animals to co-exist.

How Can You Get Involved?

- VOLUNTEER to spread awareness, feed and spay/neuter stray animals

Youth Development Program

Youngistaan Foundation has engaged 50,000+ young people and provides a platform to create change. It is our aim to build and empower the lives of each of our volunteers with opportunities to develop their skills to prepare them for their careers and futures.

We offer volunteers a program to develop their:

- leadership skills
- communication skills
- personality development
- life skills
- career preparation (including resume building and interview skills)
- basics of money management
- mental health

How Can You Get Involved?

- VOLUNTEER with us
EMERGENCY SERVICES

COVID-19 RESPONSE

The COVID-19 pandemic caused the most distress to the poor and disadvantaged including senior citizens, migrant laborers and tribal families, transgender women, persons with disabilities and other marginalized groups. Our team of volunteers immediately responded to the needs of people by:

- Delivering groceries to **15,725** families
- Providing **145,430** cooked meals
- Assisting **60+** senior citizens with medical needs and groceries
- Providing **35,000** fruit and bread packets to migrant labourers travelling on Shramik Trains
- Delivering groceries / essentials to **75** orphanages, old age homes and PWD homes
- Donating **15,000** menstrual products
- Feeding **3,000** stray animals with fresh meals
- Donating PPEs to COVID nodal hospitals
- Donating thermometers and oximeters to orphanages
- Holding webinars on mental health and gender based violence during the lockdown

How Can You Get Involved?
- **VOLUNTEER** to deliver essential items
- **DONATE** to provide for more COVID-19 affected people

DISASTER RELIEF

Natural disasters are often the precursor to further disasters such as hunger, homelessness and even sexual exploitation. Youngistaan Foundation has mobilized people and resources to provide aid to the:

- flood-affected in Hyderabad
- flood-affected in Kerala
- flood-affected in Chennai
- flood-affected in Kashmir
- earthquake-affected in Nepal

How Can You Get Involved?
- **VOLUNTEER** to collect and distribute goods
- **DONATE** to help us purchase and distribute goods and services to people in need
ADVOCACY

WEBINARS

INTERNATIONAL DAY OF THE GIRL CHILD - 11 October
Youngistaan Foundation organized a webinar celebrating teen change-makers and social innovators on the occasion of International Day of the Girl Child.

16 DAYS OF ACTIVISM - 25 November to 10 December
We organized two webinars for the UN Women 16 Days of Activism focusing on:
- Representation of gender in Indian films
- Countering Gender Based Violence

BREAST CANCER AWARENESS MONTH - October
Youngistaan Foundation's webinar on breast cancer awareness offered advice from medical professionals, survivor stories and an engaging Q&A session!

How Can You Get Involved?
- **LOG IN** and participate in our awareness events

VOTING AWARENESS

Youngistaan Foundation has organized multiple programs to raise awareness on the importance of young people getting involved in the voting process. During the General and State elections in Telangana, we created awareness on voting through various cultural activities including:
- stand up comedy
- music concerts (with bands Capricio and Threeory)
- social media campaigns
- awareness events in prominent clubs
- media coverage

How Can You Get Involved?
- **PARTICIPATE** in our awareness events
- **REACH OUT** to friends and family on the importance of voting
INTERNATIONAL WOMEN’S DAY PROGRAM

ONLINE CHILD SAFETY AWARENESS PROGRAM
This event raised awareness on the dangers of child pornography and online abuse. Emphasizing that the internet can be a dangerous place for children, we provided information on safety from online predators.

MENSTRUAL HYGIENE DAY
Breaking all taboos, we organized an awareness program on menstruation and menstrual hygiene management, also encouraging boys to attend. Stand up comedians, slam poets and other artists used their creativity to talk about periods - as a natural occurrence.

SWACHH SURVEKSHAN AWARENESS PROGRAM
In partnership with the Greater Hyderabad Municipal Corporation, we organized a flash mob with over 30 professional dance artists, to raise awareness on cleanliness, general sanitation and waste management.

EMPLOYEE ENGAGEMENT
Youngistaan Foundation is a platform for employees from various companies to reach out to and serve people from underserved communities.

As volunteers, employees have opportunities to make tangible changes and create a larger impact in the lives of all people.

The opportunities we provide employees enable them to become socially-driven individuals who understand their responsibility towards creating a stronger and healthier society - and act upon it.

How Can You Get Involved?
- PARTICIPATE in our awareness events
- VOLUNTEER for our next event!

How Can You Get Involved?
- SIGN UP as individuals or corporates to get connected with social and/or development projects
SEASONAL ESSENTIAL DRIVES

The harsh winter and monsoon seasons cause miserable conditions for the homeless, disadvantaged and underprivileged. Each winter and monsoon season we distribute essential items to help people cope with extreme weather changes:
- blanket distribution (winter)
- winter clothes distribution (winter)
- raincoat distribution (monsoon)
- slipper distribution (monsoon)
- drinking water distribution (monsoon)

How Can You Get Involved?
- VOLUNTEER to distribute items
- DONATE to help us provide for people in need

BLOOD DONORS

Youngistaan Foundation maintains a database of blood donors in case of medical emergencies. We use our network and our social media platforms to provide urgent assistance, in case of emergencies.

MEDIA

Youngistaan Foundation’s work has been featured in India’s widely distributed newspapers, television channels, radio stations, magazines, blogs and digital media:
PARTNERSHIPS

We are grateful for our valuable partnerships with the police, government bodies, corporates and other NGOs in the sector. By working together, we are able to serve people across India:

AWARDS

Youngistaan Foundation is humbled to be recognized and honored for our work over the past six years:

- e-INCLUSION & ACCESSIBILITY
  ASIA PACIFIC

- SOCIAL WORKER OF THE YEAR

- COMMUNITY MOBILIZATION
  ASIA PACIFIC

- VOICE OF YOUTH 2020

- OUTSTANDING YOUNG PERSON

- FUNDRAISING AWARD
  (RUNNER UP)
If you would like to volunteer or partner with Youngistaan Foundation, we would love to hear from you!

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arun@youngistaanfoundation.org
youngistaanfoundation.org

Find us in your city!

Follow us
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DONATE

It's only with your support that we can continue helping people in need! If you would like to help us help others, please consider making a donation (tax exempt under 80G):

ACCOUNT NAME: Youngistaan Foundation
ACCOUNT NUMBER: 33826081625
BANK: State Bank of India
BRANCH: Nampally Branch
IFSC CODE: SBIN0060146

ACCOUNT NAME: Youngistaan Foundation
ACCOUNT NUMBER: 025094600001541
IFSC CODE: YESB0000250
BANK: Yes Bank
TYPE OF ACCOUNT: Trust/Savings

Scan and pay using any UPI app to:
UPI ID: youngistaan@sbi
Merchant Name: YOUNGISTAAN FOUNDATION

Scan and pay using the PhonePe app or pay to mobile number:
9100142224

OR, CLICK HERE TO DONATE ON OUR WEBSITE!